

MILITARY Women's BULLETIN



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VOLUME MMXXIV, #6

DECEMBER 2024

When were you last vaccinated?

By Dr. Sally Haskell, Acting Chief Officer for VA Women's Health

We understand vaccines and routine health check-ins can easily fall to the wayside. But now is actually a great time to look at your vaccine history and talk to your VA health care provider about which vaccines are right for you.

As a woman, your health changes with time, age, reproductive life stages and overall wellness. Focusing on preventative care with vaccination is important for your well-being.

Don't let the year end without making sure you're up to date on vaccines. It's one of the simplest ways to invest in your health and protect yourself.

As a veteran, you're no stranger to protecting your community. An easy way to continue keeping others safe is by getting vaccinated. If enough people get vaccinated, large outbreaks can be avoided. By getting vaccinated, you're also helping to stop the spread of preventable diseases to others, especially those who cannot be vaccinated because they're too young or have a weakened immune system due to being older or having a serious health condition.

The VA and Centers for Disease Control and Prevention recommend several vaccines based on your age and health. These may include:

Pneumonia: This vaccine can prevent a serious infection in the lungs which can lead to respiratory complications and even death. It is recommended for those aged 65 and older.

Flu: Influenza, or the flu, is a viral condition that can affect anyone but causes more severe sickness in the elderly. The vaccine, needed yearly, can prevent the flu and complications like bacterial pneumonia.

COVID-19: A respiratory illness that spreads easily, COVID-19 can be life-threatening, especially for people with underlying conditions, such as heart disease. This vaccine is recommended for all adults.

Shingles: Shingles is a painful skin rash caused by the same virus as chicken pox. People aged 50 and older should receive this vaccine, which requires two shots, two to six months apart.

Tdap: The Tdap vaccine protects against three diseases, including Tetanus, Diphtheria and Pertussis (whooping cough). Most people should get a booster every 10 years.

Hepatitis: Hepatitis is a serious disease caused by a virus which attacks the liver and can cause lifelong infection, cirrhosis (or scarring) of the liver, liver cancer, liver failure and death. The vaccine is recommended for all age groups.

Human papillomavirus (HPV): HPV is a common sexually transmitted infection that spreads through sexual or skin-to-skin contact. It can lead to cervical or vaginal cancer, mouth



cancer, throat cancer and anal cancer. It is recommended for all people through age 26 and some who are older.

Respiratory syncytial virus (RSV): The RSV vaccine can prevent lower respiratory tract disease. If you are a veteran who is 60 years or older, talk with your VA health care provider about whether RSV vaccination is right for you.

Vaccines are safe, but they may come with mild side effects including fever, tiredness, body aches or redness, swelling and tenderness where you received your shot. These reactions usually go away within a couple of days. Serious or long-lasting side effects are extremely rare and vaccine safety is continually monitored.

Speak with your VA health care provider about which vaccines are right for you. You can get all the vaccines you need at a VA Medical Center or clinic, which is highly recommended so we can keep your medical files up to date and track your vaccine history for you!

Call the Women Veterans Call Center at 1-855-VA-WOMEN or visit the [Women's Health Immunizations page](#) to learn more. You can also download our [Preventative Health Checklist for Women](#) or visit [VA's Preventative Care page](#) for women Veterans to learn more about what prevention tests and vaccines are recommended based on your age.

This article was obtained online at:

<https://news.va.gov/136063/women-veterans-armor-up/>

→→ Don't Forget! ←←

Unit IRS Form 990 **DEADLINE 15 DEC**

National Dues **DUE 1 JAN**

February Bulletin Input **DUE 1 JAN**

Please contact your Regional Representative listed on Page 10 of this bulletin, if you have questions.



2024-2026 MWAN Election Results

President GinaMarie Doherty

VP for Membership Debbie Crutchfield

VP for Unit Liaison Beth Wingfield

VP for Finance Maura Mooney

Regional Representative results are on Page 10.

Presidential Ponderings

by GinaMarie Doherty, National President

Congratulations to all our elected officers, including our 13 regional representatives, and, "Thank you!" to those who accepted appointments as national staff members for sharing your talents with your military sisters.

As I said at the national convention, I would like to visit each unit, so please send me an invitation. During my first term as president, I visited Units #10, #157 and of course my own #158. Thank you all for your vote of confidence in allowing me to serve a second term as your president.

