



2149 E. Baseline Rd, Tempe, AZ 85283
PH (480) 345-0034 F (480)345-4033

TREADMILL STRESS TEST

Patient Name: _____

You are scheduled for the following test on: _____ Check in time: _____

*****ALL TESTING IS DONE AT OUR TEMPE LOCATION*****

2149 E Baseline Rd Ste 103 Tempe, AZ 85283 480-345-0034

Preparations for your test:

- Please eat a light, low fat meal 2 hours prior to test.
- Please increase your water intake 2 days prior to test.
- Allow 30 minutes to 1 hour for testing.
- Do not wear metal jewelry or buttons the day of test.

Please stop the following medications 24 hours prior:

- Calan
- Cardizem
- Diltiazem
- Normandyne
- Sectal
- Trandate
- Verapamil
- Zebeta
- Ziac

Please stop the following medications 48 hours prior:

- Atenolol
- Betapace
- Inderal
- Labetalol
- Metoprolol
- Nadolol
- Propranolol
- Sotalolol
- Tenormin

Any medications not listed can be taken as normal the day of your test.

Your appointment for results is scheduled on _____ at _____

I acknowledge that I have received and understand these instructions.

Print Name

Signature

Date