

**May/June 2021**  
**At a glance**  
**Full descriptions of activities in bulletin.**  
 All worship and programming is online

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>9</b> Online Worship 11:15	<b>10</b>	<b>11</b> Gratitude Team 10:30am Prayer Service 12pm	<b>12</b> Prayer Service 8:30am Zoom Office Hours 2- 4:30pm	<b>13</b> Craft/Study 1:30pm Prayer Service 4pm	<b>14</b>	<b>15</b>
<b>16</b> Online Worship 11:15	<b>17</b>	<b>18</b> LSC Council Meeting 7pm	<b>19</b>	<b>20</b> Craft/Study 1:30pm Community Dinner online 6pm LSC/Imman uelMtg	<b>21</b>	<b>22</b>
Russell off for Online Festival of Homiletics						
<b>23</b> Pentecost Online Worship 11:15	<b>24</b>	<b>25</b> Prayer Service 12pm Faith Formation Cttee 6:30pm	<b>26</b> Prayer Service 8:30am Zoom Office Hours 2- 4:30pm	<b>27</b> Craft/Study 1:30pm Prayer Service 4pm	<b>28</b> Film & Faith 7pm	<b>29</b>
<b>30</b> Online Worship 11:15	<b>31</b>	<b>1</b> Gratitude Team 10:30am Prayer Service 12pm	<b>2</b> Prayer Service 8:30am Zoom Office Hours 2- 4:30pm	<b>3</b> Craft/Study 1:30pm Prayer Service 4pm	<b>4</b>	<b>5</b>

## ANNOUNCEMENTS

May 9, 2021

306-761-0556 eastsideunited@sasktel.net  
 Like us on facebook (Eastside United Church)  
 Follow us on Twitter @Eastside\_united  
[www.eastsideunited.ca](http://www.eastsideunited.ca)



*W*elcome to Eastside United. May our opportunities of ministry offer

*you rest, challenge and peace on your Christian journey.*

**Ministers:**

Minister: Russell Mitchell-Walker  
 Pianist: Josh Hendricksen  
 Tech Support: Brian Mitchell-Walker  
 Attendance/Responses: Janet Bjorndahl  
 Prayers of the People: Brian Mitchell-Walker  
 Congregational Care Greeter: Elaine Hill

Last week's attendance: 52      Offering: \$930      Weekly budget: \$3167  
 (not incl. PAR) April 16-30

**Worship will be happening online via Zoom [HERE](#).** You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom.

**Office Hours:**

**The Living Spirit Center is closed due to concerns over COVID-19.** Both Becca and Russell are working remotely. If you need to contact the Eastside United Office, please email Becca at [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).

- **Becca's Hours:** Tuesday, Wednesday, Thursdays. In office Thursdays 10-11am
- **Russell's Hours:** Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: [russell.eastside@gmail.com](mailto:russell.eastside@gmail.com).
- **Zoom Drop-in Office Hours** Wednesdays from 2 – 4:30

**Songs –**

This is the Day – MV#122  
 Deep in our Hearts – MV#154 Chorus  
 Come Touch our Hearts – MV#12 vs. 1, 2, 4  
 Who is my Mother – MV#178 vs. 1, 2, 3  
 What Can I Do? – MV#191  
 What a Friend we Have in Jesus – VU#664  
 May the God of Hope – VU#424 v. 1

**In-Person Worship:** Consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, we will reopen our physical space and resume traditional services when we can be confident that we can do so in a manner that is meaningful for our community and is safe for every member of our congregation. We will continue to keep you informed as our plans unfold. The Leadership Team has established a "Return to Worship Task Group" to discuss the protocols and possibilities for gathering in-person. If you are interested, or have feedback, please let [Sarah Tkachuk](#) know. We will review again in January.

**We still need your support as our ministry continues!** Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1** Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. **We now take e-transfer! You can send e-transfers using [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).** Thanks for your generosity!

**Covid Vaccine Fact Sheet:** We are all encouraged to get vaccinated when our turn comes, to protect ourselves and other, and to return to a new normal. Download the fact sheet [here](#), and check out Saskatchewan's vaccination plan. Remember that once vaccinated you can still be a carrier of the virus so masks and distancing practices need to continue. Please keep in your household bubble until after Easter.

**Meditation Schedule:** The meditation group will continue to meet via Zoom for now on Monday nights. If you have any questions, please contact [Shauna Powers](#). Reminder that the new start time is 7 pm!

**Craft/Study:** You can find the Zoom link [HERE](#). The link will be sent out in Tuesday's email as well. There will be a new Craft/Study session beginning May 6. The book will be Divine Dance by Richard Rohr and Mike Morrell. We will be reading and discussing **Chapter 2 of Divine Dance** this week. Let Becca know if you would like to participate. Books are available in the blue bin outside and are \$20

**We are continuing the A Work of Art, Culture, and Its Story during worship!** If you have a piece of work or cultural item that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

**Volunteers for the ICF:** The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help, contact Doug Scheurwater. **We are also looking for those**

**comfortable helping with deliveries.** There will be an indigenous and non-indigenous person helping. They are also looking for volunteers for **cooking on the grill for Saturday morning breakfasts.** Cookie makers are also needed. **Coolers are also needed** for delivering hot meals. Let Russell (or Linda Fowler for cookies) know if you can help.