It was great to see so many sisters travel far distances to join us in Rhode Island for our 2024 National Convention. We had an amazing time! Special thanks to Lynne Pine, Patty Parks, Maura Mooney, Barbara Sebring, Diane Culleton, Jennifer Baun, Beth Wingfield, Alicia Rodriguez, Monica O'Hara, Christine Tron, Natalie Call, Linda Coffield, Kathy VanMiddlesworth, Jouay Koppari, and Patty Koppari for taking on official convention duties. We came together to complete our business and we enjoyed the sisterhood that makes this organization so wonderfully unique!

PLEASE visit our website: milwomen.org. There you will find our history, the map of units and regions, membership forms, applications, and meeting minutes. May you all have a wonderful holiday surrounded by loved ones. May God Bless You All.

Officers' Call

Supply Locker

by Linda Coffield, Supply Locker Officer

Ever needed to bring a few of your pills with you for the day? The Supply Locker now has a pill box just for you! Decorated with an American flag on top, this 2"-diameter, latching container has three separate, plastic-lined compartments. As a new-item special and just in time for holiday gift giving, you may purchase two pill boxes for \$14! The regular price will be \$8 each.



Unit Update

by Beth Wingfield, Vice President for Unit Liaison

Happy Holidays! Yes, they are now upon us. I don't know about the rest of you, but it seems like they come up faster every year. Anyway, I want to start this with a little bit of housekeeping. Several units need to provide a copy of their unit bylaws to me, and a couple of units need to submit updated bylaws. If you're not certain, please contact me at unitliaison@milwomen.org or call me at (706) 459-5729.

If you are a newly elected unit officer and need guidance, our new Procedures Manual and current bylaws are on our website and ready to be downloaded. If you can't find the answer there, please feel free to give me a call.

Thank all of you for letting me serve. Since I come from the Army, I am different, but I am the same. We are all military sisters and we should help each other where we can. I only wish my mother – a Korea-era Army woman - had lived long enough to join MWAN. She would have loved this group. I know I do.

Please let me know how I can help you. I serve at your pleasure and wish to do so.

Military Women's Bulletins are sent **BULK MAIL** and will NOT be forwarded by the Post Office. Please include MWAN on ALL Address Changes in order to keep receiving your bulletin. Please send the address change 60 days before moving.

Consider Receiving Your Bulletin via Email. Contact Finance@MilWomen.org for details.

ADDRESS CHANGE FORM

PLEASE PRINT

PLEASE PRINT

NAME: _____ MWAN ID # _____
NEW Address: _____ City: _____ ST: _____ Zip: _____
Email: _____ Phone: _____ Effective Date: _____

Mail to: Maura Mooney, VP for Finance, 228 Goldman Lane, Petaluma CA 94952-3682

OR send via E-mail to: Finance@MilWomen.org

Miscellaneous Information ❖ 1. Military Women's Bulletin is the official newsletter for Military Women Across the Nation, Inc., a nonprofit, veteran-service organization originally chartered in California in 1979 by co-founders Jeanne Palermo, Loda Mae Dobbins and Esther Govorchin. ❖ 2. This newsletter is published six times per year in February, April, June, August, October and December by Harbor Printing Inc., 3 Graf Road, Newburyport MA 01950. ❖ 3. Items for publication may be submitted via electronic mail to Editor@MilWomen.org and must be received by the 1st of the month PRIOR to publication. ❖ 4. Submit all changes of address as soon as possible. ❖ 5. Returned newsletters will NOT be re-mailed.

Sound Off!

FIRST STATE MILITARY WOMEN WARRIORS

Unit #10 (DE) – Pictured below (left to right) are Karen Brown, Veterans United Outreach of Delaware; Dave Skocik, President, Delaware Veterans Coalition; Pamela Anderson, President VFW Post 8801 Clayton/Smyrna; Veronica Palomino, President First State Military Women Warriors Unit #10 and Sherri Leslie, State Chair VFW.



STARS & STRIPES

Unit #36 (CA) – Shirley Ferrill, West Coast Pillow Project Manager, and her gang of cutters, sewers, and stuffers are pictured below at our monthly neck pillow stuffing event. The gathering rotates between unit members' homes. Last month was hosted by 2nd VP Carol Weiss at her home, and this month was hosted by our Unit President, Monica O'Hara.

