

Graymoor Pilgrimage & Day of Reflection

Our Lady of the Atonement Retreat House
41 Old Highland Turnpike * Garrison NY 10524



October 1-4, 2019

3 Nights / 4 Days

\$400

**\$200 advance deposit required !
Final payment due September 1 !
No refunds after September 1 !**

Price includes 3 nights lodging,
Meals (except while enroute) and
round-trip bus transportation

Reserve Your Spot Today!
Call 301-821-5967 or email
cindy.perry@hotmail.com

Departing at 10:00 a.m. Tuesday, October 1, 2019
Returning at 9:00 p.m. Friday, October 4, 2019
Washington Retreat House
4000 Harewood Road NE
Washington DC 20017

Detach here

REGISTER TODAY !!! SPACE IS LIMITED !!!

Name: _____

Address: _____

Telephone: _____ **Email:** _____

Amount Enclosed: _____ **Amount Due:** _____

Checks may be made payable and sent to the "Women's Retreat League"

4000 Harewood Rd NE Washington DC 20017

Sponsored by the Women's Retreat League of the Archdiocese of Washington
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Draft Itinerary

Oct 1	Day 1	10:00 a.m.	Depart from Washington Retreat House
		12:00 p.m.	Lunch Stop (lunch at your expense)
		1:00 p.m.	Resume Travel
		5:30 p.m.	Arrive and Check-In @ Graymoor
		6:00 p.m.	Dinner
		7:00 p.m.	Welcome / Orientation
		7:30 p.m.	Personal / Quiet Time
Oct 2	Day 2	8:00 a.m.	Breakfast
		9:00 a.m.	Morning Prayer (OLA Chapel)
		9:30 a.m.	Personal / Quiet Time
		10:00 a.m.	Conference #1
		11:00 a.m.	Break
		11:00 a.m.	Mass (St. Francis Chapel-Motherhouse)
		12:00 p.m.	Lunch
		1:15 p.m.	Rosary (Our Lady of the Atonement Shrine *)
		2:00 p.m.	Conference #2
		3:00 p.m.	Personal / Quiet Time
		4:45 p.m.	Evening Prayer (St. Francis Chapel-Motherhouse)
		5:15 p.m.	Personal / Quiet Time
		6:00 p.m.	Dinner
		7:00 p.m.	Social / Movie (optional)
		9:00 p.m.	Personal / Quiet Time
Oct 3	Day 3	8:00 a.m.	Breakfast
		9:00 a.m.	Morning Prayer (St. John's Church)
		9:30 a.m.	Tour of Our Lady's Chapel and FSA Museum
		10:30 a.m.	Break
		11:00 a.m.	Mass and Induction (St. Francis Chapel-Motherhouse)
		12:00 p.m.	Lunch
		1:15 p.m.	Rosary (Mother Lurana's Well *)
		1:45 p.m.	Board bus for Graymoor Tour
		2:00 p.m.	Visit to Our Lady of Poverty
		2:30 p.m.	Visit St. Anthony Shrine
		3:00 p.m.	Visit Friary Gift Shop (1350 Route 9, Garrison, NY)
		3:30 p.m.	Visit Graymoor Thrift Shop
		4:00 p.m.	Return To Retreat House
		4:15 p.m.	Break
		4:45 p.m.	Evening Prayer (St. Francis Chapel-Motherhouse)
		5:15 p.m.	Personal / Quiet Time
		6:00 p.m.	Dinner
		7:00 p.m.	Transitus Observance (St. Francis Chapel-Motherhouse)
		8:00 p.m.	Social (St. Francis Convent--Dining Room)
		9:00 p.m.	Personal / Quiet Time
Oct 4	Day 4	7:45 a.m.	Check Out / Bring Luggage to Conference Room
		8:00 a.m.	Breakfast
		9:00 a.m.	Morning Prayer (OLA Chapel)
		9:30 a.m.	Sister's Gift Shop
		11:00 a.m.	Mass (St. Francis Chapel-Motherhouse)
		12:30 p.m.	Lunch
		2:00 p.m.	Depart for Washington Retreat House
		6:00 p.m.	Dinner (dinner at your expense)
		7:00 p.m.	Resume Travel
		9:30 p.m.	Arrive at Washington Retreat House

* In the event of inclement weather, this activity will be held in the OLA Chapel

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