



## LIVING A BALANCED AND INSPIRED LIFE WHILE ACHIEVING YOUR GOALS: IS IT EVEN POSSIBLE?

**The most constant factor in the world today – is change.** From keeping up with emergent technologies and new cultural norms to adapting to restructuring, rebranding, and even relocating, it can seem that no matter how prepared we are, the path to success keeps shifting, with new and unexpected roadblocks constantly popping up to challenge us.

**How we address those roadblocks makes the difference between getting what we *think* we want, and getting what we truly need - which is a life of successful goal achievement backed by inspiration, fulfillment, and a strong work-life balance.** So, how do we keep our focus in a fast-paced, changing environment? What can we do to fight overwhelm while still making a positive impact? And how can we live our best life - in the office *and* out in the world?

As a former workaholic, buried under a to-do list, and never feeling like she could attain both professional *and* personal happiness, **nationally recognized change expert Lisa Dietlin learned firsthand what a difference it makes when you have the mindset and tools to allow you to adjust, adapt, and achieve – and that these tools are here for everyone.**

Combining professional anecdotes, relatable insights, and actionable strategies that attendees can begin to implement almost before they leave the room, **Lisa shares a deceptively simple approach that breaks big challenges down into manageable tasks, promotes productivity versus simply activity, and lets us meet challenges with passion and purpose - achieving our goals while experiencing a truly balanced, rewarding, and joyful life.**

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**LISA M. DIETLIN** is an internationally recognized expert on philanthropy, charitable giving, and transformational change in both the personal and professional arenas. A leading figure in the American nonprofit sector, her deep experience with fundraising, groundbreaking research on giving patterns, and influential ideas on transformational philanthropy have led her to become one of the most trusted philanthropic advisors in the nation, making numerous appearances on TV and radio.

In addition, Lisa's conviction that anyone can be an agent for positive change by Making A Difference® in their own life, and achieve their goals through "The Power Of Three" has made her a highly sought after keynote speaker, lauded for delivering compelling and practical tools for personal growth, achievement, and maintaining a healthy work/life balance full of "happiness and joy."

A frequent contributor to magazines and news outlets, Lisa has also authored several books on the subjects of change and growth, including ***Transformational Philanthropy: Entrepreneurs and Nonprofits***, the ***Making a Difference: 365 Tips, Ideas, and Stories to Change Your World*** series, ***The Power of Three: How To Achieve Your Goals By Simply Doing Three Things A Day***, and the autobiographical ***I Got Hit By A Taxi But You Look Run Over: Life Lessons about Happiness and Joy***.

*Keynote Speaking Clients Include: ADRP, AFP, Alpha Gamma Delta Int'l, Association of Zoos and Aquariums, Athena Awards, Axelson Center, Bank of America, Big Ten Conference, Bernstein, Besser Foundation, CASE, The Center for Nonprofit Excellence, Entrepreneurs' Organization, Fraternity Executives Assoc., Friends of the National Zoo, Girl Scouts, Johnson Center for Philanthropy, Junior League, Kiwanis Int'l, March of Dimes, Merrill Lynch, Michigan State University, Mid Iowa Planned Giving Council, Minnesota State Community Colleges and Universities, Morgan Stanley, Navigant, Northern Trust Bank, Northwestern University, NSFRE, NY College and Community Fellowship, Sigma Kappa International, Stout Risius Ross, Tucson Festival of Books, UBS, United Way, University of Baltimore, VolunteerMatch, and Wells Fargo, among others. Full list at: LISADIETLIN.COM*