

PICKERINGTON SENIOR CENTER

OCTOBER 2019

NEWSLETTER

614-837-3020



CENTER DIRECTOR:
NANCY LEE

OFFICE SPECIALISTS:
DEANA DILLON and JAMIE NEUTZLING

TELEPHONE 614-837-3020 FAX 614-833-6471
HOURS: MON-THURS 8:30AM-4:30PM
FRI-8:30AM-2:30PM

WEB PAGE: [http://pickerington senior center.org](http://pickerington-senior-center.org)
EMAIL: pickcenter@violet.oh.us

A NOTE FROM NANCY

It is with sadness that we inform you on September 16th we lost our President and dear friend, Ted Hackworth. Our thoughts and prayers go out to his wife, Ann and family. Ted was an asset to the center and he will be greatly missed.

Sorry but I'm still not able to get any information on the school lunch for seniors. They have a new person in charge of student council at both schools, I have left a message at both schools, no calls back yet.

FLU IMMUNIZATIONS WEDNESDAY, OCTOBER 2ND

11:00AM – 1:00PM

Trish Brewster & her staff from The Kroger Store on Hill Road will be coming to the center to give both Fluzone HD for those over 65 and Fluzone Quad for those preferring the regular strength. The cost for Fluzone HD is \$60.00 and Fluzone Quad is \$40.00. Checks or exact change would be preferred. Some of the most common plans include; Humana, Medigold, Aetna, United Health Care, Medicare (Red, White & Blue Card) and Blue Cross. They will need to copy your insurance card. Call your insurance to see if they cover the cost.

WEDNESDAY LUNCHEON – OCTOBER 2ND

Luncheon is at 11:30 am. Cost is \$6.00 per person. MENU: Salad w/assorted dressings, Johnny Marzetti, Green Beans, Garlic Bread and Banana Pudding. Coffee & Iced Tea. No tickets sold after Friday, September 27th.

TITLE BOXING

THURSDAY, OCTOBER 3RD & 17TH

Maria Manzo from Title Boxing will be here from 9:00-9:45am. Sessions are around the Rock Steady Boxing curriculum that increases the neuroplasticity of the brain aka help produce healthy brain cells. The exercises are designed to improve quality of life, have fun, and get results all at the same time. The **cost is FREE**; if you join the class she will supply the Boxing kit that includes a bag and gloves or you can purchase them from her for \$20.00



NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our activities. Frances Jolley, Barb Nelson, Larry & Carol York and Kathryn Williams.

COFFEE CLUB

FRIDAY, OCTOBER 4TH 9:30AM

Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion.

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MEDICARE SEMINAR
UNDERSTANDING YOUR MEDICARE OPTIONS
THURSDAY, OCTOBER 10TH
10:00-11.00A.M.

Medicare can be confusing and difficult to understand. Would you like to learn more about your Medicare choices, find out about recent Medicare changes and learn about important enrollment deadlines? This educational seminar will address your questions whether you are just turning 65, caring for someone who has Medicare, or simply want a better understanding of your own coverage.

ANNUAL SOUP DINNER AND BINGO
THURSDAY, OCTOBER 10TH

You may choose either bean or vegetable soup. When you purchase your ticket let us know which soup you want, you will need to give them the ticket when you get your soup. The cost is \$7.00 for soup, dessert, coffee or iced tea, and bingo. If playing bingo only the cost is \$3.00. **We will serve from 5:00-6:00pm, bingo starts at 6:30pm.** Two groups will be working, one for dinner and one for bingo, if you would be willing to help out please call Annabelle Marion at 614-866-7339.

UPCOMING FESTIVAL

Oct 12TH – Groveport Apple Butter Day

MEMBERSHIP INCENTIVE PROGRAM

Any member that signs up four new members will receive a **\$25.00 Visa Gift Card.** Tell the office staff to put your name on the form when you sign up a new member. All you need is four members!!

