

First Presbyterian Church

HERE AND NOW!



August 2018
Volume 65, Issue 8

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GOD BLESS SUMMERTIME!

We are so thankful for our church family of First Presbyterian Church! Our Fun Day at Harmon Lake was a great success, and we are so thankful for all who were able to participate! It was a great time for all-we hope to be able to look forward to another great Saturday together in the Summer of 2019!

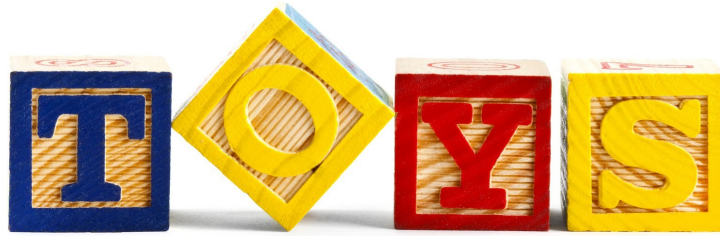
Thank you to the Christian Education Committee for organizing the Harmon Lake Fun Day. We look forward to more opportunities for our church family to come together this fall!

As we are preparing halls for Vacation Bible School, we can't wait to have kids, Kindergarten to 5th Grade, take over our church July 30-August 2 to learn the love of God through songs, games, and fun activities! Camp of the Cross will be here to help Pastor Leanne and Pastor Deanna of Mandan put on this great event! We're very thankful for all volunteers that are able to help. We couldn't enjoy VBS without them!

We look forward to another great school year together, as our youth prepare to get back to school later this August. Please keep our families in your prayers as we prepare for a busy, and very fun year, together!



CHILD CARE CENTER NEEDS



Daycare Needs



Month	Item
January	Wipes & Hand Soap
February	Kleenex
March	Paper Towels
April	Dishwashing Powder (Powder ONLY)& Bleach
May	Books – Infant to 5 years
June	Diapers – Sizes 4 and 5
July	Wipes & Hand Soap
August	Paper Towels
September	Kleenex
October	Dishwashing Powder (Powder ONLY)& Bleach
November	Toys – Infant to 5 years
December	Tree of Love

The Child Care Center will be holding an Open House in September! Stay tuned for date and time!

PASTOR LEANNE'S MESSAGE...

They say that the forest is a good place to contemplate a variety of life choices—Robert Frost's famous poem, *Stopping by the Woods on a Snowy Evening*, is just one example of the kind of reflection that takes place when the silence of automation and the voices of the natural world join to enable one to reflect on one's path. As I write this, I am at Camp Clearwater, on the edge of a shimmering lake which is protected by forested lands...and I find as I am here, I am called to contemplate both the path I have walked and the path that we are now walking together.

Yet, what I contemplate now isn't so much the road not taken, it is the road ahead. It is one which I have encountered—not so much in the singing of the birds—but in the eyes of the youth of this church. Eight young people made their way to Camp Clearwater with me...and the journey here was marked with the most amazing giggles and stories, conversations about things which they love and hate. So, what do they make me contemplate? Now that we are here, they awe me, with insights, ideas and enthusiasm. They inspire me.

Too often we speak about youth as being the “future” of the church, and we worry about the fact that the PCUSA is graying. As a denomination, we get anxious and keep trying to recreate the wheel in ways that will encourage them to stay into adulthood. But a wise person once told me that, as long as we regard our youth as the future of the church, and not the present church, we will never be able to equip them for the kind of fidelity it takes to keep them active. I have never yet seen a church flourish that does not supply the stuff of relational investment between the generations. I say this NOT to the exclusion of nurturing every other age group in the church, but in addition to it—anyone who has ever sat in the presence of a child at baptism font knows we made promises to them before God. These young people are not a side issue of the congregation, they are at the heart of what we *vowed as a church* before God.

And yes, the search for a C.E. person is active and ongoing—we are prayerfully and carefully investing ourselves in someone to fill that position—and we should—that is a big part of the path ahead. I have been blessed to sit in on the Christian Education Committee and see their dedication to all ages, and know that among them, the needs of the youth are respected. Yet, it seems to me that once we have identified that person and place him/her in the position, we cannot sit back and feel that we have kept our vows. There is no professional employee who can keep our vows for us. This, again, is about WE—what We will do to respond to the call of God on behalf of every child of the covenant? It is about being intentionally welcoming to God's vulnerable ones. So, what can each of us do?

1. Learn the names of the children and youth—and pray for them.
2. Greet them by name when you see them. Tell them how glad you are that they are present.
3. Show interest in what gives them joy. One may play soccer, but another may hate all organized sports. One may like reading, another photography. Some may not have discovered their “bliss” yet and aren't sure how they fit in. The open heart of an interested adult can affirm a child who doubts him or herself. They need to be part of the whole body, known and loved.
4. Volunteer. Seriously, volunteer. I know they require energy, and that quality ministry takes serious preparation and time—but they are So worth it. No young person stays at church into adulthood because they feel obligated to keep the doors open. They stay in the place where they have experienced connection and nurture. I think I will write it again, because it is SO important: volunteer to work with youth and kids.
5. And let's not “pigeon-hole” their personalities. They are going through huge changes. That kid that talks too much about silly topics now, may become a rock of faith. That kid that can't hold still may mature into a genuine person of God. The kid who shies into a corner could become a power house for God. No one deserves to be pegged as the person they were at a transitional stage of life. Let's accept they go through stages, and that all of these stages are just that—temporary. (Come to think of it, that's not bad advice to make to everyone, not just youth!)

It's not about our future church—it's about being a church that keeps our vows *now*.



PASTOR LEANNE'S MESSAGE...(continued)

So, there you have it. That's what happens when I stop by a forest on a summer eve and consider the paths to be taken—especially when you partner me with eight of the most delightful, insightful, funny and precious youth around. (Thanks parents, for loaning them to me this week.) Think about it—pray about it, and act on it.

Pastor Leanne

SHOP AND SAVE THE DATE!

Back-to-school ads are in all the papers, and now is a good time to consider shopping for the students at Myhre Elementary School. Our congregation has supported Myhre in the past by supplying sweatpants, socks and underwear for the younger students. These “emergency” clothing items are stored by the school social worker in order to provide dry clothes in case of accidents in the classroom or on wet playgrounds.



The Outreach Committee is conducting the clothing drive for Myhre during the month of September, but with the sales on now, please consider purchasing any of these needed items: sweatpants in neutral colors, boys and girls underwear, and socks. All items should be in small sizes. Collection of these items will officially begin September 1st, but donations can be dropped off at the church office before then.

WESTMINSTER CHIMES

Mark your calendars! Westminster Chimes will be returning to the bellroom on September 5th to begin their 2018-19 season. This adult handbell ensemble meets weekly on Wednesdays from 6:30 to 7:30 to work on monthly contributions to worship. Since the commitment to this group may be as short as a month at a time, busy people and snowbirds are easily able to participate. Feel free to contact director, Lael Hoerauf, at 527-1953 for more information or to schedule a private lesson. *Come and make a joyful noise with friends!*



HIGHER POWER VOLUNTEER COMMITTEE

The Higher Power Luncheon Committee has had two luncheons and they have been supported by so many volunteers from our congregation that made our luncheon such a great success. On behalf of the Volunteer Committee we thank each and every volunteer for assisting the Higher Power Luncheon Committee serving tables, setting up, cleaning up and washing the tablecloths for the next luncheon.

Thank you and God Bless you Volunteers,

Volunteer Committee Members



DINNERS FOR EIGHT

The Membership Committee is again sponsoring Dinners for Eight for church members and prospective members. Sign-up sheets will appear about mid-August for participation. So please consider joining a Dinners for Eight group this year. It is a great opportunity to get better acquainted with church members or to meet people you don't know or don't know well.



MY EXPERIENCE WITH FPCCC...

By Sarah Rixen, FPCCC Parent Rep.

It was five year ago, and I had just left my first daycare tour in tears. It didn't feel right—I was just trying to wrap my brain around the fact that I was going to be a mom, and I already had to pick a daycare for my unborn child? I was stressed. My husband had wisely taken over this part of “child preparation,” and he said there's another daycare that he really wanted to get into because it was highly recommended by friends—First Presbyterian Child Care Center. We toured FPCCC and it was the first time I didn't get that dreaded, guilty feeling. (Who knew mom guilt started before your baby was even born!) It was clean, everyone was friendly, and the kids seemed like they were having fun! Shawn answered my questions and calmed my fears. I had the feeling that this was a professional and loving environment.

It's hard leaving your baby when it's time to go back to work. But knowing that our child would be cared for by the people at FPCCC eased a lot of my fears. Fast forward five years and I now have two kids at FPCCC—my 4-year old daughter Eloise, and my 2-year old daughter Alice. I love hearing all about the things that happened during their day. There are always lots of stories about their friends, daily jobs, and what they learned that it gives me that calm, happy feeling that they're in the right place. When I come to pick them up at the end of the day, their teachers give me a rundown of their day and the girls are always happily playing (sometimes they don't even want to leave yet!). And if I ever have questions or concerns, I know I can always call Shawn or Vanessa and they take the time to listen and talk.

