

MEC VANCOUVER RACE THREE: 5K/10K

April 10, 2016

Results By TRIO Sport Events www.trioevents.ca**MEC****10 k Run**

Female

Place	Name	Bib No	Time	Total Pace
1	Olivia Willett	61864	40:46	4:05/K
2	Amanda Travis	61845	43:38	4:22/K
3	Kathryn Stefani	61837	44:14	4:25/K
4	Lydia Tay	61885	44:34	4:27/K
5	Simrin Purhar	61803	44:40	4:28/K
6	Jaylene Billows	61616	45:00	4:30/K
7	Dianne Kaltenegger	61724	45:18	4:32/K
8	Emily Godsil	61901	47:56	4:48/K
9	Lena Sesardic	61829	49:42	4:58/K
10	Kelsey Fyfe	61882	49:51	4:59/K
11	Carolyn Hubbard	61713	50:31	5:03/K
12	Abigail Shu	61831	51:12	5:07/K
13	Julia Brunner	61624	51:29	5:09/K
14	Sandra Franke	61884	52:50	5:17/K
15	Kristina Jenei	61719	53:05	5:19/K
16	Michelle McGuire	61766	53:06	5:19/K
17	Nicole Sue	61838	53:17	5:20/K
18	Doneen Swart	61883	53:26	5:21/K
19	Carolyn Digby	61665	53:34	5:21/K
20	Katharina Scheu	61821	53:46	5:23/K
21	Gennie Chan	61635	54:22	5:26/K
22	Charlotte Heffelfinger	61702	54:47	5:29/K
23	Yulia Potapova	61800	55:00	5:30/K
24	Meghan Little	61891	55:16	5:32/K
25	Tracy Harvey-Chan	61696	55:41	5:34/K
26	Tamara Lauzon	61741	55:47	5:35/K
27	Rik Chapman	61636	56:24	5:38/K
28	Alex Giuffre	61684	56:25	5:39/K
29	Rhonda Hyslop	61715	56:35	5:40/K
30	Raquel Corral	61651	56:48	5:41/K
31	Sarah Finlay	61672	57:10	5:43/K
32	Jennifer Perozak	61796	57:17	5:44/K
33	Naomi Saehi	61879	57:31	5:45/K
34	Carolyn Anderson	61603	57:47	5:47/K
35	Jennifer Johnston	61722	57:48	5:47/K
36	Jessica Sanchez	61817	58:00	5:48/K
37	Andrea Hingston	61706	58:46	5:53/K
38	Jennifer Derksen	61662	58:54	5:53/K
39	Spoorthy Seenappa	61827	58:55	5:54/K
40	Kristina Gibbons	61681	59:13	5:55/K
41	Trudy Wong	61866	59:22	5:56/K
42	Alanna Goodman	61689	59:25	5:57/K
43	Nikol Marconova	61757	59:29	5:57/K
44	Grace Sullivan	61840	59:32	5:57/K