Our unit purchases fabric, tags, and stuffing used by the members to create the pillows. We keep the shelves stocked at the USO, where the pillows are given to servicemembers traveling through the San Diego airport.

In September we received a nice note of appreciation from the West Coast Drill Instructor Association's Full Metal Jacket Golf Tournament for our donation of USMC-themed neck pillows to their silent auction.



Pictured (left to right) are Monica O'Hara, Thelma Fernando-Palomo, Liz Osborne, Susan Farnsworth, Shirley Ferrill, Linda Jones, Carol Weiss, Deb Quiett, Roxanne Jones, and not pictured is the gal behind the camera, Lynne Pine.

The MILWOMEN National Convention last month in Providence, RI, was absolutely fabulous! We received so much positive feedback, which is very impressive given that Unit 36 member Lynne Pine coordinated it all from her hospital bed on the west coast with an elevated leg - "toes over nose" - while having never been to Providence! Big thanks to Gina Doherty, Patty Parks, and Monica O'Hara for their efforts without which we couldn't have put together such a great convention. Lynne and her husband Dan Maclean

loved visiting the smallest state and seeing everyone's joy at reconnecting with old friends and making new ones.

From a two-day train escapade to reconnect two of our service sisters who hadn't seen each other since grade school to visiting Naval Station Newport and witnessing firsthand the unearthing of the 100-year-old time capsule, it was an incredibly memorable convention. Lynne sends her thanks to everyone who attended for their support and assistance, and adds she is humbled to be among her sisters.



Pictured above is Lynne Pine (left) with Maria J. Vazquez. Maria is collections manager at the US Naval War College Museum, and is spearheading the recovery of the time capsule and its content.

OCEAN STATE

Unit #118 (RI) – Season's Greetings to all MWAN members. It's hard to believe another year has passed. I am sure you all have accomplished unit and community service activities that you can be proud of this past year. Overall, our unit had a productive year. We conducted our resource fair in September. There were many organizations participating and attendees took advantage of the information presented, especially at the VA table. It was decided we will do it again next year.

The unit was awarded a \$1,500 grant from the VA to help support women veterans with their food and gas bills, while they are attending state schools. The funds will be used to buy grocery and fuel gift cards for students in need.

Unit members attended an event in Providence called WaterFire on November 2nd, where they set up an information table to spread the word about MWAN. WaterFire events are well attended so there is always a chance for new members.

On November 9th we placed a wreath at the Exeter Veteran's Cemetery Women's Memorial, after which we gathered for lunch. This is an annual event we do along with a wreath laying at the same location each Memorial Day.

In December we're sponsoring a Christmas party for the women veterans residing at the RI Veteran's Home in Bristol. This is also an annual event where we decorate the tree, sing carols and present gifts to the ladies. Currently there are five women veterans living at the home. In closing, we wish all a joyous holiday season with family and friends.



Sound Off!

MEMPHIS BELLES

Unit #151 (TN) – First, we wish a warm welcome aboard to our newest member, Navy veteran Valarie Bennett! Congratulations to our second-to-the-newest member, Betsy Stahl, for becoming the newest Volunteer Transportation Network driver with the Lt. Col. Luke Weathers, Jr. VAMC in Memphis!

Sami Phillips, Anne Day and Linda Coffield (pictured below *left to right*) represented us well at the Museum's October Beetlejuice-themed trivia contest in October. Although they did not win, they had fun trying.



We have started collecting food for the VAMC's 2024 Holiday Food Baskets. Linda Coffield and Kathy Desjarlais spent several days working the election polls during early voting and they worked the polls on election day.

On November 2nd we were honored to attend the 102nd birthday celebration for local WWII veteran John Abbott.



Birthday celebration attendees pictured above *(left to right)* are Kathy Desjarlais, Tommye Lundy, Jean Jungkans, Linda Coffield, Becky Dickinson, Sami Phillips, John Abbott, Anne Day, and Deb Burns.

MILITARY WOMEN OF TIDEWATER

Unit #152 (VA) – I am Patricia "Trish" Hubbard and have been a member of Military Women of Tidewater Unit #152 for many years. In September I traveled to Providence, RI, to attend the 2024 MWAN National Convention. Organizers, GinaMarie Doherty, Lynne Pine, Monica O'Hara and Patty Parks, did a phenomenal job.