If anyone I know is ever looking for a daycare, I recommend FPCCC. We can't say enough good things about it! Thank you for doing such a wonderful job caring for our children.



WELCOME BACK SUNDAY

Sunday, September 9th, 2018 is Welcome Back Sunday, when we again celebrate the start of all of the fall activities at First Presbyterian Church. To help celebrate, the Christian Education Committee and the Membership Committee ask the congregation to join committee members in bringing sweet breads, rolls, or muffins to share in the Parlor after Worship. Butter and alternative spreads, as well as plates and napkins will be provided. This is an opportunity to rejoice in the start of fall activities, to show off your baking skills and to greet and meet other members and guests.



September 12th will be the beginning date for both PAC and PresbyTeens. Information will be shared at a later date about Confirmation and Adult Education opportunities, as plans are finalized. We look forward to another great year of learning and fun as a church family!



POTLUCK AT THE PATCH!

***Sunday, September 16th from 4:30 p.m.—7:30 p.m.
At Papa's Pumpkin Patch***

Kids of all ages, families and guests are invited to come together at Papa's Pumpkin Patch on Sunday, September 16th for fun, fellowship and food. Papa's is north of Bismarck on River Road. Directions to find Papa's: <https://papaspumpkinpatch.wordpress.com/visitor-info/>

Entrance fees will be covered by the Membership Committee. (Other activities with a small fee will be on your own.)

Grilled meats, buns and water will be provided. Please bring some food to share. If you like to reduce waste, you may also bring your own re-usable plates and utensils. Please sign-up on the sheet in the Narthex on the Volunteer Board so we know how many brats to cook!

Please invite friends and family!





NURSE'S NOTES...

August is national immunization month therefore I will discuss all the required immunizations for all ages. First of all I do have a purrfectly cute little story to tell you.

A Three-year-old went with his dad to see a litter of kittens. On returning home, he breathlessly informed his mother that there were two boy kittens and two girl kittens. "How did you know?" his mother asked. The boy said, "Daddy picked them up and looked underneath; I think its printed on the bottom."

August is recognized as Immunization Awareness Month. According to the CDC we all need shots (vaccines) to help protect us from serious diseases. This protection is called immunization. We all need to help our community to be safe. Shots can prevent serious diseases like the flu, measles, and pneumonia. It's important to know which shots you need and when to get them. Everyone age 6 months and older needs to get a flu vaccine every year. Other types of shots work best at specific ages or life stages. Contact your healthcare provider.

See the chart from the CDC for recommended immunizations for children from birth to 6 years old at www.cdc.gov/vaccines/parents. This chart also includes a chart for Vaccine-Preventable Diseases and the Vaccines that they prevent. I do have copies of these charts so if you would want a copy as well please contact me at the church office 223-6091.

All adults and those 65 years old and older should receive the **Flu** vaccine every year. Consult with your private physician for recommendations in receiving this vaccine.

According to the CDC people sometimes call pneumococcal disease "pneumonia." Pneumococcal disease is caused by bacteria, which can lead to serious infection in the lungs, blood, and brain. Some people need only one type on pneumococcal vaccine. But some people need both types. Neither type of pneumococcal vaccine is recommended for healthy adults age 19—64 years who do not smoke cigarettes. Adults age 65 and older should receive both Prevnar and Pneumovax **but not at the same time**. You should receive a dose of Prevnar first (if possible), followed by a dose of Pneumovax a year later. If you've already received any doses of Pneumovax, the dose of Prevnar should be given at least one year after receipt of the most recent Pneumovax dose. You should get a dose of Prevnar even if you received a dose of Pneumovax more than a year ago. If you've already received a dose of Prevnar before age 65, another dose of Prevnar is not recommended. You might need either Pneumovax or Prevnar or both before age 65 if you are a smoker or if you have a long-term health condition such as diabetes, asthma or heart, lung or kidney disease. Talk to your healthcare provider to find out if you need one or both of these vaccines.

Another vaccine for adults 65 years old and older to consider is the shingles vaccine (Zoster). According to the CDC, shingles is a painful rash that usually develops on one side of the body, often the face or torso. The rash consists of blisters that typically scab over in 7-10 days and clears up within 2-4 weeks. Some people describe the pain as an intense burning sensation. For some people, the pain can last for months, even years after the rash goes away. This long-lasting pain is called postherpetic neuralgia (PHN), and it is the most common complication of shingles. Your risk of getting shingles and PHN increases as you get older.

