

NEWSLETTER

AREA 68 AA-SWTA

JULY 2024

DISTRICT 2

Hey everyone from District 2 AA!

I hope this message finds you well! As always, it's a pleasure to connect with you through our newsletter once again. Today, I'm eager to share some exciting updates and insights with you. So, grab a cup of coffee, get comfortable, and let's dive into the latest happenings.

I had such a great time at the Texas State Convention in Irving, Texas on June 21-23. The turnout was fantastic, the speakers were amazing, and I got to catch up with so many wonderful people from the fellowship. I even brought my sponsee who had never been outside of New Braunfels AA, and she was really impressed by the event's scale. She left feeling inspired!

During the convention, all 4 Delegates had a 10-minute panel where they shared their thoughts. The message that really struck a chord with me was about unity. Several delegates acknowledged the strong opposition within AA's membership regarding the plain language of the big book and any potential changes to the founder's writings. But no matter where AA stands on these issues, we must remain unified to carry the message to those who are still suffering.

Just a reminder that the Area 68 summer workshop will be taking place in San Antonio from July 19th to 21st. It's important for the GSRs and committee chairs to attend, especially considering the proximity.

Gratefully in Service,

Cheryl B.

STEP 7

“Humbly asked Him to remove our shortcomings.”

THE ONE THING I NEED TO KNOW ABOUT STEP 6

Humility Heals Pain

Principle of this Step: Humility

STEP SUMMARY

One dictionary defines **humility** as “the quality or condition of being humble; modest opinion or estimate of one’s own importance, rank, etc.” While that is a perfectly good definition of it, the ‘Literature Reference “ above highlights that Bill W. gave us HIS definition of humility in the 12&12 as: **“a desire to seek and do God’s will.”**

One of the first and most important things we need to learn about our defects is that we can’t be relieved of them without some level of humility. Alcoholics are victims of pride and selfishness. In the past when we felt pain and suffering (generally as a result of said pride & selfishness), we masked it with alcohol. Before coming to AA, we used self-reliance to deal with it. Today, we can acknowledge the limits of human power in addressing these character defects. We cannot do it on our own. We cannot do it by sheer willpower. We cannot do it by our own intellect and reasoning.

Although steps 6 & 7 are the shortest Steps in terms of wording in our Big Book and perhaps the least discussed in meetings these days, they are probably the most potent of all twelve. As we mentioned in Step 6, they ARE the meat & substance of our program of recovery. They embody the miracle of transformation as we turn over our broken, defective personalities for God to transform them into healthy, effective instruments of God’s will.

Humility turns obstacles into opportunities for God to act through us. When questioning whether or not I am applying humility to a situation I could ask, “How would a humble person handle this situation?” When we mix self-centeredness with a situation, a problem results. When we remove our defects to the degree that we are willing to practice the spiritual obedience that lay behind them. Step 7 gives us the choice to pray to be free of a defect rather than obsessed with it as we were before taking it. Be patient. Be diligent. Our defects didn’t mold us overnight and we can’t change our life overnight.

TRADITION 7

Short Form: "Every AA group ought to be fully self-supporting, declining outside contributions."

Long-form: "The AA groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those AA treasuries that continue, beyond prudent reserves, to accumulate funds for no stated AA purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority."

CONCEPT 7

Short Form: "The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the AA purse for final effectiveness"

Long Form: "The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the AA purse for its final effectiveness."

Principle of the Concept: Balance

EVENTS:

- July 14 at 2 pm: District 2- Area 68 Meeting
 - 24 Club- 1142 Eikel St. New Braunfels
 - ZOOM ID: 885 4161 6176 PW: 459033
- July 19-21: SWTA Summer Workshop
 - Westin North San Antonio
- August 9th: PI/CPC Conference
 - Williamson Conference Center- 1209 N IH 35 Round Rock, TX
- October 4-6: SWTA Fall Conference and Voting Assembly
 - Victoria, TX
- October 11-13: SWRAASA SW Regional AW Service Assembly
 - 900 E Lookout Dr. Richardson, TX 757082
- Last Saturday of every month: 7-8 pm: Area 68-PI-CPC Committee Meeting
 - Zoom Info: Meeting ID: 872 2638 6440 PW: PICPC68
 - Question: Contact Kaylyn J. (512) 994-5194 or pi-cpc@aa-swta.org

LOCAL INFORMATION:

NEW BRAUNFELS GROUP CONSCIENCE

Meets at 12:15pm every 3rd Sunday of the month. All members of New Braunfels Group AA are encouraged to attend. Attendance is mandatory for service members.

HEE-HAW CONCEPT MEETING

Third Monday of each month at 6pm. Into Action group:
1302 South Main, Lockhart TX, 78644

BEGINNERS SPEAKER MEETING

Monday at 7pm, 1142 East Eikel

WINDMILL WOMEN'S MEETING

Saturday 7pm-8pm, Windmill Wellness Ranch
26229 N. Cranes Mill Road, Canyon Lake

SERVICE OPPORTUNITY:

The Central Service Office Helpline Committee has Volunteer shifts open. Friday 9am-1pm and Thursday

1pm-5pm, may work at CSO or from home.

After hours helpline chairperson: Requires 1 year sobriety, a home group, and regular meeting attendance.

Please contact Virginia B: (210) 821-6325 or
grpserv2019@att.net

NB GROUP ZOOM

Noon every day except Saturday ID:

864 9468 3219

PASSWORD: 24Eikel

ZOOM MEETINGS

District 2 Area Zoom Meeting: Second
Sunday from 2pm-4pm Jan 14 to Sun
Dec 14, 2025