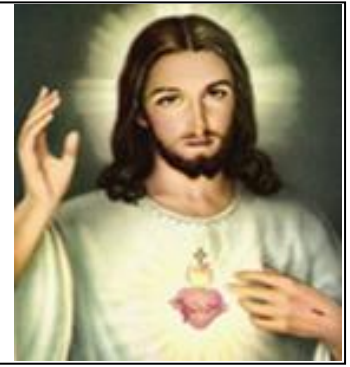




Sacred Heart Parish Preston



322 Bell St, Preston 3072

Phone (03) 9480 3398 or (03) 9484 2124

Email: preston@cam.org.au

Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -2pm

Parish Priest:

Fr Aloysius Nato, SVD
Ph: 0428 715 282

Italian Community Chaplain:

Fr Albano Da Costa, SVD
Ph: 0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Co-ordinator: Ylenia Useli

shpcatechists@gmail.com

Child Safety Committee:

Child Safety Officers:

Robert Dullard: 0433 401 958

Kay Duffy: 0431 376 212

Committee Members:

Mary Harb: 0422 891 324

Teresa Dang : 0434 583 911

Pauline O'Day: 0497 935 593

Parish Council Members:

Gerard Grant (chairperson), Kay Duffy (secretary), Tony Eley, Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna and Natalie Baran

Parish Finance Committee:

Peter Constable (Chair)

Ph: 0425 779 831

St. Vincent de Paul Society:

Stephen Costello (President)

Ph: 0432 405 417

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (*Italian*),

10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9.10am

Healing Mass: 1st Thursday of the month at 1.30pm

Next Healing Mass:

Thursday 10 March 2022

(in lieu of 3 March)

Devotional Practices:

Adoration of the Blessed Sacrament:

Wednesday after 9.10am Mass

Holy Rosary: Thursday (English)

Reconciliation:

30 minutes before Mass or by appointment

Baptisms & Weddings:

By appointment only

First Sunday of Lent (Year C)

Sunday 6 March 2022

Lent a Call to a Change of Heart

The season of Lent is a gift. It offers us time and space to stand back from day to day distractions and look at the “big picture” of our human condition within the horizon of divine Love. Through the Liturgies of Lent over the three year cycle, we survey the whole story of salvation from the dawn of creation to the climax of Jesus’ mission amongst us. Lent is a time for personal as well as group reflection and renewal; a time of entering into the “wilderness” or “desert place” and grappling with the mysteries of life. While deserts are often depicted as uninhabitable, threatening places devoid of the comforts and supports that sustain life, there is another side. A venture into the wilderness can be an opportunity to come to a deeper understanding of our relationships with God and with our fellow human beings.

In Israel’s story, the wilderness was a place of testing for God’s people, but also a journey towards a new communal life.

Luke’s gospel today tells how Jesus, having been baptised by John, is led by the Spirit into the wilderness – there to be tested. The testing is about proper exercise of power and living in the right relationship with the earth and the human family. In the last test Jesus resists the challenge to call on God to deliver him from the trials of life that are to come. He, as God’s anointed one, chooses not to be a person of power but a servant of God’s people.

The temptations Jesus faced urge us to look beyond our superficial problems, indulgences and ambitions, to face the root causes of these failings that can close our hearts to the mercy of God and the hurts and sufferings of others. We are called as individuals, as a community and a broken church, to open our hearts to the Love of God that is ever present within us and with minds, hearts and courage of Christ Jesus, be servants of this Love and compassion to God’s suffering ones.

Yes the time of Lent is a gift.



Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	Saturday 6:00PM Mass - Readers	Saturday 6:00PM Mass - Ministers of Communion
26-Feb-22	Celia Lemos Mary Harb	Terry Murphy
05-Mar-22	Rohan Lemos Renato Tonini	Charlotte Bains
12-Mar-22	Marlene Vergou Teresa Dang	Peter Bourke
	Sunday 10:30AM Mass - Readers	Sunday 10:30AM Mass Ministers of Communion
27-Feb-22	Jessy Thambiraj Ophelia Swai	Ivana Lo Bello
06-Mar-22	Jessica Suppiah Eileen Stevens	Giovanna D'Intino
13-Mar-22	Judeline Wadhvani Ophelia Swai	George McBrien
	Sunday 6:00PM Mass - Readers	Sunday 6:00PM Mass Ministers of Communion
27-Feb-22	Tim Rankin Ylenia Useli	Margaret Rankin
06-Mar-22	Anna Liggieri Margaret Bannan	Damian Casamento
13-Mar-22	Carolina Constable Peter Constable	Robert Dullard



Cleaning Roster: Saturday 12 March 2022

Volunteers

Thank you for your hard work



WE PRAY FOR:

The elderly and the sick

Our parishioners, family members and friends
That they may be blessed with constant care, attention and respect.