NURSE'S NOTES...(continued)

A new shingles vaccine called Shingrix (recombinant zoster vaccine) was licensed by the U. S. Food and Drug Administration (FDA) in 2017. CDC recommends that healthy adults 50 and older get two doses of Shingrix, 2-6 months apart. Shingrix provides strong protection against shingles and PHN. Shingrix is the preferred vaccine, over Zostavax, a shingles vaccine in use since 2006. Zostavax may still be used to prevent shingles in healthy adults 60 years and older. For example, you could use Zostavax if a person is allergic to Shingrix, prefers Zostavax, or request immediate vaccination and Shingrix is unavailable. Discuss this with your private medical provider.

Getting vaccinated can help keep you, your family, and your community healthy. **Always** consult with your private physician on your individual healthcare recommendations.

* * * *

The next Blood pressure Clinic will be Sunday, August 19th in the Conference Room from 9:00 a.m.—10:00 a.m. and 11:00 a.m.—12:00 p.m. Sunday, September 16th is the tentative date for the clinic in September. See you there!

This fall I will begin providing FREE classes for our faith community. The first class will be on “Scamming” and will be held on Tuesday, September 18th at 12 Noon and 6:30 p.m. in Ramstad Hall. This will be presented by the consumer protection division of the North Dakota Attorney General’s Office. A more detailed outline will be provided as time approaches.

In October, Katie Schafer, LSW, the Regional Aging Services Program Administrator from the North Dakota Department of Human Services will be conducting a class in the Parlor on the 18th on what services are available for our aging community.

Senior Strengthening Exercise classes will begin on September 6th at 10:00 a.m. in the Parlor. They will be held every Monday and Thursday at 10:00 a.m. Remember to wear good support shoes and bring water. Enjoy the music, jokes and friendships! See you there!!!



DOWNTOWN HIGHER POWER LUNCH

Our Higher Power Lunch in July confirmed that we, as family members of the First Presbyterian Church of Bismarck, in reaching out to our neighbors, offering a time to gather together under the umbrella of the love of God, have done good! We had twenty guests (a lot of repeats along with new people). Kathy and Dan Mayer were sponsors of July's lunch with Kathy preparing and catering our sandwich-bar lunch.

We are so appreciative to have Pastor Leanne with us to be our spiritual leader for the Higher Power Lunch!

Our message was built on Mark Chapter 6, given by Gary Adkisson, Publisher of the Bismarck Tribune. Some guests expressed the message was just what they needed, proving that when the student is ready the teacher will be there.

Guests also shared their positive thoughts on our Facebook page. Charee continues her work with the Higher Power Team providing the foundation for our quest to be the Church.

We had eleven volunteers that carried out the work from set-up, lunch and clean-up. The Outreach Committee is so appreciative for these church family helpers.

The day for the August Higher Power Lunch will be here very quickly. Our August speaker will be Nicole Huson (daughter of Ella and Tedd Gutzke). Nicole's message will include her spiritual journey as she went from working as a teacher and reading specialist to becoming a CEO, leading a team of 1,200 people. We are grateful for Nicole's willingness to share her journey with us.

Consider registering to join us for lunch on August 15th. Go to our Facebook page or web site to register: www.fpcbismarck.com and click on the Higher Power Lunch tab at the top of the page. If you have comments or questions feel free to visit with our team members who are Ella Gutzke, Kathy Mayer, Allen Hoberg, Joe Satrom, Jan Schultz, Mary Magnusson and Gladys Cairns.



COMMUNITY EVENTS



FAMILIES OF MIDDLE SCHOOL AND HIGH SCHOOL YOUTH

If you, your teen, or a teen you know, is wondering about how to afford back-to-school clothing, Youthworks invites you to its annual “We’ve Got You Covered” clothing giveaway.

- ◇ **WHO:** Middle School & High School youth
- ◇ **WHAT:** Free back-to-school clothing giveaway
- ◇ **WHEN:** Thursday, August 9th
- ◇ **WHERE:** Bismarck High School, 800 N 8th St, Bismarck, ND
- ◇ **TIME:** 6-8 pm

Save the date if this event would help your family and please help us spread the word by telling other friends and families about “We’ve Got You Covered”.



Capital A'Fair ~ August 5th, 2018

44th Annual Capital A'Fair is one of the area's largest summer art fairs. It features over 130 artisans from across the country and attracts thousands of local and regional visitors. Music, great food, performing arts groups, antique car show, and children's activities contribute to the festive mood.

