

Barry G. Campbell CEO and Founder

# VQLAN NEWSLETTER

DECEMBER 2010

VETERANS QUALITY OF  
LIFE  
ACCESS NETWORK INC.

Volume II Issue III  
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# THE RAPING OF AMERICA'S VETERANS



**Plus!** YOU DON'T HAVE  
TO BE RAPED TO BE  
SEXUALLY HARRASSED

# TRUE CONFESSIONS INSIDE

TRUTH

NEW MILLENNIUM ORGANIZATION!



## THE RAPING OF AMERICA'S VETERANS —True Confessions Inside



**CEO BARRY G. CAMPBELL**

### **YOU DON'T HAVE TO BE RAPED for SEXUAL HARRASSMENT**

After 30 years working in the VA and still no one truly recognizes how many Veterans we are talking about. Being on the front line, I know.

Veteran Quality of Life Access Network

Inc., is about solutions to the problems Veterans face today. We believe, 'if you don't identify the problem, you can't eliminate the problem.' VQLAN will stand where no one else dares. We still stand for the truth.

By this time everyone knows what is going on, but no one in America has been doing anything to stop it. We are talking about, 'while enlisted in the U.S. Military service, men and women are raped and sodomized.' This has been going on for 50 years.

This is a very serious subject. Veterans that this has happened to are scared by the powers that be. (the system) I, as CEO, by helping thousands upon thousands of Veterans over a 30 year span, discovered the tip of the iceberg of the numbers behind this hideous crime against humanity. This is still the biggest cover-up in the Nation. That is why VQLAN is dedicated to the forgotten ones. I know first hand how it destroys lives forever. They will never be the same. They suffer from mental and family problems.

Their claims for compensation through the government is fruitless because of cover-ups from the time the rape occurred. Missing records and military personnel (higher levels) covered up for each other so the proper papers would never be found.

Being that no one cares until it happens to them or a family member, VQLAN will be putting a platform together for the Veterans who have gone through the ordeal of being raped or sodomized. We hope to bring total awareness to the public and military personnel. Maybe then they will stop covering up the rapes and compensate the Veterans properly. America must face the truth now by helping the ones whose lives have changed forever.

America's most hideous crimes continues, so will VQLAN continue to report it to you until someone listens.

One out of every three females are being raped today. 2010 TRUTH

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## Sexual Assault in Woman Veterans: An Examination of PTSD Risks

**(OBJECTIVE)** This study examines the differential impact of military, civilian adult, and childhood assault on the likelihood of developing post traumatic stress disorder (PTSD). It also examines the relationship of military sexual abuse to service utilization and health care cost among women who access services through Veterans Administration. (VA)

**(RESULTS OF STUDY)** Compared with those without a history of sexual assault, women Veterans were 9 times more likely to have PTSD if they had a history of Military Sexual Assault (MSA), 7 times more likely if they had childhood sexual assault (CSA) histories, and 5 times more likely if they had civilian sexual assault histories. An investigation of medical charts revealed that PTSD is diagnosed more often for women with a history of MSA than CSA was associated with a significant increase in health care utilization and cost of services, but there was no related cost associated with MSA.

**(CONCLUSION)** Women Veterans have different rates of PTSD due to sexual assault, with higher rates found among those assaulted while on active duty. Although women with MSA are more likely to have PTSD, results suggest that they are receiving fewer health care services.

You can read entire article (study) at <http://www.psychosomaticmedicine.org/cgi/content/full/66/5/749>

In 2009 the Defense Department issued its report on sexual assault in the military during 2009. It detailed that in 2009, compared to 2008 reports of military sexual assault witnessed a 11 percent increase, and most disturbing a 16 percent increase in reported assaults in combat territories like Iraq and Afghanistan. (Portion of an article from <http://www.middle-east-online.com/english/?id=38090>)





## THE OTHER VETERAN



The other Veterans are female. Many of them do not come to the VA for services. There are many reasons why they do not seek benefits or medical care.

One female Veteran stated, "The VA doesn't have a lot for women Veterans." Another stated, "I don't come to the Clubhouse because I don't want to come to a social club." "The inpatient services are not woman friendly," commented one female Veteran after spending a month in the mental health ward of the NYVA Hospital.

Then there are the men and women relationships. It appears that many women Veterans don't want to be 'rapped to' by their counter part. It's a problem that causes many women to stay away from the hospital.

Many women Veterans suffer from sexual trauma, prejudices and many problems associated with women having career fields in the military usually taken by men, or for just being a woman.

