

Vets! Use the VA health support services listed below to maintain your physical and mental wellness:

▶ Health Benefits

www.va.gov/healthbenefits

Start here to learn what VA health benefits you are eligible for and apply for care.

Health Benefits: 877-222-VETS (8387)

Other VA Benefits: 800-827-1000

Homeless Services: 877-424-3838

Compensated Work Therapy

www.cwt.va.gov

A vocational rehabilitation program to match and support work ready veterans in competitive jobs.

Disease Prevention

www.prevention.va.gov

Advocating for health promotion, disease prevention, and health education for our nation's Veterans.

Geriatrics & Extended Care

www.va.gov/geriatrics

Geriatric and extended care services for Veterans including non-institutional and institutional options.

Homeless Services

www.va.gov/homeless

To end Veteran homelessness within the next five years, VA offers a variety of resources, programs and benefits to assist Veterans who are homeless.

Mental Health

www.mentalhealth.va.gov

Maintaining and improving the health and well-being of Veterans through excellence in health care, social services, education, and research.

MyHealthVet

www.myhealth.va.gov

Anywhere, anytime Internet access to VA health care information and services.

National Center for Post-Traumatic Stress Disorder

www.ptsd.va.gov

VA's center of excellence for research and education on the prevention, understanding and treatment of posttraumatic stress disorder.

Readjustment Counseling (Vet Centers)

www.vetcenter.va.gov

Offers services to Veterans and their families to aid their successful transition from military to civilian life.

Rural Health

www.ruralhealth.va.gov

Improving access and quality of care for Veterans living in rural areas.

Substance Abuse Programs

www.mentalhealth.va.gov/substanceabuse.asp

Treatments addressing problems related to substance use, from unhealthy use of alcohol to life-threatening addictions.

Veterans Crisis Line

veteranscrisisline.net

The Veterans Crisis Line (Dial **1-800-273-8255** and **press 1**) is a toll-free, confidential phone support line that connects Veterans in crisis and their families and friends with qualified, caring VA responders.

Women Veterans Health Care

www.womenshealth.va.gov

Implementing positive changes in providing care for all women Veterans.



VA Defining
HEALTH CARE EXCELLENCE
in the 21st Century