HALLOWEEN LUNCHEON
TUESDAY, OCTOBER 15TH

The luncheon starts at noon. Please bring the following: A-G a vegetable, H-M a salad, N-S a dessert, and T-Z a meat. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon.

VOLUNTEER OF THE MONTH

The center would like to honor Kay Howard. Kay helps with noodles, helps decorate for Halloween & Christmas. Helps with clean up when needed. Kay will receive a \$15.00 gift card. Enjoy your reserved parking space the month of October. Thanks for all your help.

LIONS RECYCLE FOR SIGHT

The Lions Club has a box here for you to put your old eyeglasses and they will recycle them for people who need assistance with purchasing them.



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FOOT CARE

THURSDAY, OCTOBER 17TH

WEDNESDAY, OCTOBER 23RD

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$30.00. It includes a 30 minute treatment, a complete foot assessment, expertly trimmed, thinned & filed nails, corns & calluses filed & buffed. All tools are sterilized for each patient. Call 614-837-3020 to sign up.

BINGO

TUESDAY, OCTOBER 22ND

Every month we play Bingo!! At noon there is a potluck to include homemade ice cream. Bingo starts at 1:00p.m. Come in and join the bingo players and have some laughs.

PANCAKE BREAKFAST

SATURDAY, OCTOBER 26TH

It's that time again to start flipping pancakes. The breakfast is from 8:00-11:00a.m. The cost is still \$4.00 per person for adults and \$2.50 for children 5-10, under 5 is free. Come in and enjoy all the pancakes you can eat, sausage, orange juice, coffee or hot tea; we have milk for the children. October's breakfast is sponsored by Spence Funeral Home.



COMMUNITY TRICK OR TREAT NIGHT

THURSDAY, OCTOBER 31ST

6:00 – 8:00PM

WATERCOLOR CLASS IS FREE TO MEMBERS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes." The class is free to members. Call Lois at 614-837-0266 for a list of supplies needed.

STRENGTH CLASS

Join the strength class every Monday and Wednesday from 10:00-11:00am. The class is free to members. The class focuses on building upper and lower body strength, a good stretch and improving your balance.

FITNESS FOR A PURPOSE


EVERY FRIDAY MORNING-

Join Michelle every Friday for Vintage Fitness; Exercise starts at 9:00am. Registration, sign up at 8:30am. It is a 45 minute class. It's a total workout; come see the power you've got and make great things happen for your health and well-being. A certified instructor will guide you through a safe and effective workout.

LIBRARY


Check out the Library, we have a large selection of books to select from and several puzzles. Take a few books and puzzles home and just return them when finished.

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THANK YOU

John Samborsky and Jeanne Carroll over the Labor Day week-end at the Festival and The Bowling Alley sold 75 bags of noodles. Big thanks to them and to all the noodle makers for making it possible to be able to sell all those noodles. GREAT JOB!

Here are the dates that they will be making noodles again. 10/3, 10/31, 11/7, 11/21, 12/5 & 12/19.

Put it on your calendar, you will get a reminder call.

INTERESTED IN LEARNING ABOUT YOUR FAMILY TREE

Julie Ganley and Faith Hoek are starting a group for people who would like to do genealogy research to trace their family's history and make their own family tree. There is no cost to join. If you have any questions call Julie at 937-436-9212 or Faith at 201-739-7241. They meet every Wednesday at 11:15am at the Center.

GOLF ANYONE

Pickerington Senior Center is now offering you the opportunity to participate in a Senior Golf League that plays on Wednesdays & Fridays. You don't have to go both days, nor do you have to commit to playing each week. The cost each day that you choose to play is \$23.00 (which includes the cart) – plus \$5.00 for prize money, which is awarded daily. Starting time is 9:00a.m. If you have any questions call Doug Hoek at 201-739-7995.