For example, an aircraft pilot or mechanic, and many more military career fields.

Male Veterans need to look at

women Veterans as being a person first, just one of the guys.

The VA knows that there is a problem and has vowed to improve services for its female Veterans.

When the NYVA had its Open Studio and the Day Program, more women attended the program. Occasionally, they may attend the Mental Health Clinic, but overall they seem to stay away.

Unless women Veterans ban together as a fighting force, I believe that things will not change. They must demand equal services.

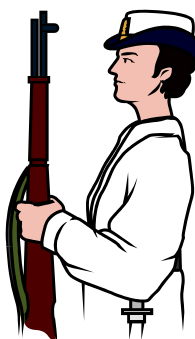
**H.R. 12:11** Women Health Care Improvement Act: To amend **Title 38**, United States Code, to expand and improve health care service available to woman Veterans, especially those serving in Operation Enduring Freedom and Operation Iraqi Freedom, from the Dept. of Veterans Affairs (DVA), and for other purposes. **Sec. 101.** Study of barriers for women Veteran from the Dept. of Veterans Affairs: **Sec. 102.** Comprehensive assessment of woman's health

care programs of the DVA:

**Sec. 201.** Medicare for newborn children of women Veterans receiving maternity care.

**Sec. 203.** Pilot program for provisions for child care assistance to certain Veterans receiving certain types of health care services at Department facilities. **Sec. 204.** Addition of recently separated woman and minority Veterans who want to serve on advisory committees. Go to

[www.govtrack.us/congress/Bill](http://www.govtrack.us/congress/Bill) for the entire **Bill**.



## HOMELESS WOMEN VETERANS

WASHINGTON—The number of female service members who have become homeless after leaving the military has jumped dramatically in recent years, according to new government estimates, presenting the VA with a challenge as it struggles to accommodate the hundreds of thousands of Veterans from Iraqi and Afghanistan.

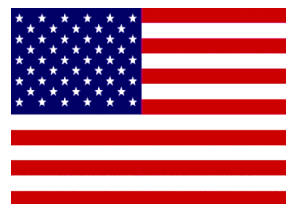
As more women serve in combat war zones, the share of female Veterans who end up homeless, while still relatively small at an estimated 6,500, has nearly doubled over the past decade, according to the Dept. of Veterans Affairs.

For younger Veterans it is even more profound: One out of every 10 Vets under the age of 45 is now a woman, the statistics show.

And unlike their male counterparts, many have the burden of being a single parent.

Overall, female Veterans are between two and four times more likely to end up homeless than their civilian counterpart according to the VA, most as a result of the same factors that contribute to homelessness among male Veterans: mental trauma related to their military service and difficulty transitioning into the civilian economy.

Read entire article at:  
[boston.com](http://boston.com)



## FAMOUS WOMEN VETERANS - (Just a Poem)



### God Blessed America?

By the tone in the red white and blue  
it is known that death has risen its head.

A quiet storm of only family and friends know who rides beneath the shadows,

tears of not understanding.

America hides its shame,  
mothers, grandmothers, daughters,  
sisters and her.

Their bloodless corpse don't

glamour on CBS or daily news.

A few stories come and go.

Most often their death is hidden

in a, 'don't see, it can't be'

On Veterans' Day their life is  
not in their Nation's Memory.

Cold in some corner of some  
military hospital, some where.

No man should allow the death  
of his 'Right Rib.'

**"Women"**



### ACCUTUAL INCIDENT AS DESCRIBED BY A MALE VETERAN

The most traumatic event that happened to me in the military is that I was raped by a fellow soldier. While taking a shower, I was washing soap off of my face when I was tapped on my shoulder and asked if I was gay. I replied, "No." He then grabbed me by my neck and forced me to perform oral sex on him. He kept saying, "Keep going." I tried to run away. He grabbed me again, through me down. I slipped and fell due to the wet surface in trying to escape. He then forced my legs apart and forced his penis into my rectum. This violent, brutal, and traumatic event in my life lasted for about half an hour I guess, but it seemed as though it would never end. I believe due to the shock of it all I blacked out. At some point I began to hear voices asking if I was alright. I could not respond. When I finally came to a better con-

