



SUNDAY
DEC. 2ND, 2018 @ 5PM
VINTON FIRE STATION
 (LOCATED AT 201 E. 2ND STREET)

Proceeds to benefit:
CROSS COUNTRY
 AND
TRACK TEAMS



Entry Form

Please complete a separate form for each person.

Name & Phone # _____

Address: _____

Email: _____ Age: _____ Gender: M or F

In case of emergency, notify _____
 Name & Phone # _____

T-shirt Sizes: Youth: S (6-8) M (10-12) L (14-16)
 Adult: S M L XL 2XL 3XL

- | | |
|---|--|
| ☐ \$25 Open Registration with
Gildan 50/50 short sleeve t-shirt | ☐ \$15 Kids Registration 12 & Under
with Gildan 50/50 short sleeve t-shirt |
| ☐ \$30 Open Registration with
Sport-tek wicking mens t-shirt | ☐ \$30 Open Registration with
Sport-tek wicking ladies t-shirt |

DEADLINE FOR REGISTRATIONS - FRIDAY, NOVEMBER 23RD.

- ☐ \$30 Day of Registration available 4:00 pm - 4:45 pm (shirt not guaranteed)

Packet Pick up day of race - Sunday, Dec. 2nd 4:00 pm - 4:45 pm at Fire Station.

Make checks payable to: VS Cross Country/Track & Field

Mail to : Heather Kalous
 1911 59th Street
 Vinton, IA 52349

RELEASE OF LIABILITY

All runners run at their own risk and accept any responsibility of injury before, during, or after this run. By signing this form, you relinquish the Vinton Shellsburg Community School District, the City of Vinton, and anyone directly in charge of this run responsible for harm or injury.

I agree to the above and will solely be responsible for myself and/or my child in case of injury.

Runner's Signature (Parent if under 18)

SPECIAL THANKS TO OUR SPONSORS:

