



GROUP FITNESS SCHEDULE – Effective June 26, 2017

16910 SR 507 Yelm, WA 98597

(360) 400 - 4000

MORNING	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday
8:30 AM		 Megan				7:00 AM	 Ashley
9:00 AM	 Megan		 Ashley	 Christine	 Ashley	8:00 AM	 Megan
9:30 AM		 Christine				Classes are 1 Hour Express Classes are 30 Minutes	
10:00 AM				 Roxi		"Like" us on Facebook for class schedule updates:  www.Facebook.com/YelmFitStop24	
EVENING	Monday	Tuesday	Wednesday	Thursday	Friday		
6:00 PM	PLEASE NOTE: EVENING CLASSES WILL RETURN IN FALL. HAVE A GREAT SUMMER!					For updated schedules and class descriptions please visit us on our website:  WWW.FITSTOP24.COM	