**The Country Playhouse Academy**

**Menu**

**January 20-24 , 2020**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| * Raisin Bran Cereal * Orange Slices(1) * Milk | * Waffles w/ Syrup * Fruit Cocktail * Milk | * Oatmeal * Mixed Berries * Milk | * Hard Boiled Eggs * Hash browns w/Bacon * Mixed Melon * Milk | * Life Cereal * Bananas * Milk |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| * Hammy Cheesy Macaroni * Green Beans * Apple Sauce * Milk | * Chicken & Vegetable Teriyaki * Mixed Brown and White Rice * Pineapple(2) * Milk | * Tuna on Whole Wheat(4) * Corn(5) * Mandarin Orange * Milk | * Meatloaf * Mashed Potatoes w/ gravy * Peaches * Milk | * Turkey, Bean and Vegetable Chili * Corn Bread * Tropical Fruit * Milk |
| Snack 1 | Snack 1 | Snack 1 | Snack 1 | Snack 1 |
| * Yogurt * Graham Crackers * Water | * Tortilla Chips(3)\* * Refried Bean and Salsa Dip * Water | * Apple Slices(6) * Cheez-It Crackers * Water | * String Cheese * Grapes(7)\* * Water | * Cereal Fruit Bars * Milk |
| Snack 2 | Snack 2 | Snack 2 | Snack 2 | Snack 2 |
| * Saltine Crackers * Apple Juice | * Ritz Crackers * Ham Slices * Water | * Cheddar/Jack Cheese Sticks * Club Crackers * Water | * Wheat Thin Crackers(8) * Orange Slices * Water | * Chex Mix * Orange Juice |

Menu #6

Infant substitution :( ) (1)Mandarins (2)Club Crackers (3)Cheese (4) Apple Sauce (5)Fruit Cocktail (6)Goldfish Crackers (7)Mixed Fruit

Toddle substitution: \*