Day of Caring was established to promote the spirit and value of volunteerism, increase the awareness of local human service agencies and demonstrate how people working together for the good of the community can accomplish great things. Volunteers work in collaboration with United Way partner agencies, other social service organizations, civic agencies, private non-profit agencies, and neighbors in need throughout the Bismarck-Mandan community. Participating organizations are matched with volunteers who choose to donate their time and talents to address our community's needs. The event will get underway with the campaign kickoff breakfast at Shiloh Christian School beginning at 7:30 a.m. The day will conclude with a volunteer appreciation to celebrate the support, hard work and savings generated through one day of service!



August 15th, 2015
7:30 a.m.—6:00 p.m.

SESSION HIGHLIGHTS

SESSION HIGHLIGHTS JULY 31, 2018

CLERK'S REPORT

Session approved the reinstatement to membership for Alexander Volk.

A communication from the Presbyterian Mission Office expressing gratitude for FPC contributing to 4 denomination offerings was shared.

FINANCIAL REPORT

Total Income YTD Actual	\$ 240,238	Budget	\$255,248
Total Expense YTD Actual	\$ 232,757	Budget	\$287,894
NET Income	\$ 7,481	Budget	-\$32,646
Unrestricted General Fund	\$191,328.68		

MODERATOR'S REPORT

Pastor Leanne stated there were three more cottage meetings to be held. She enjoyed her week at Clearwater Forest. Vacation time for Pastor Leanne will be August 6-15. Administrative and Personnel Committee will have the responsibility to check into the Sunday nursery staffing; the operations manual states two people should be present. Session members were given reading assignments on "The Life Cycle of a Worshiping Community" and "Four key areas that drive vitality" as preparation for a visioning process.

COMMITTEE REPORTS

Administrative and Personnel—Session approved a new vacation policy for new employees, current employees are "grandfathered" into the policy. One applicant for the Christian Education Director position has been contacted to try to set up an interview time.

Business and Finance—Session approved allowing the committee to approve expenditures up to \$5,000 that would be funded by Endowment/Memorial accounts, provided another committee has voted in favor of the expense. Session would be advised of the approval at the next Session meeting.

Christian Education—Eight youth attended camp at Clearwater Forest. The youth will be sharing experiences during a worship service. Thanks to Dennis Rosenkranz and Pastor Leanne for providing transportation to/from camp. Camp of the Cross counselors are leading VBS with 24 registered children.

Membership—Welcome Back to fall activities will be Sunday September 9. Papa's Pumpkin Patch event has been set for September 16. There will be a golf outing at Garrison on August 11.

SESSION HIGHLIGHTS

Outreach—October 7 FPC will host a Peace and Justice speaker, Rev. Johnson. Karen MacDonald is writing a grant (from Presbytery) to help with this event. Gladys Cairns represents the committee on the Children's Caucus Advocacy group being restarted through a Bush Foundation grant.

Property and Equipment—A new guard rail has been installed in the east parking lot.

Stewardship—The annual pledge drive will begin September 30 with the celebration luncheon on October 21. Fourteen trail bosses will be needed.

Worship and Music—The updated sound system is working well.

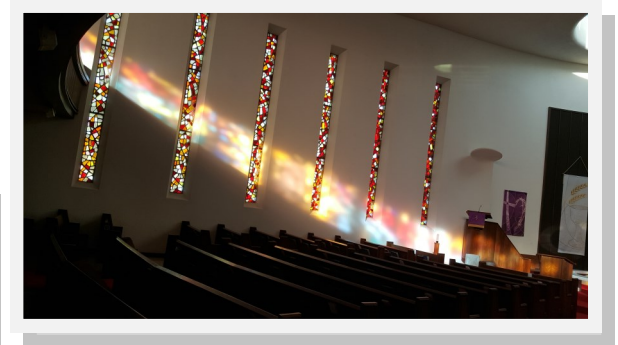
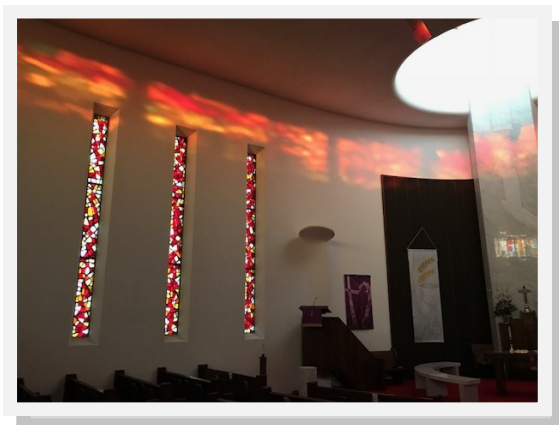
Child Care Center Board--\$2,000 has been raised for the second phase to purchase outdoor equipment.

UNFINISHED BUSINESS

A police officer will hold active shooter training for the CCC staff on August 23. Another session will be scheduled for members of the congregation.

