

VICTORY OVER FAILURES WORKSHEET (I John 5:4-5)Page 2 of 2**Column (4) Expansion**

(4) My plan not to repeat this sin and to respond biblically instead (Titus 2:11-14)

When I think of my mother, I will focus on the things that are true, honest, just, pure, lovely, of good report, virtuous, and praise-worthy about her (Philippians 4:8), instead of allowing the bad memories to destroy my peace and joy.

Speak biblically.

When speaking with others about my mother, I will speak only of the good qualities she had as a person, and I will not put her down (Ephesians 4:29-32). I will tell the children about some of the pleasant things I remember about her from my own childhood, instead of not talking about her at all. Currently, the little ones don't even know she ever existed.

Act biblically.

I will continue to study Proverbs 23:7 and I Corinthians 13:5 in order to cleanse my mind of unbiblical thinking which hinders me from forgiving. I will also memorize/review Matthew 6:14-15; 18:32-35 and Ephesians 4:32 using my scripture memory plan to remind myself of God's forgiveness, as well as His commandment to me to forgive. I will seek God's help in being able to completely forgive, and ask God to help me to get past the pain and bitterness I have carried with me for 25 years now. I will forgive my mother instead of just pretending that she never existed and not dealing with the situation that needs to be dealt with. I will seek to become more Christ-like in my actions by spending time in prayer on a regular basis. I will ask God to forgive me for being so unforgiving even after all he has done for me.

My contingency plan for overcoming my unforgiving spirit:

As soon as I have unforgiving thoughts I will: S.T.O.P.:

Surrender to God's will by confessing my spirit of unforgiveness and selfishness and by asking God to help me to see other people as God sees them - as sinners in need of forgiveness.

Think of the situation biblically, reminding myself that no situation is worth being disobedient to God by holding on to the past. Recite my Scripture memory verses which deal with forgiveness. Remember that by failing to forgive another, I am only harming myself, and therefore I am not taking care of the temple of the Holy Ghost as I am commanded to do in scripture.

Open my heart to receive God's comfort during difficult times as I work through this problem. Allow God to cleanse my thought life and help me to focus on pleasing Him, instead of focusing on wrongs received.

Prepare for God's blessings, knowing that He will richly bless those who seek to do His will. I will keep my focus on the prize rather than on the problem. I will remind myself that God works all things together for His good. He works through tough situations to make us stronger, and to prepare us for His work in His time.

If I fail to keep my plan:

I will confess my sinful behavior to the Lord and start on my basic plan again immediately, making adjustments as necessary.