Those who have died recently

Sirinad (RIP 26/2)

We Commemorate

Maria Stella (1 month)

Maria Santalucia (2nd Anniv.)

Giuseppe Passalacqua

Giovanni Pizzato

Rosario and Maria Talarico.

O Lord, may perpetual light shine upon them.

May they rest in peace. Amen.



Dates to Remember

Thursday 10 March, 1:30pm

Healing Mass in lieu of 3 March

All Fridays during Lent:

Stations of the Cross – 6:30pm



Feasts / Memorials of the week:

Monday 7 March

Collect: *Ss Perpetua and Felicity*

Tuesday 8 March

Collect: *St John of God*

Wednesday 9 March

Collect: *St Francis of Rome*



Welcome before Baptism

The Sacred Heart community welcomes
Selina Perry & Eleanor Athaide,
in preparation for their Baptisms on
6 March & 20 March respectively.



Baptism Congratulations

The community of Sacred Heart Parish
congratulates

Selina Perry & Matteo Velardi
for their Baptisms on 6 March 2022.



Last Week's Collection: 27/2/22

1st Collection for our Church: \$663
2nd Collection for support of clergy: \$428
Direct Debit for February (total): \$865
Thank you for your kind generosity!



SYNOD OF BISHOPS

FEBRUARY 2022

SYNOD OF BISHOPS: Have you taken up Pope Francis' invitation to participate in a global conversation about the Catholic Church? People around the world have been participating in an international conversation about the Catholic Church. You are invited to join the discussion, helping shape a major global meeting in 2023. You have **two** weeks to make a submission to your local consultation for the international Synod on Synodality, calling the People of God to walk together in our mission as Christians. The deadline for online submissions in the local consultation for the international Synod on Synodality is Sunday, 13 March. Find out more at:

<https://catholic.org.au/synodalchurch>



INFORMATION SESSION - PERMANENT DIACONATE

DO YOU FEEL LIKE BEING CALLED TO SERVE?

The Permanent Diaconate is open to single and married men who want to serve God and the Church as ordained ministers.

COME & SEE! An Information Session about the Permanent Diaconate will be held on Saturday 2 April 2022, 10:00 -11.45 am at the Catholic Theological College (CTC), East Melbourne.

For more information:

A new Vocations website is under development; however the links below (copy, then paste) are working.

Watch: Melbourne's Deacons: <https://youtu.be/q2RhNDbtTS0>

Watch: Pope Francis' 2020 Prayer Intention for Deacons:

<https://youtu.be/NuG99HD1LaY>

Read More: [Brochure] <https://www.cam1.org.au/permanent-diaconate>

Contact: Office of the Permanent Diaconate (Phone) 03 9412 335

(Email) diaconate@cam.org.au



Book & Plant Sale

The Missionary Sisters of St Peter Claver will hold a Book & Plant Sale, Saturday 26 March 9 am – 2 pm. at 154 Cotham Road Kew. Proceeds from the Sale will go to assist the many needs of the missions. Enquiries: Phone 9817 3715

PLEASE TAKE THE BULLETIN HOME

A Prayer for Ukraine

Gracious God,

we pray for the people of Ukraine suffering from war.

May they be held in your loving care and protection and given the strength to endure their suffering and hardship.

Transform the hearts and minds of those who perpetuate the violence and oppression.

Grant wisdom to world leaders in advancing efforts toward peace; may they not be compromised by self-interest and blind indifference.

We ask all this through the intercession of Our Lady of Perpetual Help and in the name of your Son Jesus, and the Holy Spirit, now and forever. Amen.



THOUGHTS FROM POPE FRANCIS



The alliance between the two extreme generations of life – children and the elderly – also helps the other two – young people and adults – to bond with each other, to make everyone's existence richer in humanity..



LAUDATO SI':

ON CARE FOR OUR COMMON HOME

Dear Sacred Heart community,

Thank you for joining #LaudatoSiLent! During this time of fasting and renewal, Catholics around the world are embarking upon a journey of ecological conversion through reflection, repentance, and renewal. Together.

We have ruptured our relationship with creation, and we will express our sorrow for our actions. But by committing to concrete changes, we'll reduce our ecological footprint and inspire our sisters and brothers around the world to join us in this conversion process!

You will receive weekly reminders and ideas about how you can live this journey of ecological conversion, including opportunities to connect with others through retreats, webinars, and prayer services.

Throughout #LaudatoSiLent, you'll also find suggested activities on the Lenten calendar. Each week will feature a "mini-fast" that will help all of us reduce our ecological footprint and reflect on our relationship with God and all creation.

You're encouraged to walk this journey with friends. A communal conversion is needed. We cannot do this alone!

