

110 E. Lauderdale Street Tullahoma, TN 37388 V 931.563.7439 f 931.563.7482 Website: www.hospiceofthehighlandrim.org E-Mail: HHRF@lighttube.net



Dear Friends of Hospice of the Highland Rim Foundation Inc.,

We Cordially Invite You... to join us as a runner or walker for our First Annual Hospice of the Highland Rim Foundation's, 5K Trail Run/Walk at Tim's Ford State Park on Saturday, October 7, 2017. Check-in will begin at the recreation center at 7:30 a.m. and the run/walk at 9:00 a.m. This is an easy to moderate paved trail.

Hospice of the Highland Rim Foundation's Mission is to help hospice patients who are experiencing end-of-life hardship due to their illness. HHRF is a local charity that was established in January of 2009 to assist hospice patients regardless of which hospice agency the patient choses for end-of-life care. HHRF helps hospice patients and their family with food and utilities while on an individual is on hospice care. Proceeds from this event will help to relieve financial

Hospice touches the lives of everyone in our community. In 2016, HHRF with the help from local supporters provided approximately \$67,000 in grants for Hospice Patients in Bedford, Cannon, Coffee, Franklin, Grundy, Lincoln and Moore County. We are asking for your help today to continue helping these special patients.

Run, Walk or Donate in Memory of or Honor of a Loved One. Enclosed is our registration sheet and event information. Feel free to share our 5K Event information with your family, friends, neighbors, co-workers or anyone who would like to help others while on hospice care. Finishing medals will be given to each competitor that crosses the finishing line and awards will be given for the top qualifiers for male and female participants. Everyone is invited to participate in this charity event even if you have never had a loved one on hospice. All information for our upcoming 5K Trail Run/Walk at Tim's Ford State Park on Saturday, October 7, 2017 can be found on our website at www.hospiceofthehighlandrimfoundation.org. Please remember, your contribution and participation is and always will be critical to help hospice patients in our *local community.* An envelope has been enclosed for your reply.

Best regards, Jennifer A. Lazenby, Director

stress and allow their loved ones to be home with them during this difficult time in their life.

HHRF Charity 5K Run/Wall

Board Members Dr. P. David Elrod President

Jennifer A. Lazenby

Secretary/Treasurer

Terri Milam Ret. RN Board Member

Board Member Rev. Marty Nutter

Board Member

Board Member

Tjawanna Hammond, RN

Gayle Wasson, Volunteer



Hospice of the Highland Rim Foundation, Inc. Gratefully Acknowledges Our Current Sponsors!!!

Bronze Sponsors & Memory Of:

Coffee County Funeral Home (In memory of all the families that we serve.) Manchester Funeral Home (In memory of all the families that we serve.)

Dairy Queen, Decherd TN Location U. S. Bank – Manchester Branch U.S. Bank - Tullahoma Branch



Finish Line Sponsors & Memory Of:

Duck River Electric Membership Corporation - All Locations Stephen M. Worsham, Attorney at Law - Tullahoma

Donation Sponsorships & Memory Of:

Jack Daniel's Distillery - Lynchburg Marcrom's Pharmacy, P.C. - Manchester Richard's Waste Removal - Fayetteville





FACEBOOK & TWITTER: Like us on Facebook and Follow Us on Twitter to receive updates on your smart phone. You will know about sponsorships, volunteer opportunities, fundraisers and other activities, both big and small. You will have all the information you need to attend an event including how to get to the venue.



TO UPDATE OTHERS ABOUT HHRF'S UPCOMING 5K CHARITY RUN/WALK AT TIM'S FORD STATE PARK SHARE OUR FACEBOOK POSTING ON YOUR PAGE!

Amazon Smile! HHRF is registered to received donations from Amazon Smile with your purchases. Amazon Smile has the same products, same purchases and same service that you receive through Amazon. Amazon Smile will donate 0.5% of the price of your eligible purchases to Hospice of the Highland

Rim Foundation, Inc. to go towards helping hospice patients on during the end-of-life care on hospice services. Go to http://smile.amazon.com to help hospice patient in addition to your regular giving. You will be asked which charity you would like to support from a list and choose Hospice of the Highland Rim Foundation. The 0.5% will go to our account which has been setup on Amazon Smile!



Use Your KROGER PLUS CARD as an additional way to help hospice patients in Bedford, Cannon, Coffee, Franklin, Grundy, Lincoln and Moore Counties! Register online at www krogercommunityrewards.com

HOW TO SIGN- UP AND USE YOUR KROGER PLUS CARD:

- 1. When registering you **MUST click on SIGN UP** in the New Customer box and enter your zip code.
- You will then get a message to check your email inbox and click on the link within the body of the email.
- 3. Click on My Account and use your email address and password to proceed to the next step.
- 4. Click on Edit Kroger Community Rewards information and input your Kroger Plus Card number to update or confirm your information.
- 5. Enter NPO# 83515 or Hospice of the Highland Rim Foundation, Inc. and click on confirm.
- To verify you are enrolled correctly, you will see Hospice of the Highland Rim Foundation, Inc.'s name on the right side 6. of your information page.

REMEMBER, purchases will not count to help hospice patients until after you register your Kroger card. Each time you shop at Kroger's, swipe your registered Kroger Plus Card or use the phone number that is related to your Kroger Plus Card for each purchase. If you do not have a Kroger Plus card, they are available at the customer service desk at any Kroger's store.



Volunteer Opportunities Available! There's a lot you can do to help hospice patient's in your community through HHRF. No special training is required to help with events. Call our office at 931-563-7439 or E-Mail us at HHRF@lighttube.net for more information on volunteering!!