The event featured a supply locker with a variety of items for purchase, along with order forms for additional items.

The convention included impactful speakers, such as Rhode Island Governor Dan McKee, Director of Veteran Affairs Karin J. Yarn, and Women's Health Social Worker Katherine Calia, who shared valuable insights.

A highlight was the swearing-in of new national and regional officers, along with a poignant Silver Taps Bell Ceremony that honored over 600 women veterans.

It was an incredible honor to connect with sister military women, celebrating our shared service and dedication. I'm looking forward to the next convention set for Put-in-Bay, OH, in 2026.

We meet monthly, at VFW 4809 in Norfolk. For meeting information, contact Dassa Carvey at (757) 363-3059 or dassahsg@gmail.com.

TRISTATE WOMEN VETERANS

Unit #157 (TN) – Only three unit members were able to attend the MWAN National Convention in Rhode Island, but they had enough fun for the entire unit! From social functions, to business meetings to banquets and tours, Janet Duncan, new unit president Beth Wingfield and Patty Parks (*pictured below left to right*) attended every event offered!



October found us building our very busy 2025 calendar, but also finding time for a Red Shirt lunch. In November we participated in the Fort Oglethorpe, GA, "Honoring Those Who Serve" Parade as well as other veteran-related events. In December we'll collect food for the Chattanooga Vet Center Christmas Pantry which provides food boxes to area veterans in need. Wishing all a love-filled holiday season along with a healthy and happy new year!



Red Shirt lunch attendees (left to right) standing are Jennifer Palmer, Zaida Ringheimer, Susan Galloway, Danette Skyles, Jo Schendel, Donna Agee, Ruby Hardin, Janet Duncan & Gloria Gray; seated in front are Beth Wingfield, Penny Manna & Patty Parks.

Sound Off!

NEW ENGLAND

Unit #158 (RI) – For the national convention in September, unit members were proud to provide a Prisoner of War/Missing in Action table and more than half of the silent auction items. Unit members who attended the convention were Christine Tron, Natalie Call, Alicia Rodriguez and GinaMarie Doherty. It was great to see our sisters from across the nation and it was an amazing convention!



Pictured above (left to right) at the convention are Sherri Leslie of Unit 10, and Unit 158 members GinaMarie Doherty, Natalie Call, Christine Tron & Alicia Rodriguez.

LAKELAND ROYAL SWANS

Unit #159 (FL) – A lot of cool things are happening with our Lakeland Royal Swans! We attended a women veteran's coffee social at the Mulberry American Legion and welcomed two new members to our unit: Betty Ables (*on left in photo*) and Stephanie Bryant (*on right*).



Kathleen VanMiddlesworth represented the unit at the MWAN 2024 National Convention. During the event, Kathleen officially installed as Region 6 Representative, relieving Jouay Koppari, who had held the position for nearly nine years. Jouay (*below left*) and Kathleen (*below right*) are pictured in route to convention!



At our September meeting, each member was presented with a Certificate of Congressional Recognition for our service in the armed forces by a representative of U.S. Congressman Scott Franklin's Office.



September meeting attendees (left to right) included Karen Warren (in front); "front" row Kathleen VanMiddlesworth with Gabrielle Thomas via Zoom on the iPad, Lorraine Peaslee, Kay Shelby, Gwen Pipkin, Jessyca Carpenter, Linda Osborn & TJ Weiss; Back row Eva Dyer, Guest Shirley Tilley, Guest Catherine Cunliffe, Pat Watson, Mary Grubb, Charlene Broome, Grace Tate & Connie White.



Our unit continues to grow with our newest member being retired Navy Radioman Senior Chief Eva Dyer (*pictured at left*), who also happens to be mom of the MWAN 2024 Scholarship recipient, Paul Dyer.

Hurricanes Helene and Milton brought a lot of devastation mostly to our west where some of our sisters reside, as well as to central Florida. Our meeting location also suffered some damage. This was the first time since we chartered two years ago that we were unable to hold an actual meeting due to hurricane damage. We performed sister buddy checks and, thankfully, most of us got through with minimal power outages and damage. A couple folks had to deal with flooding near our homes, and a few had extended power outages. But by far, we are all okay.

