

BACKWARDS MAPPING

BEGIN WITH THE END IN MIND

BACK TO SCHOOL CHALLENGE: DAY 2

Often, students focus on "getting into college" as the goal they're pursuing. But college is actually a stepping-stone to a much bigger goal of creating a meaningful and fulfilling life. So, before heading into the new school year, it can be helpful to zoom out and think about the *ultimate* long-term goals your scholar is pursuing.

1. **Fast forward** 20 years and imagine that your scholar has grown into the best possible version of themselves...they are thriving adults, living a life that makes them happy every day. What might this future look like for them? Write a brief description of this ideal future below.

2. Based on your scholar's personality and strengths, what are three potential **careers** you think they could be **great** at someday, that would enable them to create a life they love? What is one **action step** they could take this year to **explore** each of these careers and find out if it is really a good fit for them?

Potential Career

Action Step

(e.g. Informational interviews; shadowing; volunteering; internship; club; online course, summer program, etc.)

1

2

3



Congrats on finishing today's Action Steps! Join me in our **ZOOM** at 7:30 pm Eastern for more details about how to apply these insights with your teen during the upcoming school year.