The Nominating Committee will be meeting soon to find an Elder to complete an unexpired term.

Alice Nix, Clerk of Session





<u>Date</u>	<u>Time</u>	<u>Meeting/Event</u>	<u>Location</u>
Wednesday, August 1st, 2018	5:30 p.m.	Vacation Bible School	Ramstad
Thursday, August 2nd, 2018	12:00 p.m.	Stewardship Committee	Conference Room
	5:30 p.m.	Vacation Bible School ~ Last Day	Ramstad
	6:00 p.m.	Membership Committee	Conference Room
	7:00 p.m.	Outreach Committee	Parlor
Saturday, August 4th, 2018	9:00 a.m.	Yoga	Room 202
Sunday, August 5th, 2018	10:00 a.m.	Worship Service with Communion	Sanctuary
Monday, August 6th, 2018	5:30 p.m.	Suzuki Music School	Room 205
	7:00 pm	Christian Education Committee	Conference Room
Tuesday, August 7th, 2018	5:30 p.m.	Yoga	Room 202
Wednesday, August 8th, 2018	12:00 p.m.	Munch & Mingle	Ramkota Hotel
Saturday, August 11th, 2018	9:00 a.m.	Yoga	Room 202
Sunday, August 12th, 2018	10:00 a.m.	Worship Service with Suzy Pfliiger	Sanctuary
Monday, August 13th, 2018	5:00 p.m.	Administrative & Personnel Comm.	Parlor
	5:30 p.m.	Suzuki Music School	Room 205
	5:30 p.m.	Worship & Music Committee	Conference Room
Tuesday, August 14th, 2018	5:30 p.m.	Yoga	Room 202
	5:30 p.m.	Child Care Center Board Meeting	Conference Room
Wednesday, August 15th, 2018	11:30 a.m.	Downtown Higher Power Lunch	Parlor
Thursday, August 16th, 2018	7:00 p.m.	Deacons	Parlor
Saturday, August 18th, 2018	9:00 a.m.	Yoga	Room 202
Sunday, August 19th, 2018	9:00 a.m.	Blood Pressure Clinic	Conference Room
	10:00 a.m.	Worship Service	Sanctuary
Monday, August 20th, 2018	12:00 p.m.	Business & Finance Committee	Conference Room
	5:30 p.m.	Suzuki Music School	Room 205
	7:00 p.m.	Boy Scout Troop 6	Downstairs
Tuesday, August 21st	5:30 p.m.	Yoga	Room 202



<u><i>Date</i></u>	<u><i>Time</i></u>	<u><i>Meeting/Event</i></u>	<u><i>Location</i></u>
Saturday, August 25th, 2018	9:00 a.m.	Yoga	Room 202
Sunday, August 26th, 2018	10:00 a.m.	Worship Service	Sanctuary
Monday, August 27th, 2018	5:30 p.m.	Suzuki Music School	Room 205
	7:00 p.m.	Boy Scout Troop 6	Downstairs
Tuesday, August 28th, 2018	5:30 p.m.	Yoga	Room 202
	7:00 p.m.	Session	Parlor

PRAYERS FOR AUGUST

Proverbs to Pray for our Kids

1. **Proverbs 1:8-9** ~ Lord, allow my sons and daughters to hear the instruction of their father and not forsake the teaching of their mother.
2. **Proverbs 2:1-8** ~ May my children receive my words and the Words of the Lord. Help them to incline their ear to wisdom and apply it to their hearts. May they cry out for discernment and listen for Your voice instead of following the ways of the world. May they seek treasure {YOUR treasure} as silver, that they may fear You, Lord, and find Your knowledge and wisdom. For You give wisdom, from Your mouth comes knowledge and understanding. You are a shield to those who walk uprightly. You preserve the way of the saints. I ask you, God, to incline my children's hearts to You.
3. **Proverbs 3:5-6** ~ Lord, allow my children to trust You with all their hearts and not lean on their own understanding. Help them to acknowledge You in all their ways and then You will direct their paths.
4. **Proverbs 3:7** ~ God, may my children not be wise in their own eyes. Grant them humility.
5. **Proverbs 7:2** ~ Lord, even when my children disobey, bring them back to Yourself, remind them that they are the apple of Your eye. May Your Word be the apple of their eye all the days of their lives.
6. **Proverbs 8:33-36** ~ Lord, help my children to hear Your instruction and the instruction of the wise adults in their lives. Blessed are those who listen to You! Allow my children to learn that whoever finds You, finds life.
7. **Proverbs 10:12** ~ Oh Lord, may my children know and believe with all their hearts that they are LOVED. You tell us in Your Word that hatred stirs up strife, but love covers all sins.
8. **Proverbs 18:10** ~ Oh God. Your name is a strong tower! May my children run to You and know they are safe!

