

Ongoing Formation

It is the responsibility of the local council and each definitively professed member to assure that definitively professed members receive and participate in Ongoing Formation with other community members. Such formation involves a lifelong study of solid spiritual material that will enhance our Carmelite vocations, offering us opportunities to share, live and grow in accord with God’s grace and the insights received from each other.

It is important to frequently return to foundational materials: the major writings of our Carmelite Doctors of the Church and to Church documents. In addition, sampling the writings of our Carmelite Saints and exploring recent scholarship on Carmelite topics can be helpful.

The following list of resources is provided as an aide and is by no means exhaustive. Beyond print materials there is a wealth of resources on CD. The needs of individual communities will dictate how the resources listed below might be used. [Note: If the resource is an Institute for Carmelite Studies (ICS) publication, no author or publishing year is noted, as that information can be found on the website: www.icspublications.org.]

The Carmel Clarion	
	The Carmel Clarion issues are published with an annual theme. Back issues of the Carmel Clarion are a good source of topics to be considered for Ongoing Formation. For a complete Clarion Subject Index of articles and themes, refer to www.flowerofcarmel.org .
Church Documents	
	<p><i>Christifideles Laici</i>: The Lay Members of Christ’s Faithful People <i>Apostolicam Actuositatem</i>: Decree on the Apostolate of the Laity <i>Marialis Cultus</i>: On the Right Ordering and Development of Devotion to the Blessed Virgin Mary <i>Lumen Gentium</i>: Dogmatic Constitution on the Church <i>Gaudium et Spes</i>: On the Church in the Modern World <i>Novo Millennio Ineunte</i>: At the Beginning of the New Millennium <i>Redemptoris Mater</i>: Mother of the Redeemer <i>Redemptoris Custos</i>: Guardian of the Redeemer (St. Joseph) <i>Dei Verbum</i>: Dogmatic Constitution on Divine Revelation</p>
Catechism	
	Catechism of the Catholic Church Compendium of the Catechism of the Catholic Church by Pope Benedict XVI

History of the Order and Spirituality	
	<p>OCDS Constitutions with companion footnotes. (Footnotes provide an excellent framework to the study of Church Documents)</p> <p>Welcome to the Secular Order of Discalced Carmelite (ICS)</p> <p>Journey to Carith: The Sources and Story of the Discalced Carmelites (ICS)</p> <p>The Carmelite Tradition: Spirituality in History by Steven Payne, OCD. (Liturgical Press, 2011)</p> <p>Carmelite Spirituality in the Teresian Tradition (ICS)</p> <p>Desert Springs in the City: A Concise History of the Carmelite Order by Leopold Glueckert, O.Carm. (Carmelite Media, 2012)</p> <p>The Scapular of Our Lady of Mount Carmel: Catechesis and Ritual (ICS)</p> <p>The Springs of Carmel: An Introduction to Carmelite Spirituality by Peter Slattery, O.Carm. (Alba House, 1991)</p> <p>The Carmelite Way: An Ancient Path for Today’s Pilgrim by John Welch, O.Carm. (Paulist Press, 1996)</p> <p>Finding the Mystic Within You (ICS)</p> <p>I Am A Daughter of the Church: A Practical Synthesis of Carmelite Spirituality by Père Marie-Eugene, OCD. (Thomas More Publishing, 1998)</p> <p>I Want to See God: A Practical Synthesis of Carmelite Spirituality by Père Marie-Eugene, OCD. (Thomas More Publishing, 1998)</p> <p>Fire Within by Thomas Dubay, SM. (Ignatius Press, 1990)</p>
Prayer & Liturgy of the Hours	
	<p>Christian Prayer: The Liturgy of the Hours, “General Instruction of the Liturgy of the Hours”</p> <p>The School of Prayer: An Introduction to the Divine Office for All Christians by John Brook (Liturgical Press, 1991)</p> <p>Making Holy the Day: A Commentary on the Liturgy of the Hours by Charles E. Miller, CM. (Catholic Book Pub. Co., 1975)</p> <p>Lectio Divina and the Practice of Teresian Prayer (ICS)</p> <p>Awakening to Prayer (ICS)</p> <p>Conversation with Christ: The Teachings of St. Teresa of Avila about Personal Prayer by Peter Rohrbach, OCD. (TAN, 2009)</p> <p>Essence of Prayer by Ruth Burrows, OCD. (Hidden Spring, 2006)</p> <p>Upon This Mountain: Prayer in the Carmelite Tradition by Mary McCormack, OCD. (Teresian Press, 2009)</p> <p>Carmelite Prayer: A Tradition for the 21st Century by Keith Egan, TOC.</p>

