

Linn-Mar Girls Wrestling 2024-2025

September 2024						
◀ August	September 2024					October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day	3	4	5	6	7
8	9	10 Open Room- 4pm	11	12 Open Room- 4pm	13	14
15	16	17 Open Room- 4pm	18	19 Open Room- 4pm	20	21
22	23	24 Open Room- 4pm	25 Homecoming Parade LMWC Float 5:15pm	26 Open Room- 4pm	27	28
29	30					

◀ September

October 2024

November ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Open Room- 4pm	2	3 Open Room- 4pm	4	5
6	7	8 Open Room- 4pm	9	10 Open Room- 4pm	11	12
13	14 Body Composition Testing	15 Open Room- 4pm	16	17 Open Room- 4pm	18	19
20	21	22 Open Room- 2pm	23 Parent/Athlete Meeting 6:00pm Lecture Hall	24 Open Room- 2pm	25 Poster Pictures 11:30am @ Amy White Photography	26
27	28	29 Open Room- 4pm	30	31 Open Room- 4pm		

◀ October		November 2024					December ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2	
3	4 First Practice- Wrestling Room 4:15pm No School	5 Practice- Wrestling Room 4:15pm No School	6 Practice- Wrestling Room 4:15pm	7 Practice- Wrestling Room 4:15pm	8 Practice- Wrestling Room 4:15pm	9 Practice- Wrestling Room 8:00am	
10	11 Practice- Wrestling Room 4:15pm	12 Practice- Wrestling Room 4:15pm	13 Practice- Wrestling Room 4:15pm	14 Practice- Wrestling Room 4:15pm	15 Practice- Wrestling Room 4:15pm	16 Practice- Wrestling Room 8:00am	
17	18 Independence JV Tournament JV-5:30pm Practice-Aux Room 4:15pm	19 Practice-Aux Room 4:15pm	20 Practice-Aux Room 4:15pm	21 @ CR Xavier JV-6:15pm V-7:00pm	22 Practice-Aux Room 4:15pm *Roll up Aux Gym Mats*	23 Independence Tournament V-9:00am	
24	25 Practice-Aux Room 4:15pm	26 Midland Tournament JV-3:30pm Practice-Aux Room 4:15pm *Roll up Aux Gym Mats*	27 Practice- Wrestling Room 10:00am No School	28 Thanksgiving Day No Practice No School	29 Practice- Wrestling Room 2:00 pm Practice Set-Up Mats in Main Gym	30 Linn-Mar Girls Dual Tournament V-10:00am	

◀ November		December 2024					January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 CR Kennedy @ Home JV-6:00pm V-7:15pm	3 Practice-Aux Room 4:15pm	4 Practice-Aux Room 4:15pm *Roll up Aux Gym Mats*	5 Dan Gable Donnybrook V-12:00pm	6 Dan Gable Donnybrook 8:00am	7 No Practice -V/JV-Dan Gable Donnybrook Table Workers	
8	9 Williamsburg Tournament JV-4:00pm Practice-Aux Room 4:15pm	10 Practice-Aux Room 4:15pm	11 Practice-Aux Room 4:15pm	12 @Dubuque Senior (B/G) JV-6:15pm V-7:00pm	13 Practice-Aux Room 4:15pm	14 Williamsburg Duals V-10:00am	
15	16 IC West @ Home JV-6:00pm V-7:15pm 2lb Growth Allowance	17 Practice-Aux Room 4:15pm	18 Practice-Aux Room 4:15pm *Roll up Aux Gym Mats*	19 Battle of Waterloo V-9:00am	20 Practice-Aux Room 2:15pm 2 Hr Early Dismissal	21 CR Prairie Tournament V/JV-8:00am	
22 LMWC Developmental Tournament 10am-4pm	23 No Practice No School	24 No Practice No School	25 Christmas No Practice No School	26 No Practice No School	27 No Practice No School	28 Practice-Wrestling Room 10:00am	
29	30 Practice-Wrestling Room 10:00am	31 Practice-Wrestling Room 10:00am					

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day No Practice	2 Practice-Wrestling Room 10:00am	3 Practice-Wrestling Room 10:00am *LMWC Endowment Fundraiser-X-Golf	4
5	6 Practice-Aux Room 4:15pm	7 Practice-Aux Room 4:15pm	8 Practice-Aux Room 4:15pm *Roll up Aux Gym Mats*	9 Western Dubuque @ Home (B/G) JV-5:00pm V-6:30pm	10 Practice-Wrestling Room 2:00pm 2 Hr Early Dismissal	11 Anamosa Tournament V-10:00am *Wrestling Social at Fieldhouse-1 st Ave. 7pm
12 LMWC Youth Wrestling Tournament 8am-12pm 12pm-4pm	13 Practice-Aux Room 4:15pm No School	14 Practice-Aux Room 4:15pm	15 Practice-Aux Room 4:15pm	16 @ IC Liberty (B/G) JV-6:00pm V-7:00pm	17 Ankeny Tournament V-5:00pm	18 No Practice
19	20 Practice-Aux Room 4:15pm No School	21 Practice-Aux Room 4:15pm	22 Practice-Aux Room 4:15pm	23 Practice-Aux Room 4:15pm	24 Practice-Aux Room 4:15pm	25 MVC Conference Tournament @IC Liberty V-10:00am
26	27 Crandic JV Tournament @CR Prairie JV-5:00pm	28 Practice-Aux Room 4:15pm	29 Practice-Aux Room 4:15pm	30 Practice-Aux Room 4:15pm	31 Regionals @ TBD V-10:00am	

◀ January		February 2025					March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3 Practice-Aux Room 4:15pm	4 Practice-Aux Room 4:15pm	5 Practice-Aux Room 4:15pm *Roll up Aux Gym Mats*	6 State Wrestling Tournament @ Xstream Arena, Coralville V-TBD	7 State Wrestling Tournament @ Xstream Arena, Coralville V-TBD	8	

