

SUNDAY MORNING

Choreographed by Marc Mitchell

(Tribute to Johnny Cash & Kris Kristofferson)



Description: 64 count, 4 wall, 1 restart, 1 tag & restart intermediate country line dance

Music: Sunday Morning Coming Down by Johnny Cash (16 biggest hits-Johnny Cash)

Intro: Very quick, on word "Woke"

Direction: CW

STEP RIGHT, SCUFF LEFT, STEP LEFT, SCUFF RIGHT, RIGHT LOCK STEP, HOLD

- 1-2 Step right forward, scuff left forward
- 3-4 Step left forward, scuff right forward
- 5-6 Step right forward diagonal, step left behind
- 7-8 Step right forward diagonal, hold

BACK COASTER STEP, HOLD, ANCHOR STEP, HOLD

- 1-2 Step left back, step right together
- 3-4 Step left forward, hold
- 5-6 Press right behind left, recover left in place
- 7-8 Step right behind left, hold

STEP LEFT BACK, STEP RIGHT SIDE 1/4 TURN RIGHT, LEFT FORWARD, ROCK RIGHT BEHIND, RECOVER LEFT, STEP RIGHT SIDE, ROCK LEFT BEHIND, RECOVER RIGHT

- 1-2 Step left back, step right to side 1/4 turn right
- 3-4 Step left forward, press right behind left
- 5-6 Recover on left, step right to side
- 7-8 Press left behind right, recover on right

STEP LEFT FORWARD, PIVOT RIGHT FORWARD 1/2 TURN RIGHT, LEFT FORWARD, HOLD, STOMP RIGHT FORWARD DIAGONAL, HEEL, TOE, HEEL

- 1-2 Step left forward, step right forward 1/2 turn right
- 3-4 Step left forward, hold
- 5-6 Step right forward diagonal, swivel left heel to right
- 7-8 Swivel left toe to right, swivel left heel to right

LEFT FORWARD LOCK STEP, BRUSH & ROCK FORWARD, RECOVER LEFT, RIGHT FORWARD 1/4 TURN RIGHT, HOLD

- 1-2 Step left forward diagonal, step right behind left
- 3-4 Step left forward diagonal, brush right
- 5-6 Step right forward, recover on left
- 7-8 Step right forward 1/4 turn right, hold

HEEL LEFT DIAGONAL, HOOK LEFT, TAP LEFT IN PLACE X2, LEFT BACK, RIGHT FORWARD 1/2 TURN RIGHT, LEFT FORWARD, HOLD

- 1-2 Heel left forward diagonal, hook left over right
- 3-4 Touch left next to right x2
- 5-6 Step left back, step right forward 1/2 turn right
- 7-8 Step left forward, hold

RUMBA RIGHT FORWARD, HOLD, LEFT SIDE, TOUCH RIGHT IN, OUT, IN

- 1-2 Step right to side, step left together
- 3-4 Step right forward, hold
- 5-6 Step left to side, touch right together
- 7-8 Touch right to side, touch right together

ROCK RIGHT SIDE, RECOVER LEFT, CROSS RIGHT OVER LEFT, HOLD, 3/4 TURN RIGHT, HOLD

- 1-2 Step right to side, recover on left
- 3-4 Cross right over left, hold
- 5-6 Step left back 1/4 turn right, step right forward 1/2 turn right
- 7-8 Step left forward, hold

RESTART: After 48 counts of wall 1

TAG (8 cts): After 48 counts of wall 2 (facing 12.00)

RIGHT TOUCH, LEFT TOUCH, HEEL, HOOK, HEEL. FLICK

- 1-2 Step right to side, touch left together
- 3-4 Step left to side, touch right together
- 5-6 Heel right forward diagonal, hook right over left
- 7-8 Heel right forward diagonal. flick right back right diagonal

ENDING: Wall 10, facing 9.00, after 64 counts. There is a slow down at the end for a perfect finish

WALL SEQUENCE: 12,6,12,3,6,9,12,3,6,9