### DESCRIPTION OF THE INCIDENT -VA Form 21-0781a

science, I was told that I was in the hospital. I was in a lot of pain all over, but specifically from my rectum. A few days later, I was seen by a doctor who asked me what happened. I responded that I was raped. I literally felt the words as they came out of my mouth and I shut down. Although the rape and trauma that I experience was reported to the Military Police Department however, the incident was never investigated by then to my knowledge. I wanted to go home. I suffered even attempting to take a shower. I couldn't be around other men because I would suffer panic attacks. When it was time for formation I was terrified. I knew I would have to face my attacker. I suffered consistent nightmares. I turned to drugs and alcohol to numb myself which eventually caused me to contract HIV. This also led to me having anal fissures which eventually caused me to be diagnosed with rectal cancer. I can now say I am in remission from my drug and alcohol addition since 2007 to present and am receiving on going treatment for my sexual trauma. I have graduated from the SARP pro-

gram at Manhattan VA Medical Center. I pray that with continued treatment and counseling I will be able to continue to move forward and function appropriately having to deal with the physical, psychological, and traumas that I endure daily. Following the incident I have experienced having to seek continuous external and internal physical and psychological medical care privately and throughout the VA network. After a professional tenure of eleven years of service to the VA, I could no longer maintain my employment due to the continued issues from this situation. During my professional services I had attendance issues that caused fellow colleagues to have to donate time to help me. This of course, effected my performance evaluation, economic and social stability, and caused an increase in pharmaceuticals. I turned to drug and alcohol abuse; medications in attempting to endure and tried to live as normally as possible. Unfortunately this lead to medical issues. Needless to say all of this caused estrangement with in my immediate and extended family and social dynamic causing me to a roller coaster ride alone.

SATURDAY OCTOBER 30, 2010

**A  
GREAT  
SUCCESS**

**ATTENTION ALL VETERANS**

**VQLA COMES TO BED-STUY**

where: BED-STY RESTORATION  
1368 FULTON AVENUE  
BROOKLYN, NY 11216  
1ST. FLOOR—MULTI PURPOSE ROOM

**TIME: 12:00 P.M. UNTIL 5:00 P.M.**

HOUSING—LANDLORD TENANT  
PROBLEMS  
FREE COMPUTERS & PRINTERS  
SECTION 8  
LAWYERS  
VQLAN LIBRARY AND MORE

SPONSORED BY: VQLAN/CEO BARRY G. CAMPBELL  
LIVING LEGENDS OF BROOKLYN BASEBALL INC.  
CEO GEORGE MURDEN  
FATHER C. BUCANON

**A  
GREAT  
SUCCESS**



# YOU DON'T HAVE TO BE RAPED TO BE SEXUALLY HARRASSED

## STRESSER LETTER—The Story of a Female Soldier

*(While reading these letters, you may have questions. "Why didn't she do this or that?" Remember there is a Code of Military Conduct that all soldiers must abide by. This story is like many stories in the US Military. Some are worse. Sexual harassment is a problem in the Military just like in civilian life. It must not be allowed to continue).*

### STRESSOR LETTER ONE

Time frame Feb. 2004—September 2004: Location: Baqubah, Iraq:

I came to 590th. in December 2003 and within a month we deployed to Iraq. The Company was stationed in Camp Victory, but all the squads were tasked out. I was in 3rd. Platoon and the squad I was in was stationed to go to Baqubah, Iraq. I hardly knew anyone and depended on my squad leader to guide me in the right direction. After being in the camp alone with just our squad for less than a week, my squad leader started to make me feel uncomfortable with his subtle comments at work. He would whisper in my ear to bend over, and pick something up. His name was Goodem. Every night after work he would suggest to me that I should come over to his room. I would call my father back at home crying telling him everything that my squad leader was doing. I told my dad that I had requested to speak to a Chaplain and that my squad leader and my team leader told me that I had to tell them why before I could see the Chaplain. I did not know at the time that I didn't have to tell them, so I just said I didn't want to go anymore. One night I was on duty and had to stay late. When I was just about to leave Sgt. Gooden told me to come to his room and drop off the keys to the site where I worked. I went to his room and knocked on the door. He told me to take a step inside. I refused and dropped the keys on the floor and tried to walk away. He then pulled my hand for me to come inside. I stood by the door and asked him exactly what he needed from me. He told me to relax and he wasn't going to hurt me. He kept insisting that I sit down but I was afraid to go all the way into the room. He stood back up and attempted to force me to sit on his lap. I pushed myself off of him and ran to the door. At the door my team leader was standing there looking at me with a grin on his face. I was so scared that I ran to my room and begged my room mate not to leave that night. While at work I would have to do a lot of bending over and picking things up and SSgt Gooden would walk past me and brush my butt with his finger. I would leave work and run to the latrine crying asking my roommate Gary, Kalisha if she saw what had happened. I would make her pay attention throughout the days.