45	JOANNA MARSOLAIS	61759	59:40	5:58/K
46	Beth Zapadka	61874	59:59	6:00/K
47	Bethany Bohme	61619	1:00:01	6:00/K
48	Judy Bernaschek	61614	1:00:41	6:04/K
49	Ann Wang	61857	1:00:43	6:04/K
50	Joanne Thalken	61877	1:00:47	6:05/K
51	Chloe Scott	61823	1:01:07	6:07/K
52	Beth Davies	61658	1:01:47	6:11/K
53	Klm Turik	61849	1:01:49	6:11/K
54	Manda Sayers	61820	1:02:27	6:15/K
55	Kathy Potter	61897	1:03:03	6:18/K
56	Julie Campbell	61629	1:03:30	6:21/K
57	Lorraine Douville	61667	1:03:48	6:23/K
58	Joanne Reid	61809	1:03:49	6:23/K
59	Jennifer Ho-Wang	61711	1:03:56	6:24/K
60	Jessica Ranger	61807	1:04:29	6:27/K
61	Julie Nichols	61784	1:04:39	6:28/K
62	Odessa Ditson	61666	1:05:17	6:32/K
63	Elaine Haakstad	61694	1:05:33	6:33/K
64	Sarah Kasman	61880	1:05:59	6:36/K
65	LYANNA LE	61742	1:06:27	6:39/K
66	Alexia Bates	61610	1:06:33	6:39/K
67	Louise Webb	61859	1:07:11	6:43/K
68	Alison Sandell	61818	1:07:26	6:45/K
69	JESSICA LU	61752	1:07:43	6:46/K
70	Zhe Gu	61691	1:07:48	6:47/K
71	Kelly Bolderston	61620	1:07:59	6:48/K
72	Jessica Kury	61733	1:07:59	6:48/K
73	Julia Diachenko	61664	1:08:30	6:51/K
74	Pamela Leminski	61744	1:08:31	6:51/K
75	Betty Mang	61756	1:08:34	6:51/K
76	Elena Krsteva	61732	1:09:34	6:57/K
77	Cathy Wu	61869	1:09:39	6:58/K
78	Lori Ptachyk	61802	1:09:46	6:59/K
79	Lindsay Milburn	61900	1:09:59	7:00/K
80	Magdalena Blasiak	61618	1:10:46	7:05/K
81	Aimee Illescas	61716	1:10:46	7:05/K
82	Milly Milani	61774	1:10:59	7:06/K
83	Claudia Martinez	61760	1:11:23	7:08/K
84	Anice Wong	61875	1:11:50	7:11/K
85	Jennie Eggleston	61670	1:11:59	7:12/K
86	Claudia Bullington	61626	1:12:02	7:12/K
87	Valerie Kleinlitman	61881	1:12:31	7:15/K
88	Yoko Beriault	61612	1:12:47	7:17/K
89	Nienke van Houten	61852	1:13:13	7:19/K
90	Teresa Cruz-Newfield	61653	1:13:31	7:21/K
91	Andrea Piccolo	61797	1:13:32	7:21/K
92	Carla Pole	61798	1:13:33	7:21/K
93	Pei Wen Polly Tsao	61846	1:14:06	7:25/K
94	Stacey Kus	61735	1:14:12	7:25/K
95	Jessica Saunders	61819	1:14:32	7:27/K
96	Jane McDonald	61764	1:14:59	7:30/K
97	Karla Downey	61668	1:17:31	7:45/K
98	Monique Vatrano	61854	1:17:31	7:45/K

99	Charlotte Gyoba	61693	1:19:05	7:55/K
100	VICTORIA KACZOROWSKI	61723	1:19:56	8:00/K
101	Rita Tung	61848	1:20:15	8:02/K
102	NEHA KISHORE	61730	1:20:29	8:03/K
103	Melissa Yap	61870	1:21:01	8:06/K
104	Claudia Rodriguez	61813	1:21:38	8:10/K
105	LUZ MERY LOPEZ	61750	1:24:50	8:29/K
106	Louise Utting	61850	1:24:50	8:29/K
107	CLAUDIA GOMEZ	61688	1:25:35	8:34/K
108	Kim Ranger	61805	1:26:33	8:39/K
109	Darrin Climie	61644	1:35:03	9:30/K
110	Cassandra Price	61801		

Male

Place	Name	Bib No	Total Time	Total Pace
1	Frazer Stewart-Barnett	61895	39:07	3:55/K
2	Connell O'Reilly	61787	39:23	3:56/K
3	Dave Clarke	61642	39:36	3:58/K
4	Conrad Cormier	61888	40:03	4:00/K
5	Yousef Mian	61772	41:51	4:11/K
6	Adrian De Lisle	61661	42:24	4:14/K
7	Josh Myers	61778	42:32	4:15/K
8	Daniel PÃ©rez	61789	43:01	4:18/K
9	Luc Isaak	61717	43:06	4:19/K
10	Mark Wong	61867	43:06	4:19/K
11	Lei Guo	61692	43:48	4:23/K
12	Christopher Wong	61865	43:58	4:24/K
13	Charlie Hunter	61714	44:29	4:27/K
14	James Dunnigan	61669	44:55	4:30/K
15	Kiel Lemmen	61745	45:54	4:35/K
16	stephen scott	61822	46:31	4:39/K
17	Bob Frazer	61677	46:33	4:39/K
18	steve barnes	61609	46:48	4:41/K
19	Lawrence Bernales	61613	47:26	4:45/K
20	Ron Gordon	61898	47:28	4:45/K
21	Derek Niziol	61785	47:37	4:46/K
22	Tyrone Tairu	61841	47:38	4:46/K
23	Martin Coles	61648	47:56	4:48/K
24	riccoh talento	61842	48:16	4:50/K
25	David Shu	61832	48:21	4:50/K
26	Vaclav Sladek	61835	48:26	4:51/K
27	Joseph Goldstein	61687	48:39	4:52/K
28	Tom Barichello	61607	49:04	4:54/K
29	everett romain	61815	49:15	4:56/K
30	Mike Barnard	61608	49:27	4:57/K
31	Donat Gaudreau	61679	49:54	4:59/K
32	Colin Cox	61652	49:55	5:00/K
33	Oliver Lane	61740	49:57	5:00/K
34	Dan Kilpatrick	61727	49:57	5:00/K
35	Adi Bukva	61625	50:08	5:01/K
36	Dave Whitworth	61861	50:15	5:02/K
37	Brendan Kelly	61725	50:26	5:03/K
38	Richard Johnson	61721	50:34	5:03/K

