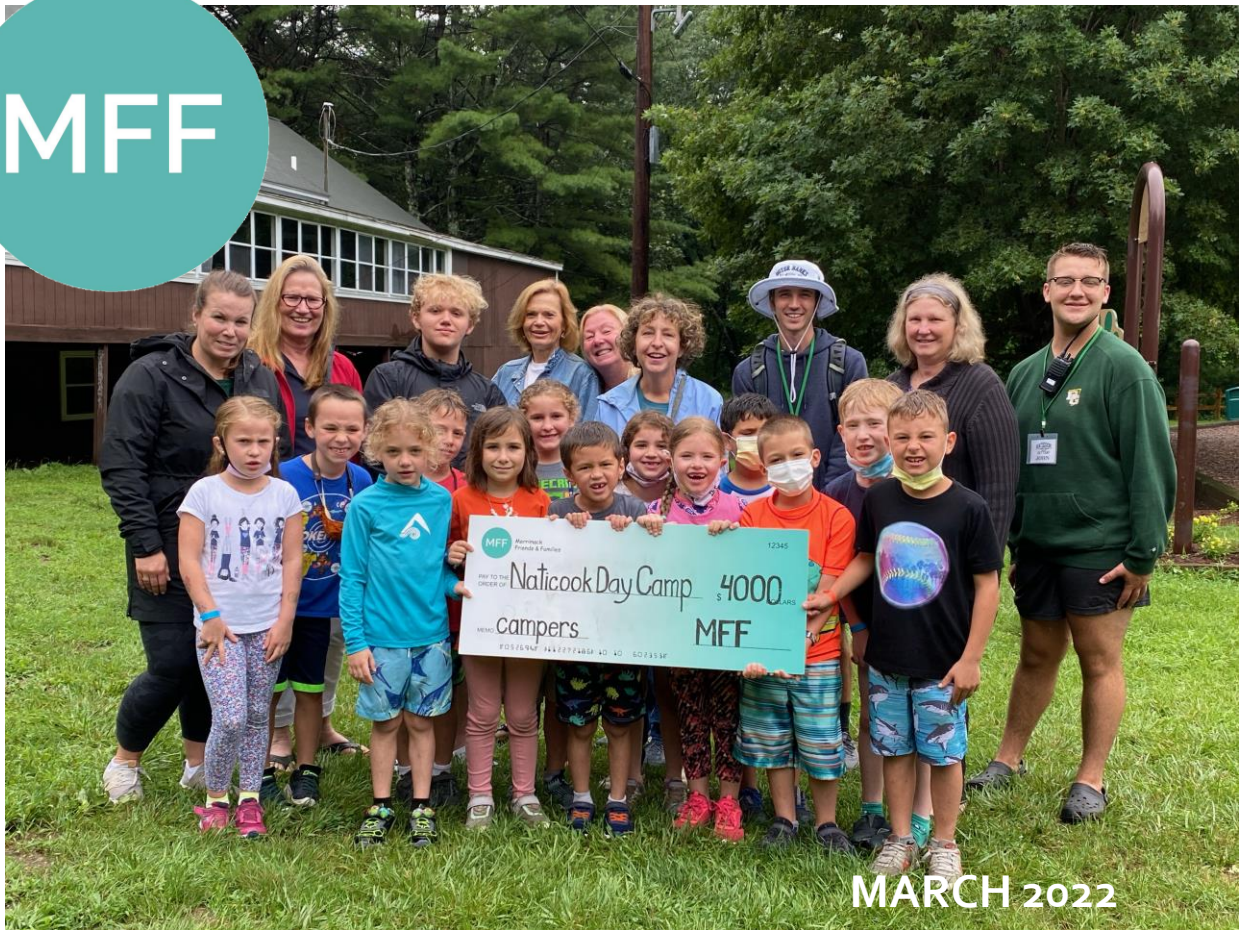




MFF



President's Message

Carol Figueroa



Woohoo March is here!

Spring will officially arrive on Sunday; March 20th and I am looking forward to it. I am done with this crazy winter weather and am looking forward to warmer days!! I think we all want to get outside and enjoy the sunshine!!

Please save the date for the 30th Annual Easter Egg Hunt which is scheduled for Saturday, April 9th from 10:00 am to 11:30 am. MFF co-sponsors this event with the Merrimack Parks and Recreation Department. This year's Egg Hunt will be returning to Wasserman Park on Naticook Road. The

egg hunt is based on a child's age and will happen on the fields. We will be hosting the Easter Bunny on the basketball court for those families that would love a picture taken with him. We will also have an Easter themed bake sale. So please be sure to respond to the Evite if you can help out at this event along with baking for the Ways and Means bake sale. We need many members to participate to make this event a success for the community.

