

Gold Country Amputee Support Group
June 23, 2016 Meeting Minutes
Black Bear Diner, Auburn

Present: Rene Duncan, Paula Mosqueda, Dan Wheat, Cathy & Carlos Lopez, Tyson Brewer, Eric Montague, Rob king and Becky Heaton , Diane Wilson, Ray and Irene Yamasaki, Paul May,
Mike and Melissa Horvath, Shawn Johnston

The meeting was called to order at 6:10 p.m.

Guest Speaker: Nick Egan and Vic Svityashchuk from Sutter Roseville Rehabilitation Department Spoke about Gate training and how to maintain a proper walk with a prosthetics' Rob King being the newest individual of the group was first in line to show his gate method Nick told him he was doing very well considering he is a new amputee of approximately 6 months. Next up was Ray Yamasaki, Nick also gave him some of advice about walking and told him that with a cane he tends not to use the leg as much which makes him lean on the cane more than putting the pressure on his leg. Next was Dan Wheat his gate has improved tremendously since Nick Saw him last.

Vic spoke on the upcoming Pro Bono Clinic and about the students that will be assisting in the clinic. He is looking forward to seeing as many of our members to help support this event.

Introductions were completed. Paul May was introduced to the group he has been an amputee for over 24 years and told his story of losing his leg. We give a hardy welcome to Paul and a welcome to GCASG family.

The Minutes of June 9 2016 were read on line a Motion Made by Ray and 2d by Rene to accept the minutes as read on line. There were no additions or corrections.

The Treasurer's Report: \$7669.33 and not all checks have been deposited.

Old Business:

- Web site is being built by Hannah and Rob King. The web site is on line it is **goldcountryamputees.com** Please if you have a chance take a look at the Web page and make your suggestions for improvements or additions to the site. YOUR IDEAS ARE ALWAYS WELCOME.
- Visit to Bella the Llama will be scheduled for July 10 2016 time will be announced at the next meeting. Carlos will notify Michael Carlson of the date and possible times for this event.

- Golf tournament registration and donation letters will come out within the next two weeks Dan has asked everyone to start acquiring donations for our annual tournament. Registration Fees were brought up sign fees should we ask for more. It was decided that the fees should not be changed at this time.
- We now have a group E-mail address it is as follows gcamputeesg@gmail.com Please start forwarding any information or things you would like to have changed to that e-mail I will be checking it periodically for any correspondence. This e-mail will also be added to our facebook account.
- Round Table discussion:

Dates to Remember:

July 10th Visit to Bella the Llama

- September 5th 2016 BBQ at Dan Wheat Senior house.
- October 10 2016 Annual Golf Tournament
- Limb Loss Education Day Oct. 22-23 Times to be announced.
- November 3, 10, 17 Pro Bono Clinic Attached to E-mail

Meeting adjourned at 7:18 Motion by Carlos 2nd by Sammy

Next meeting June 23 2016 6:00 P.M.

These Minutes were submitted by Carlos Lopez on June 9 2016