

San Diego Waves Cross Country Schedule- 2016

Come Race With the Waves!



September

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| 11 | Tecolote Shores | Mission Bay, San Diego |
| 18 | Olivenhain Invitational | RSF Meeting Hall, Encinitas |
| 25 | Flo Jo International | Chollas Lake, San Diego |

October

- | | | |
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| 9 | SDWaves Duck Pond Invitational | Buena Vista Park, Vista |
| 16 | Free Spirit Invitational | Mt. Sac, Walnut |

November

- | | | |
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| 6 | SD Road Runner Meet | Kit Carson Park, Escondido |
| 13 | SD-I Association Championship | Kit Carson Park, Escondido |
| 20 | USATF Region 15 Championship* | Kit Carson Park, Escondido |

December

- | | | |
|----|------------------------------|-----------------|
| 10 | USATF Nat'l JO Championship* | Hoover, Alabama |
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*Must Qualify for USATF Region 15 and Junior Olympic National Championships

For race information go to: sandiegowavesxtc.com

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