

**AZDT Throws Series 3**

Scottsdale, AZ

7/15/2018

**Shot Put**

|     |                 |       |
|-----|-----------------|-------|
| M55 | Jim Biondolillo | 9.55  |
| M65 | Richard Watson  | 10.45 |
| W40 | Angela Herzner  | 14.01 |

**Weight Throw**

|     |                      |       |
|-----|----------------------|-------|
| M50 | John Ryer            | 16.09 |
| M55 | Jim Biondolillo      | 12.18 |
| M65 | Richard Watson       | 13.96 |
| M80 | Phil Shipp           | 13.45 |
| W40 | Angela Herzner       | 14.73 |
| W55 | Kathleen Biondolillo | 8.28  |

**Super Weight Throw**

|     |                      |      |
|-----|----------------------|------|
| M50 | John Ryer            | 8.11 |
| M55 | Jim Biondolillo      | 5.84 |
| M65 | Richard Watson       | 7.47 |
| M80 | Phil Shipp           | 7.47 |
| W40 | Angela Herzner       | 8.89 |
| W55 | Kathleen Biondolillo | 6.53 |

| Age | Name                 | Total | PI | Weight | WT Points | Super Weight | SWT Points | Ultra 1 | Ultra 1 Points | Ultra 2 | Ultra 2 Points | Ultra 3 | Ultra 3 Points |
|-----|----------------------|-------|----|--------|-----------|--------------|------------|---------|----------------|---------|----------------|---------|----------------|
| M50 | John Ryer            | 3327  | 1  | 16.09  | 842       | 8.11         | 814        | 3.42    | 700            | 1.78    | 611            | 0.76    | 360            |
| M57 | Jim Biondolillo      | 3227  | 1  | 12.18  | 659       | 5.84         | 610        | 3.21    | 716            | 1.74    | 656            | 1.04    | 586            |
| M65 | Richard Watson       | 3313  | 1  | 13.53  | 740       | 7.47         | 721        | 5.80    | 716            | 2.56    | 648            | 1.18    | 488            |
| M83 | Phil Shipp           | 3366  | 1  | 13.45  | 881       | 7.47         | 654        | 5.68    | 592            | 4.55    | 593            | 3.82    | 646            |
| W43 | Angela Herzner       | 4742  | 1  | 14.26  | 920       | 8.89         | 980        | 7.07    | 978            | 5.31    | 926            | 2.61    | 938            |
| W58 | Kathleen Biondolillo | 2959  | 1  | 8.28   | 535       | 6.53         | 658        | 4.11    | 543            | 3.42    | 573            | 2.99    | 650            |