

Leadership Day
Session Descriptions
Friday March 2, 2018

Salt Lake Community College Redwood Campus

10:30 AM -11:30 AM

Session 1A Ron Roybal

Using the Pyramid Model to Reduce Challenging Behaviors

Session 1B Children's Center Staff

Utah Early Childhood work around Expulsion and Suspension

Utah has an active workgroup helping OCC and the early childhood community define suspension and expulsion for our State, per Federal requirements, and how centers should go about making internal policies preventing such actions. Much surrounds circumstances that lead centers and providers to the conclusion of suspension or expulsion, making this a very difficult process. We invite you to come learn about the work being done and how you can support and/or contribute to it.

Session 1C Bradley Smith

Dealing with Difficult Parents: Conflict and Negotiation Management For Administrators

Do you find conflict and negotiation to be difficult? This training outlines a format for dealing effectively with difficult parents and children. The principles Bradley Smith uses will help with relationships as well as business negotiations. Concepts include: in the box thinking and the use of a reflective listening strategy.

12:45 PM - 1:45 PM

Session 2A Ron Roybal

Social and Emotional Teaching Strategies

Session 2B Camille Kennard

Mindful Work Environments (repeated in session 3B)

Anxiety and stress are among the top mental health complaints in our society. We live in a fast paced world with more and more responsibilities and expectations placed on our time. There is

a pressure to do more with less and this can lead to fatigue, exhaustion, burnout, and even chronic illness. As early childhood professionals we interact with children who exhibit challenging behaviors, whose minds are impacted by childhood trauma, who may have unstable home environments, and push our emotional “buttons.”

In this session you will be given the tools to learn how to be resilient to stress and create *Mindful* work environments. You will learn how to bounce back from stressful situations and feel more power and control over your life. We will explore the practice of mindfulness (slow down, think, respond) to connect with challenging children. We will learn how to create a space that encourages Mindfulness from children and their caregivers. Learn habits and practices that will contribute to a Mindful culture with your staff and team members.

Session 2C Bradley Smith

Discipline through Leadership

This class focuses on the positive side of discipline. Bradley Smith has been a student of leadership principles for over a decade, and began seeing similarities between these concepts and the discipline problems teachers were having with their classrooms. Concepts include: learning to focus on leadership aspects of being in early childhood, minimizing challenges and conflict with children through incorporating leadership strategies.

2:00 PM - 3:00 PM

Session 3A Ron Roybal

Practice Based Coaching

Session 3B Camille Kennard

Mindful Work Environments (also offered session 2B)

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Session 3C Bradley Smith

Discipline and Behavior Intervention

Many centers lack a structure and strategy for early intervention of discipline/behavior issues. In this session Bradley talks about the power of a good discipline policy and what the policy should contain. The use of a Behavior Intervention Policy and Behavior Intervention Meetings are also discussed. This class is a part 2 to Discipline through Leadership in Session 2, however you do not have to attend both. They are excellent stand alone trainings as well.