

## **BENCH PRESS**

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**EVENT COORDINATOR: STEVE WILMESHERR** [swilm43@sbcgolal.net](mailto:swilm43@sbcgolal.net)

**DATE: THURSDAY, JUNE 18, 2020** **10:00 AM**

Weigh-ins - Wed. 6 pm - 8 pm (Margaritaville) or Thurs at 8:00 AM (CHS)

**LOCATION:** Camdenton High School, 662 Laker Drive, Camdenton, MO 65020

<http://camdentonschools.schoolwires.net/chs>

**GUIDING BODY:** International Powerlifting Association (IPA)

**SPORT DESCRIPTION: Bench-press meet. This event will be run concurrently with the full powerlifting event. Full meet lifters' bench presses will qualify for placing in this meet as long as they submit entries for BOTH the powerlifting meet AND the bench-press meet. Otherwise, competitors may compete in Bench Press only.**

Single-ply bench shirts are allowed. Only one wrist wrap item per wrist will be allowed. Elbows must be exposed. Competitors must meet their weight class. Weigh-in and equipment check, morning of Thursday June 18<sup>th</sup> at 08:00, at event venue. Lifting will begin at ~10:00. A round robin and flight system will be used. **Weigh-in and start time subject to change.**

**BRACKETING:** A round robin system will be used.

**Entries for this event close 24 hrs. before event starts.**

### **EVENT ENTRY CODES**

<b>MEN</b>			
<b>123.5 lb (56kg)</b>			
Open			BP01A
Master			BP02A

<b>132.25 lb (60kg)</b>			
Open			BP03A
Master			BP04A
<b>148.75 lb (67.5)</b>			
Open			BP05A
Master			BP06A
<b>165.25 lb (75kg)</b>			
Open			BP07A
Master			BP08A
<b>181.75 lb (82.5kg)</b>			
Open			BP09A
Master			BP10A
<b>198.25 lb (90kg)</b>			
Open			BP11A
Master			BP12A
<b>220.25 lb (100kg)</b>			
Open			BP13A
Master			BP14A
<b>242.5 lb (110kg)</b>			
Open			BP15A
Master			BP16A
<b>275.5 lb (125kg)</b>			
Open			BP17A
Master			BP18A
<b>275.5+ lb (125+kg)</b>			
Open			BP19A
Master			BP20A

<b>WOMEN</b>			
<b>105.75lb</b>			

03/15/2019

<b>(48kg)</b>			
Open			BP01B
Master			BP02B
<b>114.5 lb (52kg)</b>			
Open			BP03B
Master			BP04B
<b>123.5 lb (56kg)</b>			
Open			BP05B
Master			BP06B
<b>132.25 lb (60kg)</b>			
Open			BP07B
Master			BP08B
<b>148.75 lb (67.5kg)</b>			
Open			BP09B
Master			BP10B
<b>165.25 lb (75kg)</b>			
Open			BP11B
Master			BP12B
<b>181.75 lb (82.5kg)</b>			
Open			BP13B
Master			BP14B
<b>198.25 lb (90kg)</b>			
Open			BP15B
Master			BP16B
<b>198.25+lb (90+kg)</b>			
Open			BP17B
Master			BP18B