

WTA The Massage Advantage



For the Health of it

Health Enhancements

Services & Products

Massage Therapy
Kinesio Taping
Aromatherapy
Chair Massage
Special Events
Education
Travel

USANA
Biofreeze
It Works!
Skinny Wraps
Stretch Straps

It Works!

This line of herbal products
enhance health from the
inside-out!

massageadvantagelv.myitworks.com



On my way

Health is important to me. For it is the bridge that connects joy to my daily life. Congestion, nagging aches, diffuse anger, and self-absorption, for examples, diminish my experience of a loved one's smile, the ray of sunlight dancing on the porch, laughter.

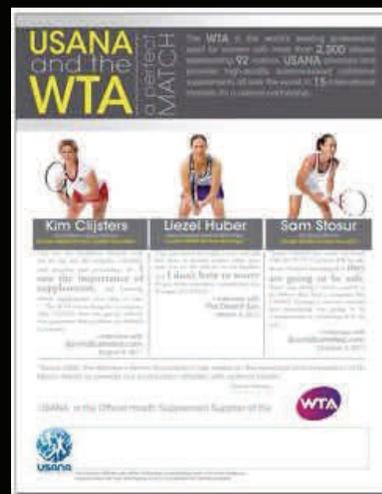
Health adds quality to life. And with the help of supportive friends and top shelf nutritional products, I am on my way to being the healthiest and most connected person I can be.



The official health and nutrition company of the WTA and other professional sports, USANA provides scientifically based, nutritionally balanced & pharmaceutical grade products.

Manufactured in the U.S. for 22 years, USANA has received numerous awards & distributes to 20 markets worldwide. USANA products are Absorbable, Biodegradable, Dissolvable and Affordable.

A few of the 600+ professional athletes who trust their health and performance to USANA: Tennis players Liezel Huber, Kim Clijsters, Sam Stosur, Sloan Stevens; Boxers Austin Trout, Tim Bradley, Jose Rivera; US Speedskating Team, WNBA Jennifer Azzi, and Triathlete Melanie McQuaid.



Take the True Health Assessment- free & quick:
<https://www.usana.com/webhosting/glenalex>

TMA

The Massage Advantage



For the Health of it

Health Enhancements

Kinesio Taping®

Injured from sports or work?
Then **KT** is your answer!



Kinesio Tape reduces pain & inflammation, enhances recovery, and engages your body's natural healing process.

Shopping

Save money and earn rewards on everyday products! Join the world's largest shopping community for **FREE!!**

Contact Glen for more information.

Online Scheduling

Use your smart phone:

1. On your phone's browser load thaimassageadvantage.fullslate.com
2. Select save to Home Page
3. Use like an App and book at your convenience.

Please Forward to a Friend

Review *The Massage Advantage* **and receive**

\$10 off your next 60 or 90-minute massage **OR**
\$3 off Biofreeze 360 Spray or Roll-On

Click the link below:

<http://www.thumbtack.com/reviews/services/Z2vPbRpoXJq2yw/write>

Biofreeze available while supplies last.

Massage Safety Tips

My beloved profession, Massage Therapy, has suffered another black eye. First the ongoing battle to differentiate legitimate massage from prostitution. Now reports of a national massage chain covering up sexual misconduct perpetrated by male therapists (local channel 13, 05/01/14). It behooves me to offer massage safety tips.

1. Disrobe to your comfort level. If you want to keep your underwear on, then so be it.
2. Disrobe to the level of necessity. If you're getting a foot massage then there is NO legitimate reason to remove anything other than shoes & socks/stockings. If the 'therapist' beckons you to remove more, refuse.
3. You should feel or sense where the Massage Therapist's hands are at all times. Occasionally we disconnect to get hot towels or a stool for seated work or more massage cream/oil. You can tell when this is the case. Otherwise, the therapist should have both hands on you.
4. If you are deliberately touched in an inappropriate way (accidents do happen), then your intuition tells you that something is off. I strongly urge you to stop the massage at that point, tell the therapist to leave the room, get dressed then REPORT it! Offenders view silence as consent and will repeat the behavior with someone else.
5. Don't go to random 'massage' parlors. They may not be licensed or regulated. Asking someone you trust for referrals or research can save loads of heartache.

Massage Therapy is an integral part of healthcare. So is your safety!

Upcoming Event...

Red Rock Team Tennis

Red Rock Country Club ~ 07.12.14

http://www.usptoplayer.com/communities/las_vegas/

Proceeds benefit G Alex Foundation, 501(c)(3) founded in Nevada in 2009 to promote health. Contributions may be tax deductible.

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