

Olney Cross Country Club

Cross Country Meet

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| Date: | Sunday September 24th, 2017 | | |
| Location: | Agriculture Center 18400 Muncaster Road | | |
| Meet Sponsor: | Olney CC Club | | |
| Meet Director: | Anne Forsha (301)-330-0590 (email: josephforsha@comcast.net) Gretchen Triantos (301)774-3490 | | |
| Participation Fee: | \$5.00 per athlete | | |
| Awards: | Top 15 individuals per event will receive awards | | |
| Registration: | 11:45 AM | | |
| Course Walk: | 12:30 PM | | |
| Order of Events: | 6 & Under | 1:15PM | 1K |
| ALL TIMES | 8 & Under | 1:45PM | 2K |
| ARE APPROXIMATE | 9 – 10 | 2:15PM | 3K |
| | 11 – 12 | 2:45PM | 3K |
| | 13 – 14 | 3:15PM | 4K |

Note: If there are too many athletes per age group the boys will start first followed 1 minute later by the girls. The Agriculture Center has bathroom facilities. However, there are no accommodations available for refreshments. Coaches, parents and athletes are encouraged to bring snacks & sufficient fluids (hot & cold) to meet their needs.

Directions: From Howard County: Follow Rt 108 toward Olney. Proceed past Olney and continue to about 1 mile past Johnson's Nursery and turn left at the traffic light onto Muncaster Road. Follow Muncaster Road and turn right on Farm Park Access Road (18400 Muncaster Road). From the entrance go straight for ½ mile to the parking lot. Watch out for the speed camera!!

From I-270: Stay on I-270 until you get to the exit for I-370 (also marked for the Metro). On I-370 you will want to be in one of the left-hand lanes. The two right hand lanes end as "off-ramps". From the I-270/I-370 junction you will travel about 2 ^{1/2} miles before you get off at the exit marked "Shady Grove Road East". Follow Shady Grove road about 2 miles. Turn right onto Muncaster Mill (MD 115). At the first light (McDonald's/7-11) turn left on to Muncaster Road. Follow Muncaster Road for 1.2 miles. Turn left on Farm Park Access Road (18400 Muncaster Road). From the entrance go straight for ½ mile to the parking lot.