We were able to participate in the 15th Annual Warrior Walk with a recruiting table, and enjoyed walking around beautiful Lake Hollingsworth here in Lakeland.



Members at the walk (left to right) are Gwen Pipkin, Linda Osborn, Connie White, AJ Burr, & Kathleen VanMiddlesworth

As you can see, Lakeland Royal Swans is a very active, diverse and strong-willed unit of military women. We are resilient. We are sisters-in-arms. We are a family of women veterans and are always here for each other. We invite all women veterans to join us!

Lakeland is located between Tampa and Orlando. Meetings are held at 11 am on the 4th Saturday each month at American Legion Post 4, 1375 Ariana Street, Lakeland. If you know any sister veteran who may be interested in joining us, please have her contact Kathleen at (863) 450-5008 (please leave a message), or by email at MilitaryWomenLakeland@gmail.com. You can also find us on Facebook at facebook.com/LRSofMWAN/.

Sound Off!

MEMBER-AT-LARGE, MISSOURI

An MWAN member-at-large since 2017, Ann Puck (pictured at right) stays busy all of the time, and most of her time is spent supporting her sister and brother veterans!

Recently she offered her skills and knowledge as a certified service officer during the October Veteran Benefits Expo held at Elks Lodge #2376 in Kansas City.

Thank you, Ann, for your support, and for sharing your successes!



MWAN MAL Ann Puck (at right) answers questions for a veteran at a benefits expo in Kansas City.

MEMBER-AT-LARGE, VIRGINIA



Dressed to the hilt with white gloves and hat, MWAN MAL Helen Bostick (above center) of Ashland, joined her daughter, LaTanya (above right) to celebrate her great-granddaughter (above left), Skyler's, 7th birthday in traditional Tea Party style! Happy Birthday to Skyler!

Regional Rattle

Region 1 - California, Hawaii & Nevada

Come join Region ONE's Regional Conference on Monday, 20 October 2025 in sunny San Diego, CA. We are focusing on women veteran's health as we tell stories, share experiences, network, and learn more about taking care of each other and ourselves.

Then please consider joining us on a four-day cruise from San Diego up the Pacific Coast to Santa Barbara and Avalon, down to Ensenada, Mexico, and back to San Diego. All MWAN members and their guests are welcome!

There's plenty of room! Contact David Badyal (619) 397-6418 or Badyal.David@ace.aaa.com and ask him to put you on this four-day California Retreat cruise 21-25 October (Voyage K566 on Holland America's Koningsdam).

Contact Lynne Pine (RR1@milwomen.org) for more information.

Region 10 – Georgia, North Carolina, South Carolina & Tennessee

The votes are in and our Appalachian Adventure is set for April 2025 in Pigeon Forge, TN! The specific date along with registration and reservation details will be posted on MWAN's official Facebook page in January and will be included in the February MWB.

All MWAN members and their guests are welcome to join us! With the Titanic Museum; Red Skelton Tribute Theater; Hollywood Wax Museum; The Coaster at Goats on the Roof, and – of course – Dollywood, there is something for everyone in Pigeon Forge!

MWAN 2024 CONVENTION REPORT	
25-Oct-24	
INCOME:	
Registration Fees	10,250.00
Newport Tour Fees	3,180.00
Seed Money	3,000.00
Ad Fees	1,925.00
Silent Auction (designated for MWAN GF)	1,180.00
Donations from Amer Legion/VFW	900.00
Sister to Sister Donations	607.00
MWAN Donations	587.00
Tshirt Fundraiser	466.83
Total Income	\$22,095.83
EXPENSES:	
Crowne Plaza (Food,Beverage,A/V)	7,403.19
Seed Money to MWAN	3,000.00
Newport Tour	2,904.00
Silent Auction to MWAN	1,180.00
Sister to Sister Fund	607.00
MWAN General Fund	587.00
Registration Refund to Crutchfield	576.00
Convention Supplies	448.37
Convention Program	242.04
Postage	196.20
Convention Ceremonial Cake	33.99
Banner	27.30
Total Expenditures	\$17,205.09
NET PROFIT	\$4,890.74
MWAN General Fund	\$2,445.00
MWAN UNIT 36	\$2,445.74



Military Women Across the Nation \$1,000 College Scholarship Rules & Application



The 2025 essay topic is

“From Computers to Drone Pilots: Military Women have come a long way!”

