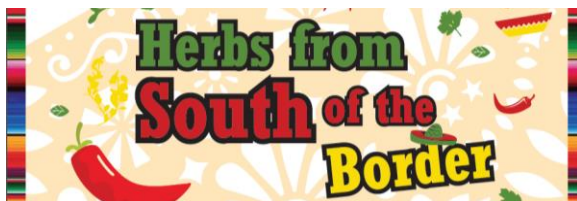


# 36<sup>th</sup> Herb Day Symposium



Saturday, April 27, 2019

8:45 – 3:00

St Paul's United Methodist Church  
Fondren Hall

*Presented by:*

**The Herb Society of America  
South Texas Unit**



## Program for Herbs from South of the Border

### 8:45 am Registration

- Bee, the Flower Chef at Flora Cocina, "Agua Frescas, Margaritas, and More - Mexican Beverages with an Herbal Twist"
- Ana Beaven, Creator of Cuchara, Houston's Mexico City Bistro, "Mexican Herbs for Flavor, Flair, and Fire"
- Carlos Hernandez-Calderoni, Clinical Herbalist and Nutritionist, "Traditional Mexican Herbalism and Curanderismo"
  - catered lunch by Cuchara
  - educational demo tables
  - herbal market place and vendors

**Donna Yanowski**, Unit Chair  
**Donna Yanowski**, Herb Day Chair  
**Karen Cottingham**, Program Chair

St Paul's United Methodist Church  
Fondren Hall  
5501 Main St  
Houston, TX 77004  
(In the Museum District)

Parking available in surface lot across Fannin  
(lot bounded by Fannin, Binz and San Jacinto).  
Fondren Hall is North of the main church  
building

**For more information and online registration  
visit our website**

[www.herbsociety-stu.org](http://www.herbsociety-stu.org)

## Registration Form

\_\_\_\_\_  
Name

\_\_\_\_\_  
Name

\_\_\_\_\_  
Name

( )

\_\_\_\_\_  
Phone of primary contact – *cell phone preferred*

\_\_\_\_\_  
Email of primary contact

- I would like \_\_\_\_\_ regular lunch(es)
- I would like \_\_\_\_\_ vegetarian lunch(es).
- I would like \_\_\_\_\_ gluten-free lunch(es)

Attendance by pre-paid online or mailed  
registration:

**\$50 per person**

To register online:

**[www.herbsociety-stu.org](http://www.herbsociety-stu.org)**

*Registration will be confirmed with an email.  
Registration payment must be received on or  
before **April 24, 2019.***

There is a \$15 cancellation fee after April 22<sup>nd</sup>

**No refunds after April 24<sup>th</sup>.**

To register by mail:

Make checks payable to HSA-STU

HSA-South Texas Unit  
PO Box 6515  
Houston TX 77265-6515