39	Ben Milling	61676	50:51	5:05/K
40	James Rupert	61816	51:00	5:06/K
41	Bill Lin	61747	51:07	5:07/K
42	Eric Sue	61839	51:08	5:07/K
43	Terry Bushnell	61886	51:19	5:08/K
44	Rob Head	61700	52:29	5:15/K
45	Chris Naylor	61780	52:44	5:16/K
46	Greg Giles	61683	52:58	5:18/K
47	Eric Neumeyer	61782	53:31	5:21/K
48	John Francois	61675	53:32	5:21/K
49	Asha Kydd	61739	53:41	5:22/K
50	Thomas Miller	61775	53:46	5:23/K
51	William Jans	61876	53:48	5:23/K
52	Denys Ng	61783	53:54	5:23/K
53	Albert Cole Davies	61647	53:56	5:24/K
54	Ben Cole	61645	53:56	5:24/K
55	Marc Sibson	61833	53:59	5:24/K
56	Matthieu Macret	61754	54:04	5:24/K
57	Steven Evans	61671	54:21	5:26/K
58	TAE IL YOON	61871	54:27	5:27/K
59	Erik Rasche	61808	55:03	5:30/K
60	Tom Sherlock	61830	55:16	5:32/K
61	Vittorino Dal Cengio	61655	55:28	5:33/K
62	Kevin Doyle	61899	55:29	5:33/K
63	David Little	61748	56:03	5:36/K
64	ian christy	61641	56:31	5:39/K
65	Jeff Chow	61639	56:32	5:39/K
66	Daniel Mang	61755	56:41	5:40/K
67	Mark Semeniuk	61828	56:57	5:42/K
68	Gregg McKibbin	61767	56:58	5:42/K
69	Kevin Park	61792	57:06	5:43/K
70	Sebastien Quirion	61804	58:06	5:49/K
71	Mario Busse	61627	58:32	5:51/K
72	Michael Nachoff	61779	58:34	5:51/K
73	Adrian Hingston	61705	58:46	5:53/K
74	Stuart Richardson	61810	58:53	5:53/K
75	David Kwan	61738	58:56	5:54/K
76	Lowell McPhail	61770	59:22	5:56/K
77	BEN MARSOLAIS	61758	59:40	5:58/K
78	Alexander van Houten	61853	59:41	5:58/K
79	Cillian O'Hogan	61786	59:46	5:59/K
80	Josh Sobil	61836	1:00:08	6:01/K
81	Mateo Luz Meru	61893	1:00:37	6:04/K
82	Steven Bossuyt	61622	1:00:47	6:05/K
83	Randy Lidderdale	61746	1:00:52	6:05/K
84	Nathan Roberge	61811	1:01:07	6:07/K
85	Alan Jernigan	61720	1:01:39	6:10/K
86	Owen Cole Davies	61646	1:01:47	6:11/K
87	Kris Chan	61634	1:02:02	6:12/K
88	Joseph Marte	61890	1:02:38	6:16/K
89	Gary Dhiman	61663	1:03:39	6:22/K
90	Craig Freguson	61896	1:05:47	6:35/K
91	Darrin Climie	61643	1:06:33	6:39/K
92	Keith Cerny	61633	1:07:06	6:43/K

