



# Lake Forest News



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## President's Corner

I would like to thank everyone who helped and attended Field Day and what a great day it was! As a reminder we will be lowering the lake

so anyone that needs to work on their walls may do so. The dam will be opened on Sept 9th and closed Oct 8th so you will have 4 weeks to get the work completed. Even though summer is coming to an end we will be planning some fall activities so keep an eye out for them!

A good way of knowing what is going on in Lake Forest is to follow our Facebook page . Carol Cohen has offered to be in charge of this and is doing a fabulous job ! Let's keep showing off Lake Forest so if you have any cool photos send /text them to Carol @203-243-4219 Appreciation also goes to Tim Monahan who keeps our website:

"Lakeforestassociation.com" updated.

Hope to see everyone at our next meeting , Wed Sept 5th 7:30 at the clubhouse . Coffee and desserts will be awaiting you!

Cliff Roberts, President

## Calendar of Events

September:

3rd: Labor Day

5th: General Meeting—7:30 PM

9th: Grandparent's Day

10th: Rosh Hashanah

11th: Patriot's Day

18th: Yom Kippur (begins at sunset)

19th: Board of Director's Meeting

23rd: Autumn Equinox

24th: Full Harvest Moon

October:

3rd: General Meeting—7:30PM

8th: Columbus Day

17th: Board of Director's Meeting

24th: Full Hunter's Moon

31st: Halloween

# SCHOOLS IN!



# PLEASE DRIVE CAREFULLY!

### Boat Warden's Corner.....

Due to the lowering of the lake all boats must be removed from the boat dock area by Sunday September 9th. 2018. Boats left on the property after September 9, 2018 will be forfeited to the Lake Forest Association. Please call Matt Cohen 203-243-3219 if you need the gate opened to remove your boat. I will be available Saturdays and Sundays between 10:0 A.M. And 3:00 P.M.

Matt Cohen, Boat Warden

### From the desk of the Dam Manager.....

Last year plans were made to drawdown the lake in order for members to work on their walls next to the lake. Permission was granted by the DEP to lower the lake last year for this operation. Because some members who had signed up to have work done on their walls we unable to meet the sign up date. For that reason we postpone the drawdown until 2018. Because the person at the DEP who gave us permission to conduct the drawdown on the lake retired this year without letting his relief know about the change in the drawdown plans.

A letter was sent to DEP requesting permission to drawdown the lake this year. I am waiting for a reply. I don't see any problems that would keep us from lowing the lake to help members work on their waterfront walls.

These are the procedures you need to follow before you can have work on your walls:

1. A request should be submitted to the Lake Forest president by the 3rd of September 2018. In your request please explain what type of repair that you need.
2. Once your request is received by the association you will be given two applications, One from the Zoning Department and one from the Building Department of the City of Bridgeport. These forms are to be completed and returning to the Association by September 10th 2018. All forms that have been returned will be sent to the Building Department. Each homeowner will be informed by the association when they can pick up the permit to have their walls repaired.

A date has not been set for the drawdown yet. We will keep you informed.

Note: If you need a contractor to work on your walls now is the time to contact one.

If you desire more information, call Bill Barfield, Dam Manager at (203)243 3958

**\*\*\*\*Please remember it will be 2021 when the lake is lowered again for maintenance\*\*\*\***

September 2018 From The Kitchen Of.....This recipe I saw on Rachel Ray's show and it is soooooooooooooo good and just as easy!

Well, it seems summer is slipping away with little time left to enjoy the leisure we all look forward to the rest of the year. I walked the dog a short time ago and was struck by the increasing intensity of the volume of nature's chorus of crickets and katy-dids. That is the surest sign that the season is already changing. That and the ripening tomatoes in neighborhood gardens. I just ate the best BLT with a tomato from a neighbor's garden. It's happening even if we, or I, am not ready to give summer up just yet! It has been a bit of a strange summer – very humid, cloudy with enough rain to make the grass grow but not enough to water the gardens.....sunny but too sticky to “do” very much outside. But I haven't had enough beach yet, or a kayak tour of the lake, or a lazy afternoon on my back deck to read and just watch and listen to the birds I regularly feed. Good thing there's still time left! And precious Lake Forest is there to enjoy!

We are hoping to have some new volunteers to do some grass cutting of some of the areas that make the neighborhood look neat and cared for. Our streets seem to attract discarded trash. It makes such a difference if someone picks up what seems to appear from nowhere or like the ad I see on TV says “I didn't do it”! Cans tossed, bottles, papers and debris collect and make the street messy. Please help to keep our neighborhood as special as it is!

### BARBEQUED BACON

This is possibly the simplest recipe I ever tried and I guarantee it will make a hit whenever and however you serve it.

Ingredients: 1 lb. sliced bacon of your choice, light brown sugar, barbeque seasoning.

Set oven to 400°. Line your broiler pan with foil to collect and dispose of the fat drippings. Separate the bacon slices on the broiler pan and bake until almost crisp. Sprinkle with brown sugar and shake barbeque seasoning generously. Return to the oven until sugar is bubbly and bacon is fully crisp. Remove the pan carefully and place the crisp bacon on paper towels to cool. Repeat until all bacon is cooked and cooled. Serve strips or break into pieces or crumble if you plan to use it as a garnish. Umm, umm, good!

Notes: I changed the broiler pan liner for each new batch of bacon for fear of fire. Thick cut bacon takes longer to bake crisp and you get fewer slices per pound. Betcha can't eat just one! Don't worry about leftovers!

Give me a call with a favorite recipe of yours! *Betsey 203-372-9524*

P.S. I wish all the returning students on all levels a pleasant and enriching school year.

# Report an issue on SeeClickFix



Have a problem you would like the City to know about? Easy fix!!! Report it on City See Click fix App. Get update to date information when issue is addressed, worked on and fixed.

## 22 Too Many

Everyday, approximately 22 military service members take their own lives, according to a report released in 2018 by the Department of Veteran Affairs (VA). Not only are we committed to increasing public knowledge and awareness of PTSD, we are also devoted to honoring the memory of the fallen who have been lost to a PTS related cause, as well as providing comfort and support to their mourning families.

Service members are not the only ones suffering. Families of the fallen are left suffering from complicated grief long after the loss of a loved one. We will support these families by honoring and remembering their loved one and providing them with event memorabilia. We will network grieving families and loved ones of the fallen who can help and support each other throughout the grieving process as well as share with them valuable resources to help heal.

<https://www.22toomany.com/about>



## And the 2018 Field Day Results are in!!!!

### Youth swimmers:

Hailey Overton 1<sup>st</sup> place

Christopher Santos

Emma Reynolds



### Adult swimmers:

Sandy Brown 1<sup>st</sup> place

Rebecca Weiner

Decosta Dixon

Congratulations to all who swam across the lake during our annual Field Day event—What a blast!

Happy Birthday to  
Kathleen Nolin  
October 1st



Fastest and quickest way to stay updated with everything that's going on!!! Look us up and send a friend request!!!

Lake Forest Association

# facebook