After 7 months of dealing with his sexual comments, work became unbearable. SSgt Gooden even started to smoke me and my boyfriend at the time for little things. I was always in trouble after SSG Gooden found out I was seeing someone who is now currently my husband. I told my team leader Sgt. Acevedo, John what was going on and begged him not to tell SSgt Gooden what I had said. I didn't want to get into trouble, but I know Sgt Acevedo told him. After that I began to always be put on extra duties and smoked.

We finally returned to Camp Victory with the rest of the company, I told my platoon Sgt and tried to file a complaint but they tried so hard to keep it within the company. I never even knew about EEO complaints. I didn't know much about the rules. My platoon Sgt. took me out of the platoon and told me that I should handle everything. It didn't stop anything. I was very depressed and I was moved away from the platoon and no one asked me what really happened, not even my commander knew what was going on at the time.

### STRESSOR LETTER TWO

Location: Camp Liberty, Iraq

Time Frame: May 4, 2006— May 10, 2006

I started to receive letters from an unknown person who called himself Black Jack. He e-mailed me on my AKO account telling me that he wanted to have sex with me, and that he would not tell my husband or his wife. I did not respond to these e-mails, but my husband did. My husband and I were in the same company and the person was in our company as well. My husband wanted to find out who this person was and why he was e-mailing me. After a few days Jack Black set up a meeting time and place to have sex with me. My husband suggested I show up to see who it was. When I showed up, I didn't know exactly who it might have been because there were more than one person there. So I walked away back to my husbands' room. SSgt Kallie, Trey started to tell me it was him and that I should meet him in his room that night when my husband was asleep. I looked at him and told him I couldn't believe him, I was friends with his wife and I couldn't cheat on my husband. I later looked for my husband to tell him who it was that was e-mailing me all the time. My husband went to confront SSgt. Kallie about the situation and they got into an altercation that led to my husband being court marshaled but later fully acquitted on all charges. SSgt Kallie „lied throughout the entire case that he had not tried to sleep with me. I filed a sexual harassment complaint because I no longer felt comfortable with SSgt Kallie being my Administrative NCO anymore. I had to beg my commander to get SSgt Kasllie out of my company. They removed him for one month and then sent me back home from Iraq early. They treated SSgt Kallie as if he was the victim, because he got hurt during the fight with my husband and him, but no one really understood how depressed I was. I started seeing a psychiatrist in Camp Liberty. I went twice a week. I was put on suicide watch and they took my weapon from me. I was taking a medication called Ambien to help me sleep at night,. The psychiatrist prescribed it for me. I was afraid to walk to the latrine at night alone. The complaint didn't go any further because the trial was taking over. I wrote and submitted documents stating what had happened but I was sent back to the United States because I was expecting a child.

TRUTH

# EMPOWERMENT—ADVOCACY — EDUCATION — UNITY — MOTIVATE

Vancouver—Combat veterans with post-traumatic stress disorder (PTSD) almost universally suffer sleep problems — with more cases of sleep apnea than might otherwise be expected— U.S. Army researchers found.

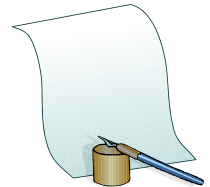
## SECONDARY CONDITION



## INK



The ink of the pen of a wise man has more blessings  
Rewards and more honor than a thousand  
Ignorant worshippers.  
Thru Barry the ink of his pen brings  
Joy and light and life to many households



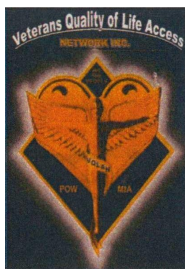
## WOMEN VETERANS

A US Army female Veterans was a patient in the out patient curative workshop at the Manhattan VA Medical Center. She was at the clinic due to issues relating to mental health, She had been homeless for sometime and was unable to receive the right assistance with her physical and mental health needs. The Curative workshop was a place where talented disabled artists (Veterans) had an opportunity to create different venues of art or just put together craft kits. It was a good environment for those who needed structure, information and a helping hand understand VA policies and issues. This one particular Veterans was shy and was unaware that she could create wonderful pieces of art. At first she struggled until she realized to the male Veterans she was just another Veteran and was treated with kindness. The occupational therapist at the time was a jewel. She had a great personality and Veterans always came first.

