

The Five P's: Partners, Practices, Prevention of Pregnancy, Protection from STDs, and Past History of STDs.¹

Partners

- “Do you have sex with men, women, or both?”
- “In the past 2 months, how many partners have you had sex with?”
- “In the past 12 months, how many partners have you had sex with?”
- “Is it possible that any of your sex partners in the past 12 months had sex with someone else while they were still in a sexual relationship with you?”

Practices

- “To understand your risks for STDs, I need to understand the kind of sex you have had recently.”
- “Have you had vaginal sex, meaning ‘penis in vagina sex’?”
 - If yes, “Do you use condoms: never, sometimes, or always?”
- “Have you had anal sex, meaning ‘penis in rectum/ anus sex’?” If yes, “Do you use condoms: never, sometimes, or always?”
- “Have you had oral sex, meaning ‘mouth on penis/ vagina’?”
- For condom answers:
 - If “never”: “Why don’t you use condoms?”
 - If “sometimes”: “In what situations (or with whom) do you use condoms?”

Prevention of pregnancy

- “What are you doing to prevent pregnancy?”

Protection from STDs

- “What do you do to protect yourself from STDs and HIV?”

Past history of STDs

- “Have you ever had an STD?”
- “Have any of your partners had an STD?”
 - Additional questions to identify HIV and viral hepatitis risk include:
 - “Have you or any of your partner’s ever injected drugs?”
 - “Have your or any of your partners exchanged money or drugs for sex?”
 - “Is there anything else about your sexual practices that I need to know about?”

¹ Centers for Disease Control and Prevention. (5Jun2015). Sexually Transmitted Diseases Treatment Guidelines, 2015. *Morbidity and Mortality Weekly Report*, 64(3). <http://www.cdc.gov/std/tg2015/tg-2015-print.pdf/>.