93	Shaobin Luo	61753	1:07:10	6:43/K
94	Eurico Gabug	61889	1:07:11	6:43/K
95	Mark Middleton	61773	1:07:28	6:45/K
96	Sebastian Luz Meru	61892	1:09:20	6:56/K
97	Ian Macdonald	61878	1:09:32	6:57/K
98	Christopher Blurden	61887	1:09:46	6:59/K
99	Jordan Centenera	61632	1:10:33	7:03/K
100	Steven Le	61743	1:12:51	7:17/K
101	Gary Rollins	61814	1:13:41	7:22/K
102	Mike Kus	61734	1:15:44	7:34/K
103	Allan De Jesus	61894	1:17:16	7:44/K
104	PETER GOEL	61686	1:20:29	8:03/K
105	Aaron Ranger	61806	1:26:33	8:39/K
106	Julio Cordice	61650		

5 k Run

Female

Place	Name	Bib No	Total Time	Total Pace
1	Nancy Hancharyk	10049	21:55	4:23/K
2	Megan MacDonald	10070	22:21	4:28/K
3	Maureen Curtin	10022	23:24	4:41/K
4	Mandy MacIver	10071	24:29	4:54/K
5	Catrionia Hendrie	10145	24:30	4:54/K
6	GEMMA CAMPBELL	10006	24:56	4:59/K
7	Amy Kirby	10058	25:36	5:07/K
8	Itzel Curel	10140	26:14	5:15/K
9	Jolene Rodrigues	10102	27:41	5:32/K
10	Kathryn Goutch	10147	27:48	5:34/K
11	Adriana Proton	10098	27:54	5:35/K
12	Logan Litz	10065	27:54	5:35/K
13	Bracken Henke	10138	28:08	5:38/K
14	Brittany Litz	10066	28:20	5:40/K
15	emiko mader	10073	29:07	5:49/K
16	Beverley ONeil	10091	29:26	5:53/K
17	Azalea Borilla	10004	29:28	5:54/K
18	Emily Chau	10013	29:30	5:54/K
19	Tracy-Lim Campbell	10130	29:32	5:54/K
20	Karen Choi	10015	29:39	5:56/K
21	Marisa Chau	10014	29:50	5:58/K
22	Moira Campbell	10007	30:06	6:01/K
23	Lauren Sim	10137	30:41	6:08/K
24	Leigh Tang	10115	30:54	6:11/K
25	Aliana Gully	10048	30:55	6:11/K
26	Nuala Rochfort	10136	30:56	6:11/K
27	Carrie-Ann deBruyn	10026	31:27	6:17/K
28	Alex Franco	10043	31:30	6:18/K
29	Brittany Trenkel	10117	31:33	6:19/K
30	Lin Sue	10112	32:45	6:33/K
31	Miho Iizuka-Mitchell	10052	32:48	6:34/K
32	Pam Kirby	10057	32:58	6:36/K
33	Joyce Beveridge	10132	33:03	6:37/K
34	Silvia Mazabel Ortega	10142	33:12	6:38/K