	(Paulist Press, 2003)
St. Teresa of Jesus	
	<p>The Book of Her Life (In Collected Works, Vol. 1, ICS) The Way of Perfection (In Collected Works, Vol. 2, ICS) The Book of Her Foundations (In Collected Works, Vol. 3, ICS) The Interior Castle (In Collected Works, Vol. 2, ICS) Spiritual Testimonies (In Collected Works, Vol. 1, ICS) Collected Letters of St. Teresa: Vols. 1 & 2 (ICS) Poetry (In Collected Works, Vol. 3, ICS) “I Consider the Labor Well Spent”: A Mini-Course on the Interior Castle by Joel Giallanza, CSC. (Carmelite Media, Tucson, AZ) St. Teresa of Avila: 100 Themes on Her Life and Work (ICS) Interior Castle Explored by Ruth Burrows, OCD. (Hidden Spring, 1981, 2007) Where Lovers Meet: Inside the Interior Castle (ICS) Distractions In Prayer: Blessing or Curse? St. Teresa of Avila’s Teachings in the Interior Castle by Sr. Vilma Seelaus, OCD. (Alba House, 2005) From Ash to Fire: A Contemporary Journey Through the Interior Castle of Teresa of Avila by Carolyn Humphreys, OCDS. (New City Press, 1995) Carmelite Studies IX: The Heirs of St. Teresa of Avila (ICS)</p>
St. John of the Cross	
	<p>Collected Works of St. John of the Cross (ICS) includes: The Ascent of Mount Carmel, The Dark Night, The Living Flame of Love, and The Spiritual Canticle John of the Cross: The Ascent to Joy edited by Marc Foley, OCD. (New City Press, 2008) The Contemporary Challenge of John of the Cross: An Introduction to His Life and Teaching (ICS) The Practice of Contemplation According to John of the Cross (ICS) Ascent to Love: The Spiritual Teaching of St. John of the Cross by Ruth Burrows, OCD. (Dimension Books, 2006) When Gods Die: An Introduction to John of the Cross by John Welch, O.Carm. (Paulist Press, 1990) The Footprints of Love: John of the Cross as Guide in the Wilderness by Hein Blommestijn, Jos Huls, Kees Waaijman, O.Carm. (Peeters, 2001) My Only Friend Is Darkness: Living the Night of Faith with St. John of the Cross (ICS) Union With God According to St. John of the Cross by Gabriel of St. Mary Magdalen, OCD. (Carmel of Regina Maria, Eugene, OR; 1990) The Ascent of Mount Carmel: Reflections (ICS)</p>

St. Therese of the Child Jesus and the Holy Face	
	<p>Story of a Soul: The Autobiography of St. Therese of Lisieux (ICS) The Letters of St. Therese of Lisieux, Vols. 1 & 2 (ICS) The Prayers of St. Therese of Lisieux (ICS) St. Therese of Lisieux: Her Last Conversations (ICS) With Empty Hands: The Message of Therese of Lisieux (ICS) The Love That Keeps Us Sane: Living the Little Way of St. Therese of Lisieux by Marc Foley OCD. (Paulist Press, 2000) The Poetry of St. Therese of Lisieux (ICS) The Context of Holiness: Psychological and Spiritual Reflections on the Life of St. Therese of Lisieux (ICS) The Story of a Life: St. Therese of Lisieux by Guy Gaucher, OCD. (Harper, 1993) The Passion of Therese of Lisieux by Guy Gaucher, OCD. (Crossroad Publishing, 1998) Therese, The Little Child of God’s Mercy: Her Spiritual Itinerary in Light of Her Autobiographical Manuscripts (ICS) John and Therese: Flames of Love by Guy Gaucher, OCD. (Alba House, 1999) Maurice and Therese: The Story of a Love by Patrick Ahern. (Image, 2001) Holiness for All: Themes from St. Therese of Lisieux by Aloysius Rego, OCD. (Teresian Press at Oxford, 2009)</p>
Other Saints and Blesseds of the Order	
	<p>Brother Lawrence of the Resurrection</p> <ul style="list-style-type: none"> • Writings and Conversations on the The Practice of the Presence of God (ICS) • Practicing the Presence of the Living God: A Retreat with Br. Lawrence (ICS) <p>St. Teresa Benedicta of the Cross</p> <ul style="list-style-type: none"> • Edith Stein: The Life of a Philosopher and Carmelite (ICS) • Life in a Jewish Family (ICS) • Self-Portrait in Letters (ICS) • Finite and Eternal Being (ICS) • The Science of the Cross (ICS) • The Hidden Life (ICS)

