

NIKISKI SENIOR CENTER

July 2018 LUNCH MENU

Mon	Tue	Wed	Thu	Fri
2 Pancakes Bacon/Sausage Homefries Scrambled Eggs Oatmeal/Grits	3 Taco Bar Spanish Rice Refried Beans	4 CLOSED FOR INDEPENDENCE DAY	5 Meatloaf Mashed Potatoes Veggies <i>National Apple Turnover Day</i>	6 Philly Cheese Steak French Fries
9 Waffles Bacon/Sausage Hash Browns Scrambled Eggs Oatmeal/Grits	10 Tuna Noodle Casserole Garlic Bread Veggies	11 Fried Chicken Mashed Potatoes Veggies Split the Pot	12 Egg Rolls Fried Rice BBQ Pork Chow Mein	13 Fish & Chips Mac n Cheese
16 Biscuits & Gravy Scrambled Eggs Bacon/Sausage Oatmeal/Grits	17 Chile Rellenos Rice Refried Beans Veggies	18 Fried Chicken Mashed Potatoes Veggies Split the Pot	19 Ham Scalloped Potatoes Veggies	20 Reubens Tator Tots
23 French Toast Homefries Scrambled Eggs Bacon/Sausage Oatmeal/Grits	24 Hamburgers French Fries Corn on Cob	25 Fried Chicken Mashed Potatoes Veggies Split the Pot	26 Chicken Fried Steak Mashed Potatoes Veggies	27 Chicken Tenders Onion Rings
30 Pancakes Bacon/Sausage Hash Browns Scrambled Eggs Oatmeal/Grits	31 Liver & Onions Kielbasa Rice Veggies			

SOUP OF THE DAY/SALAD BAR AVAILABLE DAILY

Monday –Thursday: Salad Bar starts at 11:30 am—Main Meal starts at 12 pm and ends at 1pm

Friday: Salad Bar and Main Meal start at 11:30 am and ends at 12:30 pm

MENU SUBJECT TO CHANGE WITHOUT NOTICE and Friday Salad bar is limited