



Weekly Specials!

Available  Week Ending 9/15/18

1449 Yamato Rd, Boca Raton
Lifetime Fitness/Hampton Inn Plaza

(561) 998-GOOD (4663)

Fast Free Delivery! \$10 Minimum

www.frescofoodworks.com

Large Orders? Save time Fax them in! 995-8339

Hand Crafted Perfection!

Breakfast Specials!

Available 7am-10:30am

- #A** Chipotle Chicken Breakfast Panini \$6.29
Chipotle Chicken, Bacon, Eggs, & Cheddar on a grilled Ciabatta
- #B** Breakfast of Champs Pita \$6.69
Ham, Sausage, Bacon, Eggs, & Cheddar & American on Warm Naan Pita
- #C** Spicy Italian Breakfast Griller \$5.99
Chipotle, Cappy Ham, Pepperoni, Eggs, Pepper Jack, Grilled multi grain Bread
- #D** Philly Cheesesteak Breakfast Wrap \$5.99
Roast beef, eggs, American & Cheddar, grilled Onions in a Wrap

Natalie's Fresh Orange Juice -- Martinelli Apple

Tropicana Cranberry -- Monster Energy

Lunch Specials!

- #1** Chipotle Chicken Cheddar Panini \$8.69
Fresh Traditional Ciabatta
Our own Chipotle infused Mayo
Grilled on premise all Natural Chicken
Boar's Head Vermont Cheddar
Applewood smoked Bacon
- #2** California Chicken Avocado Sub \$8.49
Fresh Baked on Premise WHEAT Sub Baguette
Our own Pesto infused Mayo
All Natural Chicken Breast
Boar's Head Provolone
Boar's Head Applewood smoked Bacon
Toasted: then topped w/ Lettuce & Tomato & Fresh Avocado Guacamole

- 100% Idaho Russet
- Stuffed Baked Potatoes**
 - Bacon & Cheese Spud** - Applewood Smoked Bacon & Cheddar \$5.99
 - Chili Cheese Spud** - Beef & Black Bean Chili smothered with Cheddar \$6.99
 - The Plain Jane Spud** - served with a side of Sour Cream & Butter \$3.99
 - Philly Steak & Bacon Spud** - Steak, Onions, Bacon, & Cheddar \$6.99

- #3** Spicy Italian Panini \$8.69
Fresh Multi Grain Sandwich Bread
Our famous Chipotle infused Mayo
Boar's Head Capicola Ham
Boar's Head Pepperoni *grilled to perfection!*
Boar's Head Pepper Jack
- #4** Philly Cheese Steak Wrap \$8.49
Fresh Traditional Wrap
Our famous Garlic infused Mayo
Boar's Head American
Boar's Head Vermont Cheddar
Boar's Head Roast Beef - *grilled to perfection!*
Grilled Onions

ALL Natural Smoothies!

- Tropical Passion** - Passion Fruit, Pineapple, Coconut, & Banana
- Trade Winds** - Mango, Pineapple and Coconut
- Banana Berry Blast** - Banana, Strawberry, Mixed Berries
- Straw-nana** - Strawberry, Banana
- Maui Breeze** - Pineapple, Coconut, Banana
- Key West Sunset** - Mango, Banana, Passion Fruit
- Verry Berry** - Strawberry, Raspberry, Mixed Berries

Add Shot Protein .99

Add Spinach .99

Add Peanut Butter .99

Add Kale .99

- #5** Blackened Chicken Caesar Salad \$9.39
Fresh crisp Romaine (*like always, delivered FRESH daily!*)
Blackened Grilled Chicken Breast
Shredded Parmesan
Homestyle Garlic Parmesan Croutons
served with side of our creamy Parmesan Caesar Dressing



Our Website is now Mobile!
Scan the QR Code with Your
Smart Phone to Go to our
Website!

Fresh Soups!



