

Center for Disaster Mental Health



Mission: The Center for Disaster Mental Health will develop, promote and apply mental health instruction, training and services in disasters.

1. Minutes: 15 July 2015
2. Attendees : M Hubner, T Correll, S Wetterhan, F Maher, K Phegley, R Welton, J Neitzel, S Jez, S Miller, M Hubner,
3. Welcome : Introductions were completed.
4. Review of Minutes: The meeting notes from 10 July 2015 were reviewed and approved.
5. Review of Organizations: As the meeting had to be cut short by 30 minutes, individual facility reports were not accomplished.
 - Dayton VA Medical Center
 - The American Red Cross
 - Boonshoft School of Medicine Department of Psychiatry
 - National Center for Medical Readiness
 - Wright State University College of Nursing and Health
 - Hospice of Dayton
 - Greater Dayton Area Hospital Association
 - Montgomery County Alcohol, Drug Abuse, and Mental Health Services
 - Wright Patterson Mental Health
 - Clark County Combined Health District:
6. Standing Business:
 - a. Website Development: Steve Jez demonstrated the CDMH website template. The committee approved it for implementation with minor adjustments. The website should be active starting in August. The email address, CDMH@gdaha.org is now active and goes directly to Steve's email. He will forward incoming email to the appropriate CDMH member.
 - b. Symposium Planning:
 - 1) Date: 30 October, 2015
 - 2) Location: Miami Valley Hospital, Berry Center.
 - 3) Cost of Symposium:

- a) \$50 for individual sign up by designated date.
- b) \$60 for individual sign up after designated date.
- c) \$40 for group sign up of 3 or more.
- d) \$20 for students.

4) Registration Process: Jill Neitzel reported how registrations will be received by mail or by email, and confirmation of payment by PayPal or Check. A confirmation email will be sent once payment is approved. The committee suggested adding directions for parking and the Berry Center to each confirmation email.

5) Focus of Symposium:

- a) Title: Best Practice in Disaster Mental Health: Professional and Lay Responders
- b) Format: A) Will be vetted by CDMH committee.
B) Will be provided guidelines and expectations.
C) Will maintain continuity with general symposium content.

(1) Morning Keynote: Bethany DeRhodes, MD, Associate Training Director for Hospital Based Services, Department of Psychiatry, Boonshoft School of Medicine, Wright State University, Former Mental Health Flight Commander and Staff Psychiatrist, Misawa Air Force Base 2012.

(2) General Topics for all attendees (1 morning session, 1 afternoon session): To follow a format that will parallel the keynote presentation and support different parts of a disaster.

- Resiliency Matters: Dr. Terry Correll, DO
- Really I'm Fine! Self-Care for the Caregiver: Kriss Haren, MA, MS, LPCC-S,

RHC III

(3) Breakout Sessions: 5 different topics. Attendees will be able to choose 2 presentations by local subject matter experts. 2 or 3 sessions with the most sign-ups will be offered twice. Case studies and round table discussions will be encouraged.

- Post Traumatic Stress Disorder - What can we do after trauma strikes?; Randy Welton, MD

- Providing Spiritual and Emotional Care to Diverse Populations; Lawrence Taylor, MS, MDiv, PhD

- Training Lay Populations in Basic Disaster Mental Health; Jewell Good, MSW, LISW-S, and Sandy Miller, RN

- Dealing with Special Populations; Allison Cowan, MD

-Crisis intervention for First responders; Ryan P. Peirson, MD

(4) Group convenes in auditorium at end of day for Best Practice Review Points and Clinical Pearls from each breakout session.

6) Symposium Agenda:

8:00: Registration and Refreshments
8:30: Welcome: Mark Hubner, MD, Colonel, USAF
8:40: Keynote: “USAF Mental Health Response: 2011 Tōhoku Earthquake and Tsunami”
Bethany DeRhodes, MD
9:55: Travel Break (10 Minutes): Please move to your designated breakout room.
10:05: Morning Breakout Session.
11:05: Travel Break (10 Minutes). Return to the Auditorium.
11:15: Auditorium Presentation for all Attendees: “Resiliency Matters”
Terry L. Correll, D.O.
12:15: Lunch - Provided in Berry 5
Please visit the Community Partner Information Rooms before and/or after lunch.
Please move to your afternoon Breakout Session Room by 1:15
1:15: Afternoon Breakout Session
2:15 Travel Break (15 Minutes): Return to the Auditorium.
2:30: Auditorium Presentation: “Really, I’m Fine!” Self-Care for the Caregiver
Kriss Haren MA, MS, LPCC-S, RHC III
3:30: Best Practice Review Points
Key Points from all Breakout Sessions - Moderator: Randy Welton, MD
4:00: Adjourn, Pick up Continuing Education Certificates.
- Audience: Professionals & non professionals.