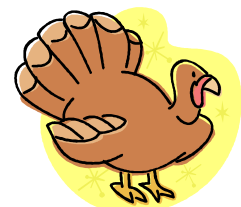
After about a year and a half the female Veteran brought her military records in for another Veteran to look them over. She said she went to all types of people, but know one was able to assist her. A plan was put together to prepare her documentation for presentation to the Dept. of Veterans Affairs NY Regional. Although her presentation appeal was untimely the DVA was unable to claim that her paper work was untimely. The reason was simply, "Her disability caused the untimely filing." One the papers were filed she received a 70% compensation disability rating. Her next step was to file for, "Un-employability." She was granted unemployability and eventually receive a 100% total rating. She is now living a much better life with the understanding that she will always have her disability.

Her story is like many other female Veterans who are afraid to trust and it is hard for them to speak of their military experience. "Who do I talk too? Who will listen? I don't want anyone to know that I have a mental illness. They will treat me bad an use me." The Veteran who assisted her is a member of VQLAN. VQLAN is an organization that will listen and guide you on the right path. Everyone is equal to VALAN. VQLAN has left all the prejudices at the back door. We are our brothers and sister's keepers..

lThe reason this short article is written is because there are hundreds of female Veterans who are just afraid to talk to someone, especially a male. Your tears are my mother's tears. My mother's tears are my tears. You are my fellow in arms. If you know of any female or male Veteran who needs assistance with their VA benefits have them contact VALAN



# 2010

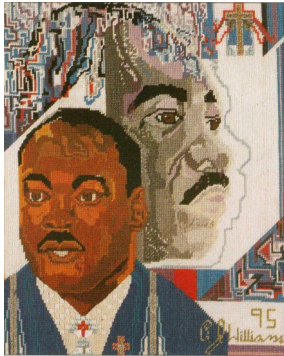






## ART BY VETERANS

Needlepoint by Anthony J. Williams



Painting by Domingo Vega



## The Importance of Life Insurance

One thing that many family members are reluctant to talk about is death. Life Insurance is part of it and every person should have no less than a \$6,000. policy. The cost of life insurance is small compared to the toll it will take on a family when a loved one has no insurance. A trusted member or a last will and testament should be considered. Besides the physiological toll it can also cause a physical toll. Most families today do not have \$6,000. or more to pay for a funeral. There also may be bills and loved ones left be-

hind to fend for themselves. It can tare a family apart.

Service Members Group Life Insurance (**SGLI**) and Supplemental-Service Disabled Life Insurance (**SSDLI**) is a good way to pay for insurance. Don't leave your family to suffer after you are no longer there. The pain can last a life time.

After you are discharge from military service, keep your insurance. If you have **100% VA** compensation, the cost can be taken directly out of your monthly check. The **Veterans' Benefit Act 2010** will be a great help. Be thankful for the VA. (editor)



PHOTOS OF OUR  
MILITARY  
WE  
NEVER  
GET  
TO  
SEE

AMERICA  
THE  
BEAUTIFUL





## Veterans Benefit Bill Passes

**Public Law 111-247**

**Veterans' Compensation Cost-of-Living**

**Adjustment Act of 2010**

**(H.R. 4667)**

**Title:** To increase, effective as of **Dec. 1, 2010**, the rates of compensation for Veterans with service-connected disabilities and the rates of dependency and \*indemnity compensation for the survivors of certain disabled Veterans, and for other purposes.

**Mr. Perriello** of Virginia introduced H.R. 4667 on February 23, 2010.

**Public Law 111-247 will: Increase in Rates of Disability Compensation and Dependency and Indemnity Compensation:**

*Amounts to be Increased-* (1) Wartime disability compensation: (2) Additional compensation for benefits: (3) Clothing allowance: (4) Dependency and indemnity compensation to surviving spouse: (5) Dependency and indemnity compensation to children

*Determination of Increase- Percentage-* Except as provided in paragraph (2), each dollar amount described in subsection (b) shall be increased by the same percentage as the percentage by which benefits amounts payable under title II of the Social Security Act (42 U.S.C. 401 et sec.)

*Rounding-* Each dollar amount increased under paragraph (1), if not a whole dollar amount, shall be rounded to the next lower whole dollar amount.

**Cost:** The COLA is assumed in CBO's baseline, therefore, the COLA provision would have no budgetary effect relative to that baseline.

**Legislative History:** March 10, 2010: Ordered reported by the Committee on Veterans' Affairs

March 22, 2010: Reported, as amended, H. Rept. 111-452.