Other Saints and Blesseds of the Order (Continued)	
	<p>St. Teresa of Jesus of the Andes</p> <ul style="list-style-type: none"> • God, the Joy of My Life: A Biography of St. Teresa of Jesus of the Andes by Michael Griffin, OCD. (Ignatius Press, 1995) • Letters of St. Teresa of Jesus of the Andes by Michael Griffin, OCD. (Teresian Charism Press, 1994) • A New Hymn to God: Testimonies to St. Teresa of Jesus of the Andes by Michael Griffin, OCD. (Teresian Charism Press, 1995) • God is All Joy: The Life of St. Teresa of the Andes (ICS)
	<p>Bl. Elizabeth of the Trinity</p> <ul style="list-style-type: none"> • The Complete Works, Volumes 1 & 2 (ICS) • He is My Heaven: The Life of Elizabeth of the Trinity (ICS) • Two Sisters in the Spirit: Therese of Lisieux and Elizabeth of the Trinity by Hans Von Balthasar. (Ignatius, 1998) • Light, Love, Life: Photo Album (ICS)
	<p>St. Teresa Margaret Redi</p> <ul style="list-style-type: none"> • God is Love (ICS) • From the Sacred Heart to the Trinity (ICS)
	<p>Carmelite Martyrs of Compiègne</p> <ul style="list-style-type: none"> • To Quell the Terror (ICS)
	<p>St. Elijah</p> <ul style="list-style-type: none"> • Elijah, Prophet of Carmel (ICS) • Prophet of Fire by Kilian Healy, O.Carm. (Carmelite Media, Tucson, AZ) • The Sound of Silence: Listening to the Word of God with Elijah the Prophet by Joseph Chalmers, O.Carm. (Carmelite Media, Tucson, AZ)
	<p>St. Mary of Jesus Crucified</p> <ul style="list-style-type: none"> • Mariam, the Little Arab by Ameldele Brunot. (Carmel of Maria Regina, Eugene, OR; 1984)
	<p>Père Jacques de Jésus</p> <ul style="list-style-type: none"> • Pere Jacques: Resplendent in Victory (ICS) • Listen to the Silence: A Retreat With Père Jacques (ICS)
	<p>St. Raphael Kalinowski</p> <ul style="list-style-type: none"> • St. Raphael Kalinowski: An Introduction to His Life and Spirituality (ICS)

Blessed Virgin Mary & St. Joseph	
	<p>Mary</p> <ul style="list-style-type: none"> • Our Lady of the Place: Mary in the History and the Life of Carmel by Emanuele Boaga, O. Carm. (Carmelite Media, Tucson, AZ) • Mary, Mother of Carmel, Vols. 1 & 2 by Redemptus Valabek, O.Carm. (Carmelite Media, Tucson, AZ) • Mary the Contemplative by Joseph Chalmers, O.Carm. (Carmelite Media, Tucson, AZ) <p>St. Joseph</p> <ul style="list-style-type: none"> • Spiritual Reflections on St. Joseph by Michael Griffin, OCD. (Teresian Charism Press)
Rule of St. Albert	
	<p>The Mystical Space of Carmel: A Commentary on the Carmelite Rule (Fiery Arrow) by Kees Waaijman, O.Carm. (Peeters, 1999)</p> <p>A Pattern for Life: The Rule of St. Albert and the Carmelite Laity by Patrick McMahon, O.Carm. (Carmelite Media, Tucson, AZ)</p> <p>The Carmelite Rule: Proceedings of the 2005 Lisieux Conference. (Edizioni Carmelitane, 2008) [Carmelite Media, Tucson,AZ]</p>

The following are some of the online resources for purchasing Carmelite literature:

- Institute of Carmelite Studies: www.icspublications.org
ICS Publications
2131 Lincoln Road, NE
Washington, DC 20002-1199
Phone: 202-832-8489 or 800-832-8489
- Carmelite Media: www.co-store.com/carmelitemedia
Carmelite Media
1540 E. Glenn St.
Tucson, Arizona 85719
Phone: 520-325-1537x117
Fax: 520-318-4651
- **Amazon:** www.amazon.com
- **Carmelite Book Service:** www.carmelite.org.uk
Boars Hill, Oxford
OX1 5HB, UNITED KINGDOM
TEL: 01865 730183
FAX: 01865 326478.
[This site is a source of the **Discalced Carmelite Proper Offices** for the Liturgy of the Hours, until the **Carmelite Proper of the Liturgy of the Hours** is again available.]
- Carmelite Shoppe: www.carmeliteshoppe.com
Carmelite Shoppe
1576 Independence Drive
Northfield, MN 55057