APPLICANTS WHO DO NOT ADHERE TO ALL INSTRUCTIONS WILL BE DISQUALIFIED.

Applicant Eligibility

1. Must have a 3.2 or better Grade Point Average (GPA) on a 4.0 scale.
2. Must be a high school senior or undergraduate college student.
3. Entries must be submitted by **30 June 2025: NO EXCEPTIONS.**
4. Military personnel and veterans **MAY NOT APPLY FOR THIS SCHOLARSHIP.**

Application Package MUST INCLUDE the following:

1. Completed Application.
2. Copy of all transcripts pertaining to current course of study to include academic standing.

NOTE: To protect personal information applicants are directed to mark out all references to social security numbers on high school or college transcripts.

3. An essay of 1,000 to 1,500 words in length written on the above topic. The essay must be the applicant's own work; be submitted in .doc or .docx format, and include documented evidence (including a bibliography) of both research and an interview with at least one military woman. Applicants are encouraged to contact military women in recruiting offices, at military bases, reserve units, etc. to enhance the research.
4. The entire Application Package shall be submitted in one email to include **separate attachments** for the following:
 - (1) Completed Application
 - (2) Transcripts (must be legible)
 - (3) Applicant's essay (in .doc or .docx format)

Each attached file must include the applicant's last name and first initial as part of the file name and ALL correspondence must include the applicant's name in the subject line.

5. Email the Application Package and/or any questions to the Scholarship Chair at:

MWANScholarship@milwomen.org

Application Package Submission DEADLINE is 30 June 2025.

Applicants will be notified in July 2025 of the results.

The scholarship will be paid jointly to the scholarship recipient AND his/her college.

The application is available for download at www.milwomen.org (See *documents page*)

If additional information is required,
Contact Scholarship Chair Barb Turner at
MWANScholarship@milwomen.org
Or Call (817) 733-7034 (*Leave a voice mail.*)

Military Women Across the Nation
College Scholarship Rules & Application
PRINT or TYPE ALL INFORMATION

Applicant

Full Name: _____
Last First Middle Maiden (if applicable)

Mailing Address: _____
Street City County State Zip Country

Phone #: () _____ **Email:** _____

Age: _____ **Current GPA (4.0 scale):** _____ **Class Ranking:** _____

High School Test Scores: SAT Verbal _____ SAT Math _____ ACT Comp _____

Name of School Currently Attending: _____

School Address: _____
Street City County State Zip Country

School Phone #: () _____ **School Website:** _____

Name of School you plan to attend (if different): _____

School Address: _____
Street City County State Zip Country

School Phone #: () _____ **School Website:** _____

Type of School you are attending/plan to attend (Select as appropriate)

___ 4-Year/Undergraduate College or University ___ Trade/Technical School
___ 2-Year/Undergraduate College or University ___ Other: _____

Civic Clubs: List memberships and offices (if applicable). Include school, civic, community service, honorary and religious organizations for each active membership: _____

Volunteer Work/Employment: List your volunteer and/or employment experience: _____

Hobbies/Talents: List your hobbies, talents and/or interests: _____

Course of Study: List your major or the field you plan to study: _____

What is your career objective? _____

(Continue answers on separate pages as necessary.)



Application Package Submission
DEADLINE is 30 June 2025.



Questions?
Contact Scholarship Chair Barb Turner at
MWANScholarship@milwomen.org
Or Call (817) 733-7034 (Leave a voice mail.)

Snapshots of the MWAN 2024 National Convention in Rhode Island!



MWAN National Officers & Staff 2024-2026

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President@MilWomen.org

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423-9870405
HERStory@MilWomen.org