Join our Laudato Si' Circle.

Thank you again for joining this journey of hope.

Blessings, Christina Leano: Global Catholic Climate Movement.



Project Compassion Sunday - 26 & 27 February 2022

Anatercia 12, was struggling to cope with adult responsibilities after her father died. Then she participated in Caritas Australia-supported training and gained access to psychosocial supports. Now, her quality of life has improved and she can focus on school.

Please donate to Project Compassion 2022 to help young people succeed in the future and bring stability to vulnerable youth like Anatercia.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations. You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting lent.caritas.org.au, or by calling 1800 024 413



A Spiritual Afternoon with St Joseph

St Gabriel's Parish, Reservoir, invites you to a spiritual afternoon with St Joseph, **2-5pm Sunday 20 March 2022**. The afternoon will include two talks given by Anna Krohn and Sr Mary Sarah OP on different aspects of the life of St Joseph, Litany of St Joseph, Eucharistic Adoration, Benediction, and afternoon tea. All welcome! Entry by donation. For more information and to register go to www.sapientiproject.com, or call St Gabriel's Parish Office on 9460 6036.

Lenten Regulations

Ash Wednesday and Good Friday are days of Fasting and abstinence from meat.

On all other Fridays, except solemnities, the law of the common practice of penance is fulfilled by performing any one of the following:

- (a) **Prayer:** e.g., Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the Rosary; or in other ways.
- (b) **Self Denial:** e.g., not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country or elsewhere; or in other ways. Project compassion is a major means of expressing our self-denial in Australia.
- (c) **Helping Others:** e.g., special attention to someone who is poor, sick, elderly, lonely or over-burdened; or in other ways.
 - * All who have completed their 18th year and have not yet begun their 60th year are bound to fast. All who have completed their 14th year are bound to abstain. (Canon 1252)
 - * The Season of Lent is a time of penance. During Lent the faithful are exhorted to devote themselves in a special manner to prayer, to engage in works of piety and charity, and to deny themselves.
 - * Each of the faithful is obliged to receive Holy Communion at least once a year. This precept must be fulfilled between Ash Wednesday, 2 March 2022 and Trinity Sunday 12 June 2022 unless for a good reason it is fulfilled at another time during the year.
 - * The wonderful gift of the Lord's merciful love is offered in a special way in the Sacrament of Reconciliation. Lent is a most appropriate time to receive this Sacrament. All faithful who have reached the age of discretion are bound faithfully to confess their grave sins at least once a year.



Mission Spirituality Forum

The fruits of "Mission: One Heart, Many Voices"

When: Thursday April 28 3.30 pm – 5.00 pm

Where: To register please go to:

<https://forms.gle/NSMhcW5qRzDcf7Xy7>

(refer to notices in Church foyer for more information)

Joke Corner

John Smith, a Protestant, moved into a large Catholic neighbourhood. On the first Friday of Lent, John was outside grilling a big juicy steak on his barbecue. Meanwhile, his neighbours were eating cold tuna for supper. This continued each Friday during Lent. On the last Friday of Lent the local families came together and decided that something had to be done about John, as he was tempting them to eat meat each Friday during Lent and they couldn't take it anymore.

They decided to try and convert him to Catholicism. They were thrilled when he decided he would become a Catholic. They took him to church and the priest sprinkled some holy water over him and said, "You were born a Baptist, you were raised a Baptist and now you are a Catholic". Now that their biggest Lent temptation was resolved, the local families were relieved.

Next year's Lent soon rolled around. The first Friday of Lent came and at dinner time when the neighbourhood was settling down to their fish dinners there was a wafting smell of steak cooking on a barbecue. The families nearby could not believe their noses! What was going on? They called each other up and decided to meet over in John's yard to see if he had forgotten it was Lent.

The group arrived just in time to see John standing over his grill with a small jug of water. He was pouring small droplets over his steak on the grill and saying, "You were born a cow, you were raised a cow, and now you are a fish."

ENTRANCE ANTIPHON

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

PENITENTIAL ACT

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

And, striking their breast, they say:
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-
Virgin, all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, / and on
earth peace to people of good will. / We
praise you, / we bless you, / we adore
you, / we glorify you, / we give you
thanks for your great glory, / Lord God,
heavenly King, / O God, almighty
Father. / Lord Jesus Christ, Only
Begotten Son, Lord God, Lamb of God,
Son of the Father, / you take away the
sins of the world, / have mercy on us; /
you take away the sins of the world, /
receive our prayer; / you are seated at
the right hand of the Father, / have
mercy on us. / For you alone are the
Holy One, / you alone are the Lord, /
you alone are the Most High, / Jesus
Christ, / with the Holy Spirit, / in the
glory of God the Father. / Amen.