You can visit the Parks & Rec site to see the information on the event:

<https://merrimackparksandrec.org/easter-egg-hunt>

As always if you have any questions or concerns, please reach out to any of the board members. We look forward to hearing from you.

Stay well and enjoy March!!

In Friendship,
Carol



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## March calendar

Please note that all activities will follow CDC, state, and local safety recommendations during the COVID-19 pandemic.

| DATE   | TIME     | EVENT                          |
|--------|----------|--------------------------------|
| Mar 17 | 7:00 PM  | Book Club                      |
| Mar 20 | 10:00 AM | Come for a walk!               |
| Mar 20 | 1:30 PM  | Wine Tasting at LaBelle        |
| Mar 21 | 7:00 PM  | Board Meeting                  |
| Mar 26 | 9:00 AM  | Information Social @ Buckley's |



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## Vice President

*Catherine Pepler*



Hello MFF Members!

March is here already! Not sure about you but I feel like time is flying by! As you can see we have had some great fun activities. It's great to see the participation of our membership and meet new members. A new membership listing was recently sent out. We are a mighty club! Our participation in town events, posting on Facebook and articles are spreading the word of the great work we do in supporting our community. It's all because of you and your willingness to come together for a common cause. There are more things being posted on the MFF calendar – keep an eye on it to see what is coming up.

Soon Spring will be upon us and I am really looking forward to seeing the early blooms popping up. It's a great time of year, Mother Nature's reminder of new growth and beauty to unfold before us. The days are getting longer and soon we will have warmer days. Although I personally enjoy all the seasons, Spring is my favorite. What about you?

We would love to hear from you. Share with us your ideas for fun things to do. Are you working on a craft or creating yummy recipes? Is there something you think would be of interest to others to get together and do? We would love to hear and see. Send in to [info@merrimackfriendsfamilies.org](mailto:info@merrimackfriendsfamilies.org)

Many of you have been in the club for a number of years. You have developed wonderful friendships and actively engaged in many events and some of you have been on the Board of Directors. That has contributed to the great success of our club. It is that time again to hold elections for the Board of Directors. I am asking you to consider stepping up to help in this year's election process. We are in need of an Election Officer. I would love to chat with you about stepping up and serving in this role. Shoot me an email through [VP@mffnh.org](mailto:VP@mffnh.org)

Until the next time, stay safe and warm!

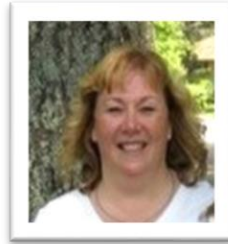
In friendship,  
Catherine Pepler  
MFF VP



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## Treasurer

*Bev Coelho*



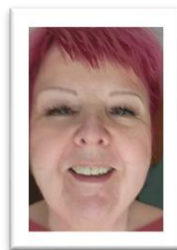
We had a very profitable Winter Carnival! Thank you to all that donated and baked treats for the bake sale. We continue to receive deposits to our charitable fund through Amazon Smiles and David Simek, a friend of MFFs, who continues to support MFF through the United Way. Thank you to our members who use Amazon Smiles and to David for his generosity.

Bev

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## Secretary

*Leslie Haltback*



Just a reminder to send me any Friends in Deed needs!

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## Ways and Means

*Julie Akers & Jill O'Toole*



Ways & Means is thrilled to announce that the Winter Carnival event raised \$600!!! Thank you so, so much to everyone who baked treats, volunteered their Saturday afternoon or who donated money to buy the chili and supplies. Thank you to everyone who helps promote our fundraisers on social media. Sharing MFF's facebook posts helps get the word out about our fundraisers and about what our club is all about. You ladies rock!

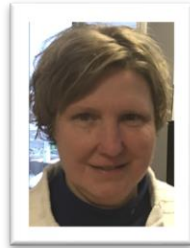
MFF has been selected to be one of the non-profit recipients of River Casino's Charitable Games of Chance. For ten days in March MFF will receive a percentage of the River Casino's profits. Thank you to our treasurer, Bev, for working with the Casino and the NH Lottery Commission to make this possible. Some of ten days overlap with March Madness so hopefully the Casino (and MFF) will do really well.

Looking ahead to April we will partner with Parks & Rec on the Annual Easter Egg Hunt at Wasserman Park. We will need all the volunteers we can get! Members, teens and significant others can help scatter plastic eggs on the four fields, run egg hunts, help with the bake sale or bake treats and breakfast items. Thank you in advance for your assistance.

Julie and Jill

## Service

*Tammy Ditman & Pat Teden*



Thank you to all who participated in our February service project by writing notes of appreciation or thanks for the medical essential workers. We were able to distribute cards to three local hospitals: St. Joseph's and Southern New Hampshire in Nashua plus the Elliot in Manchester. Each location received 25 cards to distribute. (picture of cards here)

We have determined the Spring service projects:

March - We will be assisting Bridges NH by purchasing items from their Janice's House wish list. Janice House is a safe, confidential shelter for clients of Bridges NH. Bridges provides domestic and sexual violence support.