2024-2026 Regional Representatives

REGION 1: California, Hawaii, Nevada

Representative: **Lynne Pine (CA)**

RR1@MilWomen.org or 507-400-9111

REGION 2: Alaska, Idaho, Oregon, Washington

Representative: **Patricia Hutchinson (WA)**

RR2@MilWomen.org or 701-740-2093

REGION 3: Arizona, Colorado, New Mexico, Utah

Representative: **Martha Alderman (AZ)**

RR3@MilWomen.org or 623-810-9328

REGION 4: Montana, North Dakota, South Dakota, Wyoming

Representative: **Annette Dunseth (ND)**

RR4@MilWomen.org or 701-509-5412

REGION 5: Michigan, Minnesota, Wisconsin

Representative: **Monica O'Hara (MN)**

RR5@MilWomen.org or 619-507-0572

REGION 6: Florida

Representative: **Kathleen VanMiddlesworth (FL)**

RR6@MilWomen.org or 863-450-5008

REGION 7: Oklahoma, Texas

Representative: **Erika Westbrook (RI)**

RR7@MilWomen.org or 763-567-9831/RI

REGION 8: Alabama, Arkansas, Louisiana, Mississippi

Representative: **Denise Duke (AL)**

RR8@MilWomen.org or 334-289-3142

REGION 9: Iowa, Kansas, Missouri, Nebraska

Representative: **Michele Batliner (MO)**

RR9@MilWomen.org or 816-315-9229

REGION 10: Georgia, North Carolina, South Carolina, Tennessee

Representative: **Patty Parks (TN)**

RR10@MilWomen.org or 423-987-0405

REGION 11: Kentucky, Illinois, Indiana, Ohio, West Virginia

Representative: **Jennifer Baun (OH)**

RR11@MilWomen.org or 314-803-8643

REGION 12: Delaware, District of Columbia, Maryland,
New Jersey, New York, Pennsylvania, Virginia

Representative: **LeSans Alexander (DE)**

RR12@MilWomen.org or 302-943-2583

REGION 13: Connecticut, Maine, Massachusetts, New
Hampshire, Rhode Island, Vermont

Representative: **Alicia Rodriguez (RI)**

RR13@MilWomen.org or 401-924-2589

MWAN Regional Map



Contact information for each Regional Representative is provided in the chart to the right.

ONLY USE CURRENT ORDER FORM

MWAN Supply Locker

DECEMBER 2024

Name: _____ (Why not use a return address label here!)

Address: _____ **City** _____ **ST** _____ **Zip** _____

Did you circle the type/size and/or color on items?? Double Check please! **Phone Number: ()

Price per piece...X Number you want = Total Cost for item(s)

PATCHES

- MWAN 2½" (caps) \$3 X _____ = _____
- MWAN 3" (shirts) \$4 X _____ = _____
- MWAN 8½" (vest) \$10 X _____ = _____
- USN Women Veteran \$6 X _____ = _____
- Patches: Navy Flag or Services \$4 X _____ = _____
(USN, USAF, USMC, USCG, ARMY)
- American Flag Patch (3½"x2") \$4 X _____ = _____
- WAVES Anchor (old style) \$4 X _____ = _____
- Vietnam Era Eagle \$6 X _____ = _____

JEWELRY & PINS

- MWAN Coin \$10 X _____ = _____
- MWAN Lapel pin \$4 X _____ = _____
- MWAN Charm \$7 X _____ = _____
- MWAN Earrings \$12 X _____ = _____
- MWAN Coin Keychain \$12 X _____ = _____
- MWAN Mouse Pad \$6 X _____ = _____
- Original Hat Pin \$10 X _____ = _____
- Anchor & Prop Earrings \$14 X _____ = _____
- Anchor & Prop Charm \$7 X _____ = _____
- Anchor & Prop Lapel Pin \$4 X _____ = _____
- Veteran Lapel Pins \$4 X _____ = _____
(USN, USAF, USMC, ARMY)
- Honor-Courage-Sacrifice Veterans Pin \$5 X _____ = _____
- Vietnam Era Pins \$6 X _____ = _____
- Freedom Forever Eagle Pin \$5 X _____ = _____
- US Flag & Service Flag Pin \$4 X _____ = _____
(USN, USAF, USMC)
- USN Crest Lapel Pin \$4 X _____ = _____
- US Navy Lapel Pin \$4 X _____ = _____
- USN Patriotic Ribbon Pin \$4 X _____ = _____
- POW/MIA Lapel Pin \$5 X _____ = _____
- Flag Peace Sign Pin \$6 X _____ = _____
- Service Crest Lapel \$5 X _____ = _____
(USN, USAF, USMC, USCG, ARMY, Nat Guard)
- Service Dogtag Pins \$5 X _____ = _____
(USN, USAF, USMC, VETERANS)
- Veterans Flag Lapel Pin \$7 X _____ = _____
- Honoring Women Veterans Pin \$6 X _____ = _____
- Poppy Flower Lapel Pin \$5 X _____ = _____