Singles and Couples of Senior Age

munch & mingle

2nd Wednesday
Each Month

12:00 Noon
Ramkota
Hotel

Eat, drink, and be social.

Communion Servers Sunday, August 5th, 2018

Joe Satrom	Corby Svihovec
Jay Cofell	Runick Fru
Ella Gutzke	Kathy Wachter
Neva Carlisle	Abby Bjornson
Matt Engel	Jim Skaret

Communion is available to be served at home, hospital, or nursing home to anyone who is unable to worship with the congregation. Please call the church office at 223-6091 to schedule a time.

Lay Readers

August 5	Stan Halling
August 12	Barb Satran
August 19	<i>Volunteer Needed</i>
August 26	<i>Volunteer Needed</i>

AUGUST USHERS/GREETERS/RECEPTION HOSTS

August 5th:

Captain: Jenni Boeckel

Ushers: Ron Carlisle, Carole Watrel, Cindy Cross, Don Cross, *Volunteer Needed*

Reception Host: Jae Reile

August 12th:

Captain: Kathy Wachter

Ushers: Mary Magnusson, Tedd Gutzke, Ella Gutzke, Keith Magnusson, Audre Goll

Reception Host: Jae Reile

August 19th:

Captain: Lynne Dodge

Ushers: Don Bigwood, *4 Volunteers Needed*

Reception Host: *Volunteer Needed*

August 26th:

Captain: Jim Rambo

Ushers: Mary Magnusson, Alice Nix, Keith Magnusson, Dave Nix, *1 Volunteer Needed*

Reception Host: *Volunteer Needed*

AUGUST BIRTHDAYS AND ANNIVERSARIES

BIRTHDAYS

Gaylene Massey	1st
Brant Boeckel	2nd
Kim Wassim	2nd
Kim Christianson	4th
Matthew Skaret	6th
Myra Larson	7th
Enid Thompson	7th
Joanne Pearson	8th
Ashlee Fox	8th
Tamra Hellman	10th
Dale Hoerauf	12th
Beckett Háo Hedland*	13th
Ruth Jensen*	14th
Lael Hoerauf	16th
Kim Dixon	16th
Amy Kinnischtzke	18th
Connor Hellman	21st
Kenley Gratz*	22nd
Winston Satran	23rd
Bryon Skager	24th
Sandra Cofell	25th
Jerry Wilson	26th
Tanner Ball (T.J.)	27th
Evelynn Bitz	27th
Lorena Terry Nelson	27th
Jessica Feist	30th
Cole Svihovec	31st

ANNIVERSARIES

David & Gaylene Massey	2nd
Winston & Barb Satran	10th
Dennis & Becky Rosenkranz	16th
Joe & Katherine Satrom	16th
Darin* & Karmen Svihovec	17th
Larry & Peggy Hoge	19th
Jerry & Phyllis Lindblom	19th
Nils & Joanne Pearson	26th
Mark* & Sandra Ohlhauser	29th

All birthdays and anniversaries were taken from information gathered on Membership Information forms. If we made a mistake, or missed you or a loved one, we apologize and ask that you please let us know so we can update our system. If you do not want your birthday listed in a bulletin or newsletter, please let us know that as well.

Thank you!



STEWARDSHIP CAMPAIGN

The Stewardship Committee will use the Pony Express Theme

Our church has chosen an exciting Pony Express program for this year's financial stewardship campaign, which officially starts Sunday, September 30th, when the Pony Express "Run" gets underway.

The Pony Express method, used successfully in thousands of other churches nationwide, is styled after the famous Pony Express mail relay system. It relies heavily on team work.

John Richter will head the campaign as General Manager. Under the General Manager's guidance will be 3 Station Agents, each supervising 5 Trail Bosses.

Each Trail Boss will oversee a neighborhood PX Route composed of ten homes. Each family will be asked to be a Route Rider, relaying a Saddlebag to a nearby family.

You will receive a Saddlebag containing stewardship reading material and your "Estimate of Giving" card. After reading the material, you will want to fill in your card, seal it in an opaque envelope and insert the envelope in the Saddlebag. Then, you will be asked to hand-carry the Bag to the next family on the Route List attached to the Bag Strap.

You will be able to make your decision about your giving to God through your church in the privacy of your home. Without another member of the church present to solicit your response. The Pony Express theme was chosen because of the example set by the highly dedicated riders of the original Pony Express. In addition to their personal commitment, the secret of their success lay in their ability to work as a team—each rider dependent on the other to make the relay system work and speed the mail on its next destination.