LANCASTER-FAIRFIELD PUBLIC TRANSIT LANCASTER-FAIRFIELD TRANSIT

FARES: Passengers must have exact change or a pre-paid pass (available at the transit office or 211.) General Public \$.50, Mobility Rate \$.25 and Transfers \$.10. For more information or to apply for the Mobility (Elderly/Disabled) Rate, please visit www.ci.lacaster.oh.us/242/transit. For current Loop schedules call 740-681-5086. We have a drop box here at the center by the bus stop with a schedule and information about the bus.

TRIPS



EXPLORE TUSCANY

NOVEMBER 2-10, 2019

PRE-DEPARTURE MEETING

WEDNESDAY, OCTOBER 16TH AT 2:00PM

Highlights include Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, Cooking Class, Sienna, and Choice on Tour, Winery Tour, Cheese Farm and more. Cost is double \$3,199.00, Single \$3,499.00. Triple \$3,169.00. Not included in price is Cancellation Waiver and Insurance of \$315.00.

SATURDAY, NOVEMBER 16TH

HOLLY JOLLY CHRISTMAS

Join us as we travel to Canton, Ohio. The first stop will be at Heggy's Candy Company, which has been in business since 1923 where you can purchase your chocolates just in time for the holidays. Next we depart for an Italian Holiday Feast, family style at LaPizzaria. Our final stop will be at the Canton Music Palace for a Canton Christmas Spectacular! Sit back and enjoy a two hour musical variety show. You will be wowed by all your favorite musical numbers performed by choirs and choral groups along with fun skits, dance routines and delightful costumes. **The cost is \$129.00 and includes motorcoach transportation and all taxes and gratuities on included items. Payment due on sign up. We can't add anyone after September 20th.**

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OGLEBAY PARK

WEDNESDAY, NOVEMBER 20TH

Join us as we travel to Wheeling Park, a sister park to Oglebay for an included buffet dinner. After dinner we will go to Oglebay Park for a driving tour to see the beautiful Christmas lights and visit the gift shop for a little Christmas shopping. **The cost is \$59.00 per person and includes dinner, motorcoach transportation, and all taxes and gratuities on included items. Payment due on sign up. Dinner will be around 4:00 so you might want to bring a snack for the trip home.**

LACOMEDIA – ELF

WEDNESDAY, DECEMBER 4TH

Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to discover his true identity. Faced with the harsh realities that his father is on the naughty list and his half-brother doesn't even believe in Santa. Buddy is determined to win over his new family and help New York remember the true meaning of **Cost is \$60.00. Payment is due before 10/28.**

NASHVILLE'S OPRYLAND

COUNTRY CHRISTMAS

DECEMBER 10TH – 13TH

Travel to "Music City USA" for an Opryland Country Christmas featuring 3 nights hotel accommodations at the Gaylord Opryland Hotel. Spend hours wandering around this fabulous hotel and all its beauty seeing ICE sculptures, waterfalls and the Brightest Star Fountain Show. Be sure to ride the Delta Flatboat around the indoor river for a guided tour as you wind your way through the hotel. Also included are 5 meals including a lunch cruise and

entertainment aboard the General Jackson Riverboat and a Country Christmas dinner show featuring Trace Adkins, a tour of Nashville, a Grand Ole Opry performance of Vince Gill & Amy Grant at the Ryman Theatre. Gratuities included on all included items. **Cost is \$899.00 double occupancy with a \$200.00 deposit due on sign up, final payment due before October 18th.**

PRESENTATION

DISCOVER CANYON COUNTRY –

TUESDAY, OCTOBER 8TH AT 11:00AM

HIGHLIGHTS: Scottsdale, Oak Creek Canyon. Kaibab National Forest, Grand Canyon, Lake Powell, Choices on Tour, Bryce National Park, Zion National Park, Las Vegas. Enjoy time in magical Sedona and scenic drive thru Oak Creek Canyon, Climb aboard Zion's open-air tram with an expert guide. Experience an invigorating breakfast cruise along lovely Lake Powell. Behold the breathtaking view of the vast Grand Canyon, Explore the most amazing spires of Bryce Canyon National Park and marvel the red and white sandstone cliffs of Zion National Park. Includes 8 Days, 10 Meals: 6 Breakfasts, 4 Dinners. The cost for early sign up before November 22nd: Double \$2,999, Single \$3,899 and Triple \$2,949. Cancellation Insurance \$275.00 per person.