7) Additional needs:

(a) Catering and cost at Magnolia (MVH): The catering menu at MVH is being revised. Steve Jez and Andrea Tuttle are coordinating a light breakfast and buffet lunch.

(b) Continuing Education – All CVs are available except 2. Contacts to the speakers will obtain the necessary CVs ASAP and send them to those processing contact hour applications. Also, a Pre and Post Test are required. Contacts to general topic speakers should request 3 main points for each presentation and Randy will form them into the appropriate tests. Randy is also completing conflict of interest forms with each speaker.

- (1) Physicians/Nurses: Randy Welton
- (2) Psychologists: Frank Maher
- (3) Social Workers: Jewel Good and Carrie Rogge
- (4) Counselors: Jewel Good and Carrie Rogge
- (5) Nursing Home/Hospital Administrators: Steve Jez

(c) Get connected table: A table where individuals who are interested in joining the CDMH may receive information.

(d) Miami Valley Pet Therapy: Andrea Tuttle has offered to have a representative from Miami Valley Pet Therapy program available at the conference and provide information on mental health benefits of pet therapy. Regina Shillinglaw, a member of the Miami Valley Pet Therapy Association, will coordinate with Melody McAllister, the MVPTA contact, to coordinate this effort.

(e) Flyer and Brochure distribution. All are requested to use their internet email group lists to distribute the flyers. Approximately 800 brochures have already been handed out to various groups. GDAHA can print more on request. The flyer is on the GDAHA website and will be on the CDMH website.

(1) Minor change needed. As the VA is processing Counselor and Social Worker contact hours for free, they need to be listed as a sponsor.

(2) As contact hours are approved, the approval statements need to be added to the brochure and flyer.

(f) Berry Center:

(1) Registration needs to be held on the Lower Level. Steve will meet with Andrea to develop a map of the breakout rooms, plan registration areas and directional signs. Andrea has suggested to identify STAFF with name tags to be in certain locations to help direct personnel to the conference locations.

(2) Jill will send maps to parking areas to participants when their registration is confirmed.

(3) We will need to test each laptop with available projectors to assure they are functional, as newer models of laptops do not project on older projectors.

(4) Speakers need to send their presentations to Steve at CDMH@gdaha.org at least a week prior to the symposium to pre-load all laptops and have presentation ready to go on the websites.

(5) Free WiFi is available throughout the Berry Center if needed.

(6) Parking tokens can be purchased for participants at a discounted rate.

(g) Breakout Session Coordination: As participant register they will identify which breakout sessions they wish to attend. Jill will annotate this on the Excel Registration sheet which is programmed with “macros” to tally the requests. Jill and Steve will sort this out 1 week before the conference when registration closes, and plan which breakout session goes in which room, per the size. The two lowest requested breakout sessions will only be held once; the three highest requested ones will be held twice. Participants will each receive their own name tag which will indicate to them when and where to attend their breakout session.

c. New/Continued Business:

1) Promote local awareness of CDMH activities: Steve gave an update of CDMH activities at the RMRS meeting this month.

2) Identify other regional emergency preparedness groups and expand coalition: Steve Jez and Sandy Miller will meet with the Champaign and Clark County Coalition this afternoon.

3) Assist with incorporation of Mental Health into regional and local plans. Jewell Good, Frank Maher and Steve Jez have been working on this issue. Frank suggested planning a sub-group meeting together to review plans. Present comments include:

(a) Jewell said the Montgomery County Emergency Support Function #6 looked adequate for ADAMHS.

(b) The Montgomery Fatality plan did not have any mental health mentioned, although it does mention family assistance center. Steve talked to Bob Hunkler, Assistant Coroner, at RMRS on that part of the plan. Frank said the Red Cross would usually support it, but that process is not in the plan.

(c) In the Regional Bio plan, On Page 33 there is a paragraph on Mental Health. Frank and Jewell were a little confused with that section, as there is a lot there. Overall for plans, we should have a standard statement of who to call for assistance, and a contact number. Right now it just says contact the local Mental Health Agency and the All Hazards Coordinator. We would like to see that explained better, as Frank and Jewell don't know who that would be at either of their facilities. Melissa Howell in Greene County is coordinating that plan update.

4) Jewell is working with Montgomery County on updating their Functional Needs Plan.

5) Further considering regional plan review, the group discussion identified CDMH members as "Expert Consultants", as not all are participating in active care at this time. As per the mission of Mental Health "Instruction and Training", Mark Hubner suggested developing a rubric for mental health care for the region, to assist with plan evaluation and development. Karen Phegley and Manna Hubner will develop a research report on Mental Health Best Practices for Emergency Responses, to help CDMH become an information clearinghouse. Discussion also suggested a 5 year plan to guide CDMH regional outreach.

7. Next Meeting: Tuesday, 11 August 2015, 8:30-10:00 at GDAHA.