March 22, 2010: Passed the House by the Yeas and Nays: 407-0 (Roll No. 171)

Sept. 22, 2010: Passed the Senate by Unanimous Consent

Sept. 30, 2010: Signed by **President**. Became **Public Law 111-247**

According to **Military.com**

the **Veterans' Benefit Act of 2010** will

Include the following:

- (1) An increase in the **Automobile and Special Equipment Grant** from \$11,00.00 to \$18,900.00.
- (2) The \$300.00 burial payment will increase to \$700.00
- (3) **Supplemental-Service Disabled Life Insurance** for total Disabled Veterans will increase from \$20,000. to \$30,000.
- (4) **Serviceman Group Life Insurance (SGLI)** coverage for total Disabled Veterans will be permanently extended to two years after they leave service.
- (5) The maximum loan amount under the **Veterans' Mortgage Life Insurance** program will increase from \$90,000. to \$150,000.
- (6) Retroactive Trauma injury protection coverage under SGLI called (**TGSLI**) will be expanded to include Veterans who incurred qualifying on or after Oct. 7, 2001, but before December 1, 2005 regardless of where the injury occurred.
- (7) Veterans will be able to increase **Veterans Group Life Insurance (VGLI)** by \$25,000. every five years until reaching age 60.
- (8) **The Service members' Civil Relief Act (SCRA)** changes will include service members ability to terminate cellular phone contracts, give service members a 'private right of action' to file their own lawsuits who violate their civil rights.
- (9) Improve Re-employment laws (USERRA)

Note: Most of these improvements will not go into effect until October 1, 2011.

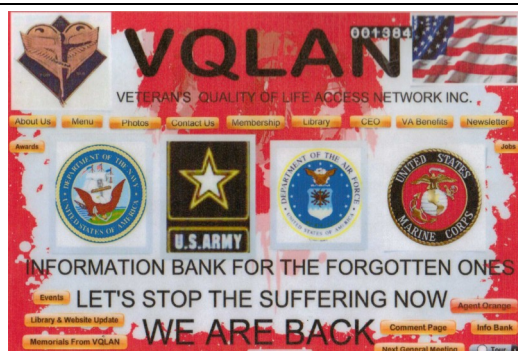
ENCARTA DICTIONAR DEFINITIONS

Dependency — same as dependence

indemnity — Insurance against loss

Compensation — Money in payment for loss

As CEO Barry G. Campbell has always stated, "It is America's Disgrace. The shame of the inability to provide Veterans with quality benefits after service to their Country is flagged with prejudices and separatism." Proven by all the people I have helped. (The Forgotten Ones.) \*\*\*\*\*



WEBSITE  
VQLAN.org  
22 Countries  
and counting.  
(Global) check  
it out.





## GIVE VQLAN A CALL—WE WILL ATTEND



VQLAN was invited to be a part of the MMA & Sports Extravaganza held at Trump Taj Mahal, Atlantic City, NJ., on October 22 to 24th, 2010. VQLAN traveled to NJ and set up tables at the event. The were a great population of Veterans there. The purpose of VQLAN attending the event was to inform participants and the general public about Veterans benefits and much more.

**Participants: World Champion Kurt Angle**  
**DDP World Champion Diamond Dallas Page**  
**Wrestling Legend Tony Atlas**  
**Don the Dragon Wilson**  
**World Champion Rob Terry 'The Freak'**  
**Kevin Nash, Tony Luke, Jimmy Super Fly Snuka**  
**World Champion Kick Boxer Tree Edwards**



# VQLAN TAKING IT TO THE NEXT LEVEL

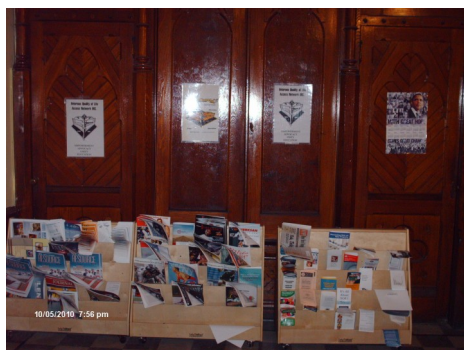




## VQLAN LIBRARY— an information bank MOST INNOVATIVE EVER



INFORMATION  
ALL VA FORMS  
CAMP LEJUNE DRINKING WATER  
PTSD - AGENT ORANGE  
ALL SECONDARY CONDITIONS  
FREE FOOD - JOBS  
FREE CLOTHING  
FREE TRAINING  
FREE COMPUTERS  
NETWORKING and RESOURCES



## JUST DISCHARGED FROM THE MILITARY

### EMPLOYMENT RESOURCES FOR VETERANS AND RETIREES

Many organizations, resources and web-sites can aid you in your career transition, ranging from services that help you start your own business to VA organizations that support Veterans with disabilities.

