



Body Temple Awareness

Accessing the Sacred

with **Body Whisperer - Diane Brennan**

Amazing Diane Brennan from Berthoud, CO has not shared her practical and sacred body awareness tools at FSSC in several years. Most popular at our metaphysical fairs, now she once again will share an afternoon of teaching us practical tools for accessing the body's sacred innate intelligence for optimal health, well-being and inner connection to our sacred heritage as humans seeking to live their full divine potential. In this 3 hr presentation, which will be video-taped for DVD purchase at a later date, Diane will show us the proper way to walk, sit, stand, climb stairs, shovel, etc. to keep our bodies aligned in the most efficient way for longer life, health and well-being in our evolutionary process as spiritual beings having a human experience. You will be practicing these skills to help the body remember optimal balance. Included in her afternoon workshop will be a power point slide presentation, also for visual anchoring in memory.

Where? First Spiritual Science Church, 3375 S. Dahlia, Denver, 80122

When? Saturday, June 1st at 1:pm to 4:pm

Cost: As you can afford: \$11 to \$55 sliding scale fee

Please RSVP by responding to Aurelia Taylor, AureliaTara@aol.com, 303.771.5622

Diane has lived many lives in this one. A former school teacher in Canon City, she passionately sought to understand how to assist the physical in healing and to remove outdated social conditioning cellular memory patterns to become empowered human beings. A Colorado licensed massage therapist, Diane has studied structural integration, Feldenkrais, PUSH therapy, and Vibromuscular Harmonization Technique. Correcting all her own old injuries, her curiosity leads her to self-inquiry and finding simple solutions to reversing outdated ancestral false programming in the human psyche.