35	Amber Tarling	10116	33:12	6:38/K
36	Julie Ramsay	10099	33:19	6:40/K
37	Sarah Rocchi	10101	33:24	6:41/K
38	Alex Hochin	10125	33:32	6:42/K
39	Norma Meza	10086	33:47	6:45/K
40	Anna Kennedy	10055	33:48	6:46/K
41	Kat Davidson	10023	33:48	6:46/K
42	Anail Ferradini	10135	33:51	6:46/K
43	Winnie So	10111	33:53	6:47/K
44	Kim Dohms	10033	33:54	6:47/K
45	Elaine Campbell	10008	33:54	6:47/K
46	kiyomi mader	10074	34:46	6:57/K
47	Cindy Russell	10104	34:47	6:57/K
48	Anne Deitch	10027	35:02	7:00/K
49	Julie Cox	10020	35:08	7:02/K
50	Sue Matthews	10078	36:06	7:13/K
51	Jane Matthews Patterson	10079	36:06	7:13/K
52	Danielle Macdonald	10069	36:16	7:15/K
53	Jill Cambidge	10005	36:35	7:19/K
54	Rebecca Matzov	10080	36:45	7:21/K
55	Caitlin Folvik	10039	37:30	7:30/K
56	Joan Lui	10068	37:40	7:32/K
57	cynthia parkin	10094	37:57	7:35/K
58	Laura McPheeters	10084	38:07	7:37/K
59	Karen Noel-Bentley	10089	38:07	7:37/K
60	Gillian Lo	10067	38:47	7:45/K
61	Jennifer Sangster	10105	38:50	7:46/K
62	Cheryl Angell	10001	39:41	7:56/K
63	Kathleen De Torres	10025	39:48	7:58/K
64	sandra zamora	10123	39:49	7:58/K
65	Mariam Manuel	10077	39:52	7:58/K
66	Erin Vandal	10118	40:13	8:03/K
67	Ruth Beardsley	10002	40:35	8:07/K
68	Isabelle Manchester	10076	41:07	8:13/K
69	Valeria Manchester	10075	41:08	8:14/K
70	Emily Herd	10050	41:23	8:17/K
71	Ana Mejia	10085	41:36	8:19/K
72	Rachelle McCallum	10081	43:10	8:38/K
73	Anurita Dhiman	10031	48:25	9:41/K
74	Patti Fontaine	10040	50:17	10:03/K
75	Anette Kimber	10056	50:17	10:03/K
76	Caroline Paulicelli	10096	52:29	10:30/K

Male

Place	Name	Bib No	Total Time	Total Pace
1	Mohammed Saber	10177	19:34	3:55/K
2	Renn Macdonald	10126	20:55	4:11/K
3	Pierre Chan	10010	21:26	4:17/K
4	Mark Donnelly	10144	21:44	4:21/K
5	Martin Dasek	10141	22:03	4:25/K
6	Ryan Tooby	10146	22:19	4:28/K
7	Zach Saunders	10106	22:58	4:36/K
8	David Bickerton	10003	23:14	4:39/K

9	Jarrod Cowan	10019	23:21	4:40/K
10	Campbell McCallum	10082	23:42	4:44/K
11	Chris Seppelt	10109	24:42	4:56/K
12	Rene Lattmann	10060	25:30	5:06/K
13	Alexis Paquet	10093	26:10	5:14/K
14	Mark Rowsom	10103	26:16	5:15/K
15	Allan Chau	10012	27:18	5:28/K
16	Paul Clapham	10018	27:36	5:31/K
17	Tyler Rasmussen	10100	28:38	5:44/K
18	julian tang	10114	28:52	5:46/K
19	William Gumboc	10143	28:53	5:47/K
20	Craig Mitchell	10087	28:54	5:47/K
21	Michael Gibbons	10046	29:02	5:48/K
22	Cole Crocker	10021	29:02	5:48/K
23	david mader	10072	29:07	5:49/K
24	Douglas Campbell	10009	29:13	5:51/K
25	Raymond Tsow	10129	29:32	5:54/K
26	Ben Sinclair	10110	29:42	5:56/K
27	Anoy Leclaer	10133	29:43	5:57/K
28	Kei Macdonald	10127	29:51	5:58/K
29	Yuri Artibise	10131	29:52	5:58/K
30	Jonathan Edwards	10034	30:01	6:00/K
31	LU MING LI	10063	30:07	6:01/K
32	John Lee	10062	30:24	6:05/K
33	Sal Piccolo	10097	30:30	6:06/K
34	Zerihun Scheel	10107	30:30	6:06/K
35	Gregory Nolan	10090	30:41	6:08/K
36	Juliana Negreiros	10139	31:06	6:13/K
37	Brandon Yen	10121	31:36	6:19/K
38	Danny Franco	10044	31:42	6:20/K
39	Albert Chow	10016	32:11	6:26/K
40	Patrick Wu	10120	32:27	6:29/K
41	Ingo Jackisch	10053	33:40	6:44/K
42	Veerin Dhiman	10032	33:50	6:46/K
43	Benoit Ferradini	10134	33:51	6:46/K
44	Jesse Evans	10038	36:17	7:15/K
45	Tony Kanjer	10054	38:42	7:44/K
46	Dylan Morgan	10088	38:47	7:45/K
47	Ying Sue	10113	39:44	7:57/K
48	Nathan Chow	10017	41:24	8:17/K