MWAN CLOTHING ITEMS

- Neck Tabs, Black w/Velcro \$12 X _____ = _____
- MWAN Visor \$15 X _____ = _____
- MWAN Ball Cap \$15 X _____ = _____
- MWAN T-Shirt \$18 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN Polo Shirt \$36 X _____ = _____
Gray OR White Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN Jacket \$36 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL
- MWAN Sweatshirt \$28 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN White Dress Shirt \$34 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL, 4XL, 5XL
- Patriotic Scarf (100% Polyester) \$4 X _____ = _____

ITEMS OF INTEREST

- American Veteran Bracelet \$5 X _____ = _____
- MWAN Playing Cards \$10 X _____ = _____
- Canvas Key Chain/Stars & Stripes \$6 X _____ = _____
- MWAN Window Decal \$3 X _____ = _____
- MWAN Magnets \$2 X _____ = _____
- MWAN Car Magnet (8" Oval) \$5 X _____ = _____
- MWAN Pencils (2 each) \$1 X _____ = _____
- MWAN Pens (4 each) \$4 X _____ = _____
- WAVES Key Chain, Rubber \$5 X _____ = _____
- MWAN Table Coverings \$120 X _____ = _____
- MWAN PopSockets \$10 X _____ = _____
3 for \$20 X _____ = _____
- Flag Pill Box (3 compartments) \$8 X _____ = _____**



NAME BADGE W/MWAN PUCK \$15 X _____ = _____
 Double Clutch back **OR** Magnet back (circle one)
 Name on Badge: _____
 Nickname/Maiden: _____
 Unit or Other Info: _____
 Branch: _____ Years / From _____ To _____
 (**Use back of form if you need more space**)

Merchandise SUBTOTAL . \$ _____

****Shipping Costs****

Up to \$40 = \$9; \$41-\$100 = \$17; \$101 & above = \$20

ADD Shipping Charge . . \$ _____

TOTAL DUE \$ _____

Check/MO #: _____

NO PHONE ORDERS

Make checks/Money Orders payable to **MWAN SUPPLY LOCKER**

Mail check with Order Form to: Linda Coffield, 95 Vernon Street, Atoka, TN 38004-7771

Questions? Call: (901) 488-4153 or Email: LindyC1951@gmail.com

NEW ITEM! See picture & SPECIAL OFFER on Page 2 of this bulletin.

NOTE: MWAN Ladies White Dress Shirt **RUN SMALL** (Ladies cut).

POLO Shirts are unisex, sizes run larger; I suggest you order a size smaller.



www.MilWomen.org

Silver Taps

U.S. Navy

Barbara Ann Hvizdo	MAL/CT
Elizabeth (Lanyon) Blair	MAL/FL
Joan E. Hallinan	MAL/FL
Loretta M. (Paskor) Ingram	MAL/NY
Karen Christina (Dry) Johansen	MAL/PA
Mary Ellen (Shaw) Gillin	MAL/VT
Mildred L. (Carlson) Barton	MAL/WA



*Gone,
 but never forgotten*

U.S. Marine Corps

Delora R. (Warman) Pistella	MAL/FL
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MAL = Member at large * Denotes Charter Member of WAVES National
 Submit all MWAN member Silver Taps info to Patty Parks, 6920 Sawtooth Dr., Ooltewah TN 37363 or HERStory@MilWomen.org

MEMBER-AT-LARGE MEMBERSHIP RENEWAL FORM	<u>PLEASE PRINT</u>
(Dues period 1 January to 31 December)	
Name: _____	Member ID #: _____
Address: _____	
City: _____	State: _____ Zip Code: _____
Email Address: _____	
<u>NOTE: Future newsletters will be sent via email. If you Prefer A Printed Copy, please check here</u> <input type="checkbox"/>	
Phone: _____ Life Membership for those 90 years & older is a one-time payment of \$30.	
National Dues for 1 year are \$25.00 + Tax Deductible Donation \$ _____ = Total Amount: \$ _____	
Please enclose a check or money order made payable to " MWAN ", and submit with this form to:	
Maura Mooney, VP for Finance, 228 Goldman Lane, Petaluma CA 94952-3682	
First-time applicants must use the MWAN membership application available online at www.MilWomen.org	