### MAJOR JOB SEARCH WEBSITES

The internet has transformed how we all look for jobs. Instead of pounding the pavement, you can hit your keyboard to find a variety of career opportunities.

### ARMY CREDENTIALING OPPORTUNITIES ON LINE (COOL)

The Army Credentialing Opportunities Online (COOL) program enables you to find civilian credentials related to your military occupational specialty. Then it helps you understand what it takes to obtain those credentials and check on avail-

able programs that will help pay credential fees.

### CAREER CENTER FOR THE MILITARY SEVERELY INJURED

This site is a collaboration between military organizations, government agencies, private organizations, and employers who have rallied to support those seriously injured during service to America. The Career Center for the Severely Injured builds on efforts by the Military Severely Injured Joint Support Operations Center to ensure that Service members with severe injuries have easy access to all available resources to assist with their recovery and rehabilitation.

### EMPLOYMENT WEBSITE AND PROGRAMS

Army Credential Opportunities Online  
[www.cool.army.mil](http://www.cool.army.mil)

Career Center for the Severely Injured  
[www.military.com/support](http://www.military.com/support)

CareerOneStop Portal  
[www.careerone.org](http://www.careerone.org)

Dept. of Labor's FirstGov for Workers

<http://dev-workers.xpandcorp.com>

Helmets to Hardhats

[www.helmetstohardhats.com](http://www.helmetstohardhats.com)

Military and Veterans Career Center

[www.military.com/careers](http://www.military.com/careers)

Monster.com

[www.monster.com](http://www.monster.com)

Office of Personnel Management

[www.opm.gov/veterans/html/vetguide.htm](http://www.opm.gov/veterans/html/vetguide.htm)

Spouse-to-Teachers

[www.spousetoteachers.com](http://www.spousetoteachers.com)

Troops-to-Teachers

[www.dantes.dantes.doded.mil/](http://www.dantes.dantes.doded.mil/)

[Dantes\\_web/troopstoteachers/index.asp](http://Dantes_web/troopstoteachers/index.asp)

USAJobs

[www.usajobs.opm.gov](http://www.usajobs.opm.gov)

Spouse Career Center

[www.military.com/spouse](http://www.military.com/spouse)

(INFORMATION FROM THE MILITARY  
ADVANTAGE by Terry Howell)

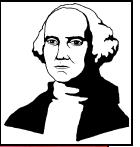




**VQLAN**



**KNOWS**



## **HATER**

by Maya Angelou

A hater is someone who is jealous and envious and spends all their time trying to make you look small so they can look tall. They are very negative people to say the least. Nothing is ever good enough!

When you make your mark, you will always attract some haters...

That's why you have to be careful with whom you share your blessings and your dreams, because some folk can't handle seeing you blessed...

It's dangerous to be like somebody else... If God wanted you to be like somebody else, He would have given you what He gave them! Right?

You never know what people have gone through to get what they have...

The problem I have with haters is that they see my glory, but they don't know my story:

If the grass looks greener on the other side of the fence, you can rest assured that the water bill is higher there too!

We've all got some haters among us!

Some people envy you because you can:

- a) Have a relationship with God
- b) Light up a room when you walk in
- c) Start your own business
- d) Tell a man / woman to hit the curb (if he / she isn't about the right thing)
- e) Raise your children without both parents being in the home

Haters can't stand to see you happy. Haters will never want to see you succeed.

Most of our haters are people who are supposed to be on our side.

How do you handle your undercover haters? You can handle these haters by:

1. Knowing who you are & who your true friends are. (VERY IMPORTANT!!)
2. Having a purpose to your life: Purpose does not mean having a job. You can have a job and still be unfulfilled. A purpose is having a clear sense of what God has called you to be. Your purpose is not defined by what others think about you.
3. By remembering what you have is by divine prerogative and not human manipulation.

Fulfill your dreams! You only have one life to live...when its your time to leave this earth, you 'want' to be able to say, 'I've lived my life and fulfilled 'my' dream,... Now I'm ready to go HOME!

When God gives you favor, you can tell your haters, 'Don't look at me... Look at Who is in charge of me...'

