

But in all the
sadness,
when you feel like
your heart is
empty, and lacking,
you've got to
remember that
grief isn't the
absence of love.
*Grief is the proof that
love is still there.*

Tessa Shaffer

GRIEF SUPPORT PROGRAM

THURSDAY EVENING

DAYS 6:30 PM — 8:30 PM

WHERE: Luxstone Manor

2014 Luxstone Blvd SE

WHEN: September 19, 26

Oct. 3, 10, 17, 24

PARTICIPANTS are expected to
register **for the full 6 weeks.**

TO REGISTER: 403-880-0424

This support facilitated group is offered
to adults over 18 who have faced the
death of a loved one.

It is part of the AHS Grief Support
Program by Bob Glasgow.

