

## Make a difference and have fun doing it!

We are thrilled to continue to offer a range of programs for our local youth to participate in. Currently we have 6 unique programs which are offered at various times throughout the year. Among them are: Tween Zone, Kids Club, Teen Group, Adventure Club, Cooking Club, Fishing Club.

Our programs aren't all video games and cell phones. We use board games, puzzles, art/crafts, sports, foosball, active games in Heritage Square, and cool science experiments to engage kids. Mentors help create support networks

within the youths own caring communities.

Our programs give the Mentees opportunities to interact with our

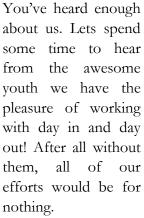
team of Mentors. It's a very organic way of matching up mentors with their mentees. Every mentor can decide their level of participation.

As kids navigate through the

turbulence of adolescents our program helps develop confidence, self esteem, social and life skills from their Mentors. Confident kids are better able to handle school, stress, peer interactions and pressures. Never underestimate the impact you can have on a child. This is a great opportunity to

be the mentor you wished you had when you were young or to be like the special role model who made a lasting impact on life.







Hi, my name is Brooke! I am 12 years old. I started at Bruce Grey Mentorship in the fall of 2023. I go there on Tuesday as part of the Tween Zone. First we talk about what we did this week, and then we play. I like everything about BGM; the activities

and the people that are there. BGM has helped me improve my social skills since I have been here. BGM has taught me new games, helped me make new friends, and has taught me how to be a good friend. We also get snack!!



BGM

## Community Connections Newsletter



Friends of BGM



Are you looking for something to do during your spare time? Are you looking to make a difference in your community? We thrive off of volunteers and Mentors as we cannot do what we do without the help of our Mentors or our volunteers. Friends of BGM can help out in any of our events, out in the community, or within our weekly groups. Being a Friend of BGM means gaining new friendships, helping out your community, being a positive role model for our youth, and having lots of fun and a sore belly from laughing. There is no required commitment or a required amount of times you participate within a month. We accommodate you! Check us out on r w e b s i https://www.brucegreymentorship.ca/ho me.html



Thank you to the **Trillium Foundation** grant we are happy to introduce Megan Gade as our new Program Coordinator. This grant al-

lowed Megan to grow Bruce Grey Mentorship by furthering the Tween Zone program that was created. This new program allows for youth that are in the preteen stage to feel included, heard, safe, while building positive relationships with peers struggling with the similar things or improving social and life skills.

## Why I Mentor

Hi my name Lloyd. I recently became a mentor with Bruce Grey Mentorship. I am retired and have a passion for helping children and youth whether it be coaching sports or just helping them learn. Children are so important and add meaning and purpose into our lives. I believe that children deserve to feel special and have positive role models in their life.

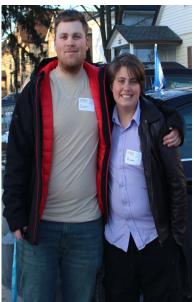


Mentor Lloyd

If you're thinking about mentoring, go for it, you wont regret it!

## Know someone who would be a great Mentor?

We're always looking for positive adults to help with our program and mentor the youth in our community. Whether it be weekly at our planned program sessions or as little as once a month in our group events. Whatever level of involvement you can give, we can accommodate. And NO, you don't need a resume of skills or experience with kids, just a desire to make a



positive difference in their lives...the rest the kids will teach you!

Contact us to get involved! 519-506-5065