**The Country Playhouse Academy**

 **Menu**

 **January 20-24 , 2020**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| * Raisin Bran Cereal
* Orange Slices(1)
* Milk

  | * Waffles w/ Syrup
* Fruit Cocktail
* Milk
 | * Oatmeal
* Mixed Berries
* Milk
 | * Hard Boiled Eggs
* Hash browns w/Bacon
* Mixed Melon
* Milk
 | * Life Cereal
* Bananas
* Milk

  |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| * Hammy Cheesy Macaroni
* Green Beans
* Apple Sauce
* Milk
 | * Chicken & Vegetable Teriyaki
* Mixed Brown and White Rice
* Pineapple(2)
* Milk
 | * Tuna on Whole Wheat(4)
* Corn(5)
* Mandarin Orange
* Milk
 | * Meatloaf
* Mashed Potatoes w/ gravy
* Peaches
* Milk
 | * Turkey, Bean and Vegetable Chili
* Corn Bread
* Tropical Fruit
* Milk
 |
| Snack 1 | Snack 1 | Snack 1 | Snack 1 | Snack 1 |
| * Yogurt
* Graham Crackers
* Water
 | * Tortilla Chips(3)\*
* Refried Bean and Salsa Dip
* Water
 | * Apple Slices(6)
* Cheez-It Crackers
* Water
 | * String Cheese
* Grapes(7)\*
* Water
 | * Cereal Fruit Bars
* Milk
 |
| Snack 2 | Snack 2 | Snack 2 | Snack 2 | Snack 2 |
| * Saltine Crackers
* Apple Juice
 | * Ritz Crackers
* Ham Slices
* Water

  | * Cheddar/Jack Cheese Sticks
* Club Crackers
* Water
 | * Wheat Thin Crackers(8)
* Orange Slices
* Water
 | * Chex Mix
* Orange Juice

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Menu #6

 Infant substitution :( ) (1)Mandarins (2)Club Crackers (3)Cheese (4) Apple Sauce (5)Fruit Cocktail (6)Goldfish Crackers (7)Mixed Fruit

 Toddle substitution: \*