The trip date is May 22nd-May 29th, 2020.

OBERAMMERGAU, GERMANY & PASSION PLAY

June 26-July 8, 2020-Some inclusions of this once in a lifetime trip include: Vienna, Danube Cruise, Salzburg, and Mozart Dinner Concert at St. Peter's Restaurant, Munich, Oberammergau Passion Play, and much more. Includes roundtrip air, 19 meals, 11 nights, all taxes & gratuities on included items. The Passion Play (the story of Jesus) only comes around every 10 years and we need to reserve seats now for 2020. Stop in for a brochure with all the details of your day by day itinerary.

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FROM DEANA

REMEMBERING EVERYONE WITH WARMEST
THOUGHTS ON THEIR BIRTHDAY



(1)Robert Cubra, Nellie Nihiser(2)Russel Bailey, Candi Moore, Melodie Reed (3) Peggie Rice, Lisa Stoklosa (4)Bonnie Miller, Marilyn Spence (5) Susi Mueller (6) Faith Hoek, Gertrude Stacoffe (7)Ann Bradford, Lilia Checca, Ellen Mastracci, Mary Boehm (8)Julie Larson (9) Betty Kolkody, Penny Durben (10) Mary Ann Bowen, JoAnn Shepard (11) Bill Morgan (12) Linda Frazee, Kay Skibo (13)Marilyn Harmon, Wayne Schultz, Larry York (14) Pureza Jacaban (15)Betty Burk (16) J. Elaine Grener, Buck Ewing (17) Lauretta Bain, Carol Plympton, Susan Conaway, Kate Vanormer, Render Phillips (18) Bill Haislet, Carol Foeke, Barb Shaffer (19) Jeanne Carroll, Jeri Lane, Ken Schneider, Marilyn Burkart (21) Jo Ellen Gohr, Donna Moore, Bud DeLong, Sharon McDougal, Carolyn Smith, Jack St.Cyr (22)Sue Fraham, Hilda Coldsmith, Richard Smith, Robert Lloyd, (23)Patty Moore, Eddie Sheline, Grace O'Connell, Shirley Case, Pauline Limbach, Thomas Laughery (24) Rod Frazer, Debra Sherman (25) Joseph Douglas, Mike Welling (26)Martha Gravatt, Ann Harper, Schearl Budd (27) Barb Smithberger (28) Julia Archer, Susan Pocta, Troy Watkins (29) Charlene Hertzler, Walter Monroe (30) Lynn Wilcox (31) John Samborsky, Richard Erwin, Gordon Burke

GAME NIGHT:

Please join the new game night here at the center on Thursday's @6:30pm on October 3rd, 17th, 24th and 31st. Variety of games. Come have some fun & laughs with your friends.

IN LOVING MEMORY OF:

Bunny Rickenbacker's grandson, Logan
Jim Paxton's Father
John Bockey
Ted Hackworth, Ann's husband

MEMBERS KNOWN ILL:

Lois Clark- fell, doing better
Noreen Demas-fell, broken leg & foot
Betty Luzader-pace maker
Arin Anderson-lungs

CONGRATULATIONS:

Jimmy & Mary Moore on their new Great Grandson, Graham Martin.

THANK YOU:

Thank you to Mike Hussey for purchasing the new coffee maker for the center.

Thank you to Doug Hoek for purchasing and hanging the new American Flag on our flag pole out front.

HALLOWEEN PARTY:

Join us for our 3rd Annual Halloween party Thursday, October 26th from 1:00-3:00pm. Tickets are FREE and can be picked up in the office starting October 1st.



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