

Following a concussion, how does a teacher know what symptom-based accommodations the student may need?

How does the school team know when a student’s concussion has resolved?

The most important informal data to collect from students after a concussion is Classroom Academic Data & Symptom Data.

CLASSROOM ACADEMIC DATA

- Teacher weekly reports:
 - Grades
 - Homework
 - In Class Work
 - Projects
 - Tests/quizzes
 - Group projects
 - Attendance
 - Incomplete Work
 - In-Class Behaviors (compared to pre-concussion)

SYMPTOM DATA

- Student self reports (timeframe varies)
 - Symptoms
 - Symptom Severity
 - Time of day
 - Class symptoms occurred on a Concussion Symptom Checklist (CDC, SCAT3, REAP Concussion)
- Student is asked, “How do you feel today?” and any symptoms are documented.
- Be aware that symptoms may need to be described in easy to understand language for elementary age students. (See *Elementary versus High School 1 pager under TOPICS*)

Schools should collect both *Classroom and Symptom data* to justify all academic decisions, academic adjustments/accommodations, and justify the need for further evaluation if necessary for those students who do not recover in a typical manner.

1st: The school team should IMMEDIATELY implement academic adjustments/informal accommodations when a student returns with a concussion.

2nd: Over time the student should be recovering, symptoms should fade, & informal adjustments/accommodations should fade. If the symptoms are not fading or are increasing in number/severity, the monitoring and support should continue.

3rd: The best way to document if a student is recovering is the presence or absence of symptoms, with and without graded cognitive exertion.

4th: Academic adjustments/accommodations should remain in all classes until the student recovers, or if the student does not recover (rare), until further educational evaluation is determined to be necessary.

Parents can collect Symptom Data at home in the evenings using a Symptom Checklist, while student is trying homework or interacting with family. It can be shared with school/medical team.