Likewise, the success of First Presbyterian Church depends on the dedication, commitment, and teamwork of each of our members.



BACK TO SCHOOL TIPS FOR PARENTS

Information taken from www.sparkepe.org

With a well-rounded summer vacation ending, parents spend a lot of time getting their kids ready for school. New school supplies, haircuts, and special end-of summer outings all play into the back-to-school routine. There are some other things that parents can do for themselves and their kids to ensure a smooth transition into the school year, too. Take a look below at a few ways to get this year off to a great start in your house.



- ◆ **Set up a bedtime and wake-up routine in advance.** If possible, it is best to establish bedtimes and wake-up times two weeks in advance of the start of the school. By the time the first bell rings, kids will already be on the right sleep schedule and it will be one less worry for your family.
- ◆ **Get to know the teachers.** There will be open houses, orientations, and other meet & greet options at the beginning of the school year for you to attend and get to know your kids' teachers. If you are unable to attend any of these, try to find a few minutes before or after school to connect with the teachers, or at the very least, send an introductory email that includes how you can help during the school year, however big or small.
- ◆ **Plan healthy lunches and snacks.** The better you plan out the meals in your home, the healthier choices you will make for your kids. When you pack protein-rich snacks and lunches, balanced with fruits, and vegetables, and other wholesome items, you ensure that your children will have energy and brainpower to make it through their school days.
- ◆ **Organize clothing.** Of course you will need to donate or otherwise get rid of the clothing that your kids have outgrown, but you should also take the time to carefully organize what is left. From there, decide what items you may need more of before school begins.
- ◆ **Set up a staging area.** Find a central spot to store everything related to school, including backpacks, upcoming outfits, and a dry-erase calendar with family schedules. Try to keep this area free of clutter and other non-school items so that you can find what you need, when you need it—and quickly. Have the kids help you stock it with school-related items and keep it clean and functional. Find some inspiration here.
- ◆ **Update medical records.** Most schools will let you know if your shot records are out of date, but why not go beyond that? Make sure teachers and administrators have a complete list of any medical concerns regarding your kids, including allergies. You will also want to be sure that all emergency contacts are up to date.
- ◆ **Talk to your kids about bullying.** Research shows that one in three kids experience bullying at some point in their school career—and in the increasingly digital world, the consequences can be extreme. Make sure your kids understand the right way to treat their peers, and when to speak up if they see someone else being bullied. Also make sure they know when to come to you if they feel they are being bullied.
- ◆ **Ask your kids about their concerns.** The start of school is exciting, but can also bring some anxiety—especially when it comes to the unknown. Take a few minutes to ask your kids what they are most looking forward to during the school year, and what things may worry them. By giving them a forum to express their concerns, you can help them work through any worries in advance of school starting and clear up any issues that could lead to a bumpy start to the year.

First Presbyterian Church

214 East Thayer Ave.
Bismarck, ND 58501



Phone: 701-223-6091

E-mail: firstpresbyterian@fpcbismarck.com
www.fpcbismarck.com

Sunday Worship Schedule:

Worship: 10:00 a.m.

No Sunday School until September

Office Hours:

Monday—Friday

8:00 AM—5:00 PM

(closed from 12:00—1:00 Friday ONLY)

Staff

Pastor

Rev. Dr. Leanne Simmons

Christian Education Director

Open Position

Finance Assistant

Vickie Haas

Administrative Assistant

Charee Linton

Organist

Arvy Smith

Choir Director

Debi Rogers

Handbell Ensemble Director

Lael Hoerauf

Maintenance Department

Les Hornbacher

Nathan Peterson

Membership Services

Judy Lentz

Shelli Peterson

Child Care Center Director

Shawn Stettner

Child Care Assistant Director

Vanessa Hein

FAMILY NEWS

Our prayers and deepest sympathies are expressed to:

Jim Rambo

Upon the death of his father

Paul Ronningen

Upon the death of his father

*"And ye now therefore have sorrow:
but I will see you again, and your
heart shall rejoice, and your joy no
man taketh from you." ~ John 16:22*

PRAYER CHAIN

A prayer chain provides the power and strength of collective prayer for those in need. If you would like to join the prayer chain, or have a prayer need, please contact:

Nance Skaret at
skaret@bis.midco.net

or
call 258-4703,
or the church
office.



COMMUNION AT HOME

Communion is available to be served at home, hospital, or nursing home to anyone who is unable to worship with the congregation.

Please call 223-6091 to schedule a time!

