

HALF DISTANCE RUN

1. Right out of transition
 2. Left onto path at Fort Raleigh entrance
 3. Left at old 345
 4. Left on Becks Ct. (Out Back)
 5. Left on old 345
 6. Left on North End Ct. (Out & Back)
 7. Right on Old 345
 8. Left on Morrison Grove. (Out & Back)
 9. Left on path (64)
 10. Left on Mother Vineyard
 11. Left on Longwood Rd. (Out Back)
 12. Left on Mother Vineyard
 13. 180° turn- around point at end
 14. Left on Scuppernong
 15. Right on Dogwood
 16. Right on Scuppernong
 17. Right on Wingina
 18. Right on Mother Vineyard
- *REPEAT 11-16***
19. Straight on Swaim
 20. Right on multi use path (64)
 21. Bear Right to remain on 345
 22. Right on Cedrow
 23. Left on Algonkain
 24. Right on 345
 25. Right on Dare Ave.
 26. To cone for 180 turn
 27. Left into park for finish

FINISH