

## MINUTES

### Southeast Washington Regional FYSPRT

03/11/2021 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p><b>Purpose</b> designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p><b>Mission</b> through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p><b>Vision</b> To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p><b>Ground Rules</b> All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p><b>Welcome &amp; Introductions</b> (5 minutes) Youth Tri lead, Baltazar Torres</p>	<p>Baltazar lead the welcome and introductions.</p>
<p><b>Meeting Minutes</b> (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Cindy Adams moved to approve meeting minutes from December 10, 2020, from January 14, 2021, and February 11, 2021; Baltazar Torres seconded, motion passed. Motion made by: <u>    Cindy Adams    </u> Seconded by: <u>    Baltazar Torres    </u> Did the vote carry? <b>YES</b></p>
<p><b>Lock Box Update</b></p>	<p>Jill shared and reviewed her Lock Box form on screen and the link to it in chat: <a href="https://docs.google.com/forms/d/e/1FAIpQLSe9j9TI6Xr9sCxTe5I5gJ_GaRPsAnH9AjQmml6OQa_c3yONng/viewform?usp=sf_link">https://docs.google.com/forms/d/e/1FAIpQLSe9j9TI6Xr9sCxTe5I5gJ_GaRPsAnH9AjQmml6OQa_c3yONng/viewform?usp=sf_link</a></p>

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<b>Practice the Pause</b>	<b>Brissa Perez, GCBH ACH Practice the Pause:</b> -- <a href="https://gcach.org/practice-the-pause">https://gcach.org/practice-the-pause</a> Brissa reviewed the history of the ACH Practice the Pause program, website and materials in detail, noting any of the resources can be downloaded directly from the website. Train the trainer and presentations are available if you're interested.
<b>Washington State Community Connectors Resources</b>	Sarah noted this was an informational item, with details about these events and resources available at <a href="#">WA State Community Connectors Resource Sharing Email (mailchi.mp)</a> : <ul style="list-style-type: none"><li>• Washington Legislative and Policy Advocates (WLPS)</li><li>• Behavioral Health Call to Action</li><li>• Dad's MOVE</li><li>• Washington State Fathers Network</li><li>• Kindering</li><li>• NAMI</li><li>• PAVE</li><li>• National Federation of Families</li><li>• Southwest Region FYSPRT's Newsletter</li></ul>
<b>Roundtable</b>	<ul style="list-style-type: none"><li>• <b>Cindy Adams</b> from Ombuds briefly reviewed some of the legislation regarding Ombuds in particular and behavioral health in general. She encourages review of the actual bills if you're interested.</li><li>• <b>Kris Brown</b> from GCBH noted a CLIPit State meeting is scheduled next week, so he will have a full report next month. He also noted the waitlist is holding at 60-90 days.</li><li>• <b>Jill Mulhausen</b> noted she missed the recent State FYSPRT due to a scheduling conflict, but shared from the minutes some meeting highlights, including program successes; upcoming projects; and that Youth Move shared a template and touched on next steps.</li><li>• <b>Madelaine Zielinski</b> from Youth Move International encouraged anyone interested to reach out for more information on Youth Move.</li><li>• <b>Carolyn Cox</b> from SPARK noted they have turned in their first deliverables on the State Youth Network contract and that they will also be working with Youth Move National. She announced the new Interim Director for the State Youth Network Leadership and after a Co-Director is hired to help cover both sides of the State. They will be working with FYSPRT's throughout the state. They have several events coming up, including an Inclusion and Equity event. They are heavily involved in Train the Trainer programs to have youth train youth. Since their classes are on Zoom, they will be able to offer their training Statewide.</li><li>• <b>Kaila Epperly</b> from Lutheran said referrals for WISE have been increasing with 110 in the first two months of 2021. She noted it is currently taking about two weeks to get the referral in. Lutheran is recruiting for a Mental Health Clinician.</li></ul>

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	<ul style="list-style-type: none"><li>• <b>Dan Aspiri</b> from CHPW shared that TCCH has hired a new psychiatric provider, although it will be August before relocation. They are also looking to hire one or two practitioners.</li><li>• <b>Ruvine Jimenez</b> noted The League of Education Voters Reviews every education bill that passes through the legislature and tracks its progress on our Legislative Bill Tracker <a href="https://educationvoters.org/resources/bill-tracker/">https://educationvoters.org/resources/bill-tracker/</a></li><li>• <b>Salomon Carrasco</b> from Lourdes noted a significant increase in youth evaluations and that the law changing initial detentions from 3 to 5 days has gone in to effect.</li></ul>
<b>Closing Announcements and Evaluation (5 minutes)</b>	<p><b>Your FYSPRT meeting evaluation is available at this link:</b></p> <p><a href="https://www.surveymonkey.com/r/TRNB7RS">https://www.surveymonkey.com/r/TRNB7RS</a></p> <p><i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>
Regional FYSPRT meeting dates	April 8, 2021 <b><i>THIS MEETING WILL BE HELD via ZOO</i></b>
State FYSPRT meeting dates	Tuesday February 23, 2021 online from 9:00 to noon Wednesday, May 26, 2021 online from 9:00 to noon Thursday August 19, 2021 TBA (9:00 to 3:00 if in person) Thursday November 18, TBA (9:00 to 3:00 if in person)  Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i>

**Want to become a voting FYSPRT member?**

**Ask for a membership application or find one on our website @ <http://www.southeastfysprt.org/get-involved.html>**