

AUGUST 2019

Essex Area Senior Center:

876-5087

www.essexvtseniors.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10-10:30am: Seated Yoga 2pm Craft meeting 12:30-4pm: Drop-in Games	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
4	5	6	7	8	9	10
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	1:15pm: Duplicate Bridge 1:30-4pm: Drop- in Games	10-10:30am: Seated Yoga Noon- 1 :Bill Torrey Story Teller 12:30-4pm: Drop-in Games	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
11	12	13	14	15	16	17
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	1:15pm: Duplicate Bridge 1:30-4pm: Drop- in Games	10-10:30: Seated Yoga 10:30-11:30am: Book Club 12:30-4pm: Drop-in Games Sarah's Last day ☺	Bennington Battle Day: Center Closed and No Vans	
18	19	20	21	22	23	24
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	11:30am - National Senior Day!! 1:15pm: Duplicate Bridge 1:30-4pm: Drop- in Games	10-10:30: Seated Yoga 3pm- Program meeting 12:30-4pm: Drop-in Games	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
25	26	27	28	29	30	31
	10-Noon: Mah Jongg 12:30-3:30: Bridge 10:30- 3 Burton Island	12:30-3:30: BINGO	11:30 - Potluck 1:15pm: Duplicate Bridge 1:30-4pm: Drop- in Games	10-10:30: Seated Yoga 12:30-4pm: Drop-in Games 12:30-4pm: New Canasta in Game Room		