FIRST READING

Deuteronomy 26:4-10

Moses said to the people: 'The priest shall
take the panner from your hand and lay it
before the altar of the Lord your God.
Then, in the sight of the Lord your God,
you must make this pronouncement:
"My father was a wandering Aramaean.
He went down into Egypt to find refuge
there, few in numbers; but there he
became a nation, great, mighty, and
strong. The Egyptians ill-treated us, they
gave us no peace and inflicted harsh
slavery on us. But we called on the Lord,
the God of our fathers. The Lord heard our
voice and saw our misery, our toil and our
oppression; and the Lord brought us out of
Egypt with mighty hand and outstretched
arm, with great terror, and with signs and
wonders. He brought us here and gave us
this land, a land where milk and honey
flow. Here then I bring the first-fruits of
the produce of the soil that you, the Lord,
have given me."

'You must then lay them before the Lord
your God, and bow down in the sight of
the Lord your God.'

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 90(91):1-2,10-15

The Response Is:

Be with me, Lord, when I am in trouble.

He who dwells in the shelter of the Most
High and abides in the shade of the
Almighty says to the Lord: 'My refuge,
my stronghold, my God in whom I trust!'

Be with me, Lord, when I am in trouble.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

Be with me, Lord, when I am in trouble.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the
dragon.

Be with me, Lord, when I am in trouble.

His love he set on me, so I will rescue
him; protect him for he knows my name.
When he calls I shall answer: 'I am with
you,' I will save him in distress and give
him glory.

Be with me, Lord, when I am in trouble.

SECOND READING

Romans 10:8-13

Scripture says: The word (that is the faith
we proclaim) is very near to you, it is on
your lips and in your heart. If your lips
confess that Jesus is Lord and if you
believe in your heart that God raised him
from the dead, then you will be saved. By
believing from the heart you are made
righteous; by confessing with your lips
you are saved. When scripture says: those
who believe in him will have no cause for
shame, it makes no distinction between
Jew and Greek: all belong to the same
Lord who is rich enough, however many
ask his help, for everyone who calls on the
name of the Lord will be saved.

The Word of the Lord

All: Thanks be to God.

*Please stand for the Gospel
Acclamation.*

GOSPEL ACCLAMATION

**Praise to you, Lord Jesus Christ, king of
endless glory!**

No one lives on bread alone,
but on every word that comes from the
mouth of God.

**Praise to you, Lord Jesus Christ, king of
endless glory!**

GOSPEL

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the
Jordan and was led by the Spirit through
the wilderness, being tempted there by the
devil for forty days. During that time he
ate nothing and at the end he was hungry.
Then the devil said to him, 'If you are the
Son of God, tell this stone to turn into a
loaf.' But Jesus replied, 'Scripture says:
Man does not live on bread alone.'

Then leading him to a height, the devil
showed him in a moment of time all the
kingdoms of the world and said to him, 'I

will give you all this power and the glory
of these kingdoms, for it has been
committed to me and I give it to anyone I
choose. Worship me, then, and it shall all
be yours.' But Jesus answered him,
'Scripture says:

You must worship the Lord your God,
and serve him alone.'

Then he led him to Jerusalem and made
him stand on the parapet of the Temple.
'If you are the Son of God,' he said to him
'throw yourself down from here, for
scripture says:

He will put his angels in charge of you
to guard you,
and again:

They will hold you up on their hands
in case you hurt your foot against a stone.'
But Jesus answered him, 'It has been said:
You must not put the Lord your God to
the test.'

Having exhausted all these ways of
tempting him, the devil left him, to return
at the appointed time.

The Gospel of the Lord.

**All: Praise to you, Lord Jesus
Christ.**

PROFESSION OF FAITH

APOSTLES' CREED

I believe in God, / the Father almighty,
/ Creator of heaven and earth, / and in
Jesus Christ, his only Son, our lord, /
who was conceived by the Holy Spirit,
/ born of the Virgin Mary, / suffered
under Pontius Pilate, / was crucified,
died and was buried; / he descended
into hell; / on the third day he rose
again from the dead; / he ascended
into heaven, / and is seated at the right
hand of God the Father almighty; /
from there he will come to judge the
living and the dead. / I believe in the
Holy Spirit, / the holy catholic Church,
/ the communion of saints, / the
forgiveness of sins, / the resurrection
of the body, / and life everlasting.
Amen.

RESPONSE TO PRAYERS OF THE FAITHFUL:

Lord, hear our prayer.

THE MEMORIAL ACCLAMATION

Save us, saviour of the world,
for by your cross and resurrection
you have set us free.

COMMUNION ANTIPHON

One does not live by bread alone,
but by every word that comes forth from
the mouth of God.