

Mineral Support



Clinical Applications

- Provides 12 Essential Trace Elements needed for Optimal Health
- Ideal as a Daily Supplement to Help Maintain Healthy Mineral Levels

Mineral Support is ideal for use when mineral replenishment is desired. This product is iron free and utilizes the finest chelated minerals from Albion Advanced Nutrition for optimal absorption.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

Discussion

"Minerals are the basic spark-plugs in the chemistry of life, on which the exchanges of energy in the combustion of foods and the building of living tissues depend." - Dr. Henry Schroeder, a leading authority on trace elements

This iron-free formula contains a comprehensive array of minerals which the body needs in order to sustain life and work properly. The body uses minerals for a wide range of functions, including building strong bones and teeth, making hormones, converting food into energy, transmitting nerve impulses, and helping muscles to contract and relax. Since magnesium is more difficult to obtain in the daily diet, a 1:1 ratio of calcium to magnesium was chosen for this formula (in contrast to many commercially available supplements, which contain more calcium than magnesium).

Understanding Chelated Minerals

Compounds are made up of **two or more elements and chelation** describes how these elements are bonded together. In their natural state, minerals are known as inorganic elements, which means they are not biological in origin. The human body cannot use inorganic minerals directly. It must first convert them to an organic or biological form. During the digestive process, when an inorganic mineral is presented, this conversion process starts to work, chemically bonding the inorganic molecule to an organic molecule. This process is called chelation and the end product is referred to as a chelate. Hence, this chelate becomes an organic compound that can now be absorbed and used by the body.

Unfortunately, many situations can negatively impact the efficiency of our body's natural chelation process, such as interference from dietary fiber and phytates, a non-ideal pH, or certain medications, any of which can cause minerals to pass through unabsorbed. Thus, in reality it can be very difficult to get minerals from food or non-chelated supplements to keep you at optimum health.

To compensate for this, Mineral Support contains minerals in chelated form. The old saying—"you are what you eat"—is only half true. You are what you eat and absorb. Chelated minerals are better absorbed and used in the body.

Mineral Support:

- Ideal as a daily supplement to help maintain healthy mineral levels
- Beneficial for use in mineral replenishment when there are known deficiencies, or for use following medical treatments that may deplete mineral status

***These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**



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Mineral Support



Recommended Use: As a dietary supplement, take three capsules per day, or as directed by your health care practitioner.

Supplement Facts

Serving Size 3 capsules	
Servings Per Container 10	
Amount Per Serving	% Daily Value
Calcium (as DimaCal® Di-Calcium Malate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Di-Magnesium Malate)	200 mg 48%
Zinc (as Zinc Bisglycinate Chelate)	20 mg 382%
Selenium (as Selenium Glycinate Complex)	150 mcg 273%
Copper (TRACS® Copper Bisglycinate Chelate)	2 mg 222%
Manganese (TRACS® Manganese Bisglycinate Chelate)	2 mg 87%
Chromium (TRACS® Chromium Nicotinate Glycinate Chelate)	200 mcg 571%
Molybdenum (TRACS® Molybdenum Glycinate Chelate)	150 mcg 333%
Potassium (as Potassium Glycinate Complex)	150 mg 3%
Boron (as Boroninic Glycine)	2 mg *
Vanadium (TRACS® Vanadium Nicotinate Glycinate Chelate)	100 mcg *

*Daily Value not established.

Other Ingredients: Cellulose (capsule), vegetable stearate, microcrystalline cellulose.

Suggested Use

As a dietary supplement, take three capsules per day, or as directed by your health care practitioner.

Caution

If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.



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