Boar's Head

Fresco Foodworks will Professionally Cater your Corporate Meeting or Event!

www.frescofoodworks.com

N.Y. Bagel & Cream Cheese Platter **\$24.99**
Assortment of Fresh Warm Bagels served with sides
of Plain, Chive & Onion, Whipped Butter & Assorted Jellies *serves 12*

Deluxe Continental Platter **\$36.99**
Assortment of Bagels, fresh Baked Danish,
Croissant, Turnovers, & Muffins *serves 8-10*

Sweet Tooth Platter **\$24.99** **\$36.99**
Assortment of fresh baked *serves 8-10* *serves 16-20*
Danish, Brownies, Blondies,
Cookies & Muffins

Gourmet Muffin Platter **\$15.99** **\$34.99**
Assortment of fresh warm Muffins *serves 7-8* *serves 15-17*

Homemade Danish Platter **\$32.99** **\$53.99**
Assortment of freshly Baked Warm Danishes *serves 8-10* *serves 16-20*

Breakfast Wrap Platter **\$46.99**
Assortment of Breakfast Wraps filled with fresh scrambled eggs, assorted
Cheeses, Boar's Head Ham, Applewood Bacon, & Sausage

Croissant Sandwich Platter **\$44.99**
All Butter Croissants filled with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Applewood Bacon, Ham, Sausage & Cheese

Bagel Sandwich Platter **\$42.99**
Fresh Toasted Bagels with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Cheese, Sausage, Ham & Applewood Bacon

Multi-Grain Sandwich Platter **\$45.99**
Fresh Multi-Grain Sandwich Bread, Eggs *serves 8-10*
American, and an assortment of Cheese,
Ham, Sausage & Applewood Bacon

Breakfast Combo Platter **\$49.99**
A combination of fresh Breakfast Wraps, *serves 8-10*
Croissants, Panini's, & Bagel Sandwiches

Fresh Tropical Fruit Salad Platter **\$39.99** **\$69.99**
Assortment of Hand cut Pineapple, Melons, *serves 8-12* *serves 18-22*
Grapes, Oranges, etc

Scrambled Egg Platter *serves 15-20* *serves 30-40*
\$39.99 **\$69.99**

Breakfast Sausage Platter **\$29.99** **\$59.99**

Applewood Bacon Platter **\$28.95** **\$57.95**

Breakfast Potato Platter **\$29.99** **\$59.99**



Salad Platters

	<u>Bowl</u> <i>serves 8-10</i>	<u>Full Tray</u> <i>serves 16-20</i>
• Mediterranean Chicken Salad	\$39.99	\$75.99
• Mandarin Chicken Salad		
• Santa Fe Ranch Salad		
• Chef Salad		
• Antipasto Salad		
• Caprese Salad		
• Tuna/Chicken Salad/Chicken Fresco		
• Caesar Classico		
• Baby Spinach & Gorgonzola		
• Garden Salad	\$33.99	\$65.99
• The "Cobb" Salad	\$44.99	\$79.99

Sandwich Platters

Sub Baguette Platter **\$56.99**
Assortment of overstuffed cut Sub Baguettes *Serves 8-10*
on our Famous cooked on premise
Sub Baguettes Traditional & Wheat

Gourmet Wrap Platter **\$56.99**
Assortment of our tasty Wraps on Spinach, *Serves 8-10*
Whole Wheat & Traditional Wraps

Sandwich Platter **\$57.99**
Assortment of overstuffed Sandwiches *Serves 8-10*
on mixed Artisan Breads

Hot Gourmet Panini Platter **\$59.99**
Assortment of Panini on Traditional *Serves 8-10*
& Multi-Grain Ciabatta

Croissant Sandwich Platter **\$57.99**
Assortment of Buttery Croissant *Serves 8-10*
Sandwiches

Combination Platter **\$60.99**
Assortment of overstuffed Sandwiches, *Serves 8-10*
Wraps, & Sub Baguettes on one Delicious Platter

Breakfast & Lunch Catering Available

Please allow 24 hour notice for us to professionally prepare your order
Call after 3:00 for details

561-998-4663

Soups

Our Delicious Homemade Soups delivered in an insulated Container

\$28.99
1/2 Gallon Serves 6-10

\$54.99
1 Full Gallon Serves 12-20