Watch out for Haters...BUT most of all don't become a HATER!

**'A woman's heart should be so hidden in Christ that a man should have to seek Him first to find her.' Maya Angelou**



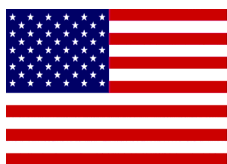
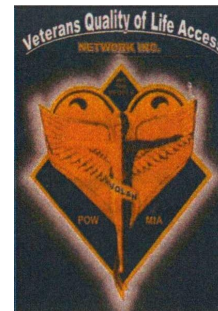


## **“THE RENT IS TOO DAMN HIGH PARTY!”**

CEO AND MR. McMILLIAN GO WAY BACK

HE TESTIFIED THE TRUTH

**NOVEMBER 6, 2010  
MEMBERSHIP  
MEETING**



**MEN  
AND  
WOMEN  
VETERANS  
WORKING  
TOGETHER**

**CEO BARRY G. CAMPBELL - NY GOVERNOR CANDIDATE JAMES McMILLIAN (PAPA SMURF)  
(RENT TOO DAMN HIGH PARTY)  
VQLAN MEMBER JAY F. JOHNS AND VETERAN ARMEN RODRIGUEZ**

**CEO— THANKS PAPA SMURF FOR GIVING UP HIS TIME (TRUE GIVER)**



IMAGINE ALL THE PEOPLE AS ONE !!!



MERRY X-MAS !!!



HAPPY THANKSGIVING



HAPPY HOLIDAYS !!!



TOGETHERNESS



HAPPY NEW YEARS !!!



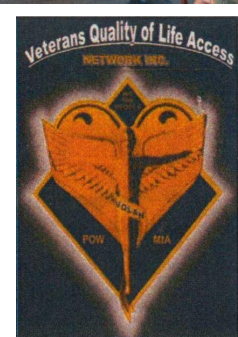




**VQLAN's Mission** is to improve the quality of life for hopeful and otherwise, and otherwise desperate American Veterans, by providing access solutions; (including benefit processing) to help them obtain the housing, health, legal, financial, education, employment and intense counseling as needed.







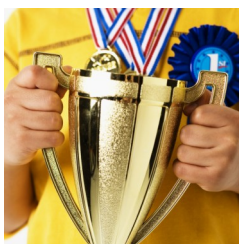
VQLAN INFORMS Veterans of the most obscure benefits (Claims processing at it's best)





SEPTEMBER 15, 1999

THANK YOU MR. BARRY CAMPBELL ..THIS IS A PERSONAL LETTER OF APPRECIATION TO THANK YOU FROM THE VETERANS AND THEIR FAMILIES FOR ALL THE SUPPORT AND ENCOURAGEMENT THAT YOU GIVE AND HAVE GIVEN US ALL. WITHOUT YOUR KIND OF DEDICATION MANY OF US VETERANS WOULDN'T HAVE KNOWN WHERE TO TURN FOR HELP EXCEPT MAYBE TO DRUGS OR OTHER SUBSTANCES AS A RX FOR OUR ANGUISH AND PAIN. WHEN NO ONE ELSE SEEMED TO CARE THERE YOU WERE WITH THE WORDS OF ENCOURAGEMENT BEGGING US TO JUST HOLD ON AWHILE LONGER AND TO JUST GIVE YOU AN OPPORTUNITIES TO SEE IF THERE MAY BE SOMETHING MORE THAT CAN BE DONE THAT JUST MIGHT MAKE A DIFFERENCE. YOU YOURSELF HAVE MADE A DIFFERENCE BECAUSE YOU HAVE SHOWN THAT YOU SINCERELY CARE ABOUT OUR FAMILIES AND US. YOU FIGHT A GOOD FIGHT FOR THE VETERANS AND AS A RESULT YOU FIGHT A GOOD FIGHT FOR AMERICA BECAUSE EACH TIME THAT YOU WIN FOR A VET YOU PROVE THAT OUR FLAG IS STILL THERE. YOU NEVER ASK FOR ANYTHING FOR YOURSELF EXCEPT FOR A CHANCE TO HELP OTHERS. YOUR FAMILY MUST BE REAL PROUD OF YOU. WE AS YOUR VETERAN FAMILY TRULY LOVE AND RESPECT YOU. YOU ARE A VETERANS' CHAMPION.



GOD BLESS YOU BARRY  
THE VETERANS OF AMERICA

CEO: HAPPY HOLIDAYS TO ALL