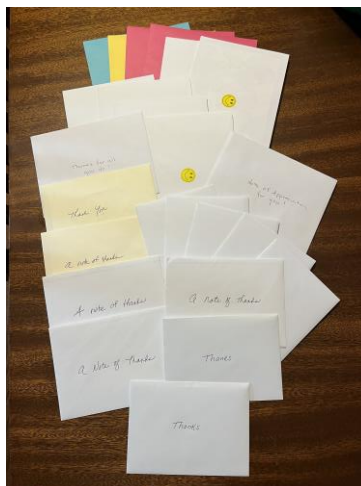
Be on the lookout for the Evite in a few days.

April - We will be creating Easter Baskets for the children of Merrimack. This will be our 21 year assisting the Welfare dept with this project. Watch for the Evite at the end of March. We will try to hold an in person event for assembling the baskets in early April. (Covid allowing)

May - Road cleanup time for Lawrence Road. Date and time to be determined.

Participate in one project or all of them. It is a great feeling to be able to help those in need.

Tammy and Pat

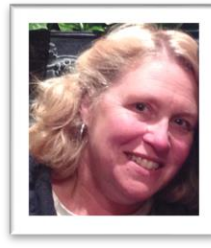


Merrimack  
Friends & Families

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## Membership

*Robin Johnson & Beth Voorhees*



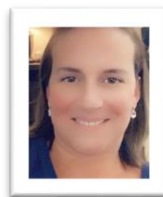
Greetings from the Membership Committee. Hopefully spring is just around the corner. The Membership Committee has one event planned for March. On Saturday the 26 of March at 9 am, we will meet at Buckley's Bakery and Cafe for coffee and conversation. Keep an eye out for the Evite and please bring a friend who might be interested in joining MFF. Everyone stay safe and pray for Ukraine.

Robin and Beth

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## Publicity

*Beth Milliken*



PLEASE SEND ME PICTURES!! Social media is so important in order for people to learn more about us. If you do anything with members, please make sure that you send me a picture or two, and let me know a little about what you did. The more we share, the more we are seen! It's spring and hopefully you can all get out more and enjoy! Some examples of our social media pictures are here. Pictures really help!

Even if you aren't with other members, but go somewhere nice or special, take an awesome hike, anything else that you think people might enjoy, take pictures and send them my way. It would be great for people to get an even better glimpse into our membership.

Please send to [publicity@merrimackfriendsfamilies.org](mailto:publicity@merrimackfriendsfamilies.org).  
Enjoy the warming weather! Beth



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# Happy Birthday!!



|             |      |
|-------------|------|
| Bunny K     | 3/18 |
| Catherine P | 3/28 |

\*\*\*\*\*

## Interest Group Happenings

### Secret Sisters

Once again, you are on your own delivering your gift to your SS. Keep doing what you're doing – it's working!

Remember, if you'd like to submit a quick "thank you" note in the monthly newsletter Personals section to let your SS know how much you loved your gift, please send a quick note to Barb or Wilma, and we will ensure it gets published!

Again, thank you for your participation. Here's hoping that 2022 has started off on the right foot!

Regards,  
Jill Mitchell





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## Weekend Walks

Watch for Evites about morning walks at the Outlets on the weekend. I watch the weather reports to choose either a Saturday or Sunday at 10:00am. We meet at the rear of the Outlets and walk several laps around the grounds before the stores open. Bring a friend, your family or your leashed dog and come get some exercise with us.

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## Wine Tasting

Wine tasting at LaBelle Winery! Join us at 1:30 on Sunday, March 20 for some wine and conversation at the beautiful LaBelle Winery on Route 101 in Amherst. Hope to see you there. Cheers!

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## Book Club

Hi All, Wow this has been a crazy winter! We ended up meeting remotely for our February book club. We talked about the books we had been given at Christmas time and decided on a book for next December from those books! Some of the books we did talk about and not chosen for December are Stronger by Jeff Bauman (Boston Marathon survivor) which came highly recommended, Girls Like Us by Christine Alger a fast-moving murder/mystery also highly recommended, and Someone To Love by Jude Deveraux a book with ghosts, a mystery, and a love story which was very enjoyable.

Our next meeting is March 17th (yep, Saint Patrick's Day) and hopefully, we will be meeting at a host home. We will be reading The Death of Mrs. Westaway by Ruth Ware for the March meeting. Copies are available at the library. So bring your best Irish attitude and join us for a great evening.

Please check the Evite for the location of the March meeting.

Sandy George



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# Don't forget to support us while you shop!

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Merrimack Friends & Families  
Charitable Fund Inc.**

When you shop at [smile.amazon.com](https://smile.amazon.com),  
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)



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