**LGBT Banning Conversion Efforts in Regina:** Recently, Russell has been speaking about the push to ban conversion therapy in Regina. If you would like to read about it, you can find the Global News piece [here](#). There is also an article from the Leader Post [here](#). If you would like to be part of the Affirming Ministry team organizing, let Russell know. Letters to your city councilor and mayor in support of the ban would be very helpful. Find the contacts [here](#). Check out <https://www.noconversioncanada.com> for information.

**Ban Conversion Efforts in Regina**

Visibly show your support for the 2SLGBTQIA+ Community in Regina and Area by sharing this poster, telling the Mayor and your City Councillor that you oppose conversion "therapy" & rallying your friends, family, and neighbours to do likewise.

By-law to be presented at The City Council Meeting - July 14

**CELEBRATE SEXUAL ORIENTATION & GENDER DIVERSITY**

End Homophobia, Transphobia, Biphobia & Queer Oppression Now

Poster by: Heritage United Church

**Eastside T-Shirts:** If you ordered a t-shirt, please come pick them up! They are ready! They can be picked up on Thursdays between 10 am and 11 am. If you did not order but are interested in purchasing one, email Becca to see what colour and sizes are available. \$30/each.



**The Courageous Church Summit will be happening next week!**

Reimagining our common ground for the collective good: faith leaders provide a critical look at where we are now and how we get to a more sustainable and equitable future, post-pandemic. There will be

Courageous Faith sessions on **May 11** (with Bishop Yvette Flunder speaking) and **May 13** (Valerie Kaur speaking). If you would like to register, please text "Faith" to 306-517-6797 or contact the office. Find more information and register [HERE](#).



Please share your favourite hymns with us! Let us know by filling out this Google Form [HERE](#).

**Volunteer Positions:** Eastside United is looking to fill a rotating roster of volunteers to help run the technology during in-person worship on Sundays once we are able to return to being in-person. This will include: running PowerPoint during worship, and hosting Facebook Live,. Please email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to volunteer, or for more information. We need the volunteers in place and trained before we can return to in-person worship.

**Cloth Masks:** It is now recommended that we double mask, and one suggestion is to wear a cloth mask over a surgical mask. It is very important to wear masks when we are out in public, especially indoors. **It is now policy to wear a mask when in the church building.** If you would like a mask, please email the office indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Oleskon, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

**PAR and M & S Donations:** If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to let Harvey know what changes you would like to make, and he will submit the changes for processing.

**Hello Neighbour Card Reminder:** If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it. **This is more important again as we are asked to reduce our contacts and go out less!**



**Were you unable to attend worship in the past?** Don't worry about it! You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service. They can also be found on our Facebook page.

**Text In Church:** We are trying something new! We have subscribed monthly to Text in Church which allows us to send group texts and e-mails about events and for newcomers. If you would like to receive text notifications about special services and events at Eastside, text the word 'Loop' to 306-517-6797.



**Did you miss the announcements at last Sunday's worship service?** Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at [www.eastsideunited.ca](http://www.eastsideunited.ca) under the **What's New** heading!



a ZOOM gathering for  
**Young Adults**  
18-35 years



**ALL ARE TRULY WELCOME**  
Every Wednesday at 6:30pm  
a safe space for  
**open-minded, faith-based  
and engaging conversation**

hosted by  
McClure United Church  
in Saskatoon

Contact Rev Laura Fohse for the ZOOM link:  
Text (306-291-5838) or  
email [laura@mcclureunitedchurch.org](mailto:laura@mcclureunitedchurch.org)

Happy Mother's Day!



This Mother's Day, Mission and Service is collecting for families in need. If you are interested in contributing to this Mission and Service gift, please click [here](#).



**There will be an All Ages Service this Pentecost!** If you are interested in volunteering to assist with this service, text "TEAM" to 306-517-6797, or contact Russell.



**Indigenous Christian Fellowship**

**2021 - Pentecost Sunday - May 23<sup>rd</sup>**

ICF will be holding its annual "Walk of Faith, Hope and Love" by encouraging people to walk in their own neighborhoods this year. If you would like to donate to the ICF for this event, you can send a

cheque by mail to Indigenous Christian Fellowship, 3131 Dewdney Ave. Regina, SK, S4T 0Y5, or send e-transfers to [berta@icfregina.ca](mailto:berta@icfregina.ca).



**On Tuesday, May 18<sup>th</sup>, Bread of Life Lutheran Church will be partnering with Munch Catering to hold their Spring Supper Special!**

If you are interested in ordering a dinner, please consider the following options:

- #1** - Oven Fried Chicken with Roasted Garlic Mashed Potatoes & Vegetable Medley
- #2** - Best Ever Baked Pork Tenderloin with Scalloped Potatoes & Vegetable Medley

Carrot Cake dessert will accompany both meal options.

**Orders must be submitted by May 11<sup>th</sup>.** Please submit your order to Cheryl Conly by email ([breadoflife@sasktel.net](mailto:breadoflife@sasktel.net)) or by phone (306-789-0265). Dinners will cost \$16, and donations beyond food cost will go to Bread of Life. Pickup will be from 5-6pm on May 18<sup>th</sup>.