

wind
up



THE GRIND

THE DAILY GRIND AND WINE  DOWNTOWN MURPHY, NC



Weekly Events



Wednesdays and Fridays: Live Music (5pm-7pm)

Thursdays: Dart Tournament (5pm) & Jam Session (5pm-7pm)

thedailygrindandwine.com ♦ 828-835-7322 ♦ Downtown Murphy ♦ 46 Valley River Ave



Free Wi-Fi



Follow Us!

COFFEE & BEVERAGES

	12 oz	16 oz
House Brewed Coffee (reg, decaf, or flavor)	1.87	2.34
Single Shot of Espresso	2.25	-
Americano	2.25	3.25
Latte or Cappuccino	3.25	3.75
Mocha	3.75	4.50
Black Cherry Mocha	4.25	4.75
Chai Tea Latte	3.75	4.50
Mtn Macchiato/Blk Mtn Macchiato	4.25	4.75
Hot Chocolate	3.25	3.75
Moo Steamer (steamed milk w/ choice of flavor) ..	3.25	3.75
Italian Soda		2.50
Fruit Smoothie		4.75
Frozen Coffee		4.75
Extra Shot of Espresso		1.00
Add Flavor		0.50
Add Whipped Cream		0.35
Breve or Milk Alternative		0.75
Add Shot of "Bailey's" Irish Cream (21+)		1.25
Iced Coffee		2.34
Tea (regular, passion, or hot)		1.99
Fountain Soda		1.99
Bottled Soda		2.25
Milkshake		5.25
Float		4.25
Alcoholic Float (must be 21)	6.25 -	6.75

BREAKFAST

Breakfast Biscuit...egg & cheese	3.25
w/ choice of sausage or bacon	3.99
Breakfast Croissant...egg, and cheese	5.25
w/ sausage or bacon	5.99
Breakfast Burrito	6.50
sausage or bacon, egg, cheese, and salsa	
Breakfast Bowl	5.25
sausage or bacon, egg, cheese, and gravy	
Biscuit and Gravy	2.75
Bagel with Cream Cheese	2.75
add jelly or butter (add .25)	
add locally made hot pepper jelly (add .89)	
Muffin (variety of flavors)	2.99
Scone (variety of flavors)	2.99
Croissant with Butter & Jelly	2.75
Toast or Biscuit with Butter & Jelly	1.49

KID'S MENU

Grilled Cheese	4.25
PB&J	4.25
Hot Dog (ketchup, mayo, mustard)	4.75

All items on the children's menu are served with choice of chips, grapes, or potato salad (w/bacon).

NEW



GUINNESS BEER BRAT

*a premium bratwurst with a mild & smooth guinness flavor
served on a craft beer hoagie with sauerkraut, spicy mustard
and your choice of side*

ONLY \$7.99



LITE FARE

Pretzels & Craft Beer Cheese

Small Order 5.99

Large Order 8.99

Cheesy Tortilla (w/ side of salsa & sour cream) 5.75

Hummus & Crisps (or Cucumbers) 5.75

Feisty Feta Spread & Crisps 6.25

Spinach & Artichoke Dip & Chips 7.49

Cream Cheese & Hot Pepper Jam & Crackers

Local-made Ma'am's Hot Pepper Jam
spooned over cream cheese w/ crackers 5.75

Gourmet Cheese Board

a selection of featured gourmet cheeses,
paired with salami, crackers, and fruit 9.99

Side of Grapes, Potato Salad (w/bacon), or Chips 1.49

Popcorn 1.99

*Add a spoonful of local-made
Ma'am's Hot Jam to any menu item*

Choose **MILD** Blackberry Roasted Pepper or **HOT** Peach Three Pepper



SALAD & SOUP

Nutty Cheesy Salad ...cranberries, bleu cheese, mixed nuts on a bed of lettuce	7.99
Roast Beef Salad ...with cheddar, onion, cucumber, and tomato on a bed of lettuce	8.99
Turkey Salad ...with cheddar, onion, cucumber, and tomato on a bed of lettuce	8.99
Hummus Salad ...with onion, cucumber, and tomato on a bed of lettuce	7.99
Tuna Salad ...with onion, cucumber, and tomato on a bed of lettuce	7.99
Curry Chicken Salad ...with onion, cucumber, and tomato on a bed of lettuce	7.99
“Taco” Salad ...with a spicy black bean veggie burger, tomatoes, onions, black olives, and cheddar on a bed of lettuce and served with a side of mild salsa and sour cream	8.99
Small Side Salad ...with onion, cucumber, and tomato	3.99

*Dressings: House-Made Ranch, Bleu Cheese,
Italian Vinaigrette, Fat Free Raspberry Vinaigrette,
House-Made Honey Mustard, 1000 Island*

Bowl of the “Soup of The Day”	5.99
Bowl of Soup & Half Sandwich	9.99
choose from: Turkey, Roast Beef, BLT, Veggie, Curry or Tuna on Wheat or Rye	
Bowl of Soup & Side Salad	9.99

CHOOSE BREAD

Ciabatta, Hoagie, Wheat or Rye - Upgrade to croissant (1.00)

OR WRAP

Flour or Tomato Basil

CHOOSE HOT OR COLD

Garden Fresh Veggie... lettuce, tomato, onion, roasted red peppers, cucumber & italian vinaigrette	7.99
Italian... salami, pepperoni, provolone, lettuce, tomato, & italian vinaigrette	9.99
Roast Beef... with swiss cheese, lettuce, tomato, onion, and horseradish sauce	10.99
Turkey BLT... with mayo(BLT - 8.99).....	9.99
Tuna or Curry Chicken... lettuce, tomato, & mayo	8.99
Cuban... carnitas pork, salami, provolone, pickles, mayonnaise, and spicy mustard	10.99
BBQ Pulled Pork	9.99
Reuben... choice of Corned Beef or Turkey , swiss saurkraut & 1000 island dressing	10.49
Spicy Black Bean Burger... provolone, lettuce, tomato, onion, pickle, mayo & italian vinaigrette	9.99
Grilled Cheese... provolone, swiss, & american	7.99

All Entrees served with choice of chips, grapes, or potato salad (w/bacon).

CHOOSE YOUR ADD ONS

- + *Ketchup, Mayo, Reg or Spicy Mustard, Hot Sauce (FREE)*
 - + *Salami, Pepperoni, or Bacon (add 1.00)*
- + *Turkey, Roast Beef, Corned Beef, Pulled Pork (add 2.00)*
 - + *American, Provolone, Swiss, Cream cheese (add .75)*
 - + *Bleu Cheese Crumble (add 1.00)*
 - + *Hummus or Feisty Feta Spread (add 1.50)*
 - + *Black Olives, Roasted Red Peppers, Cucumbers, Onions or Pickles (add .25)*
 - + *Salsa or Sour Cream (add .50)*
 - + *Local-made Ma'am's Hot Jam (add .89)*
- + *Honey Mustard, Ranch, 1000 Island, Bleu Cheese, Italian or Fat Free Raspberry Vinaigrette (add .25)*

Don't Forget the DESSERTS

Pie	4.69
Pie a la mode	5.99
Cookies (pack of two)	1.87
“Brownie Sundae”... a rich, double chocolate muffin warmed & topped w/ whipped cream, chocolate sauce and a side of ice cream	5.99
Ice Cream (waffle cone add .75)	
One Scoop	2.75
Two Scoops	3.75