



"My One Good Nerve" is an exuberant collection of writings in the down-home tradition by that incomparable icon of the human spirit, Ruby Dee. Married for 50 years to fellow actor Ossie Davis, Dee has led an astonishingly full life. But she has never forgotten where she comes from as an African American woman. Fans who have admired and drawn strength over the years from Dee's outspoken human rights advocacy and unforgettable characters are rewarded here with many glimpses into her memories and convictions. This book is an inspiration and a blessing.