

## Program Objectives

- ◆ Identify two common challenges a breastfeeding dyad may encounter.
- ◆ Recognize maternal factors that may be a red flag for breastfeeding success.
- ◆ Describe the difference between perceived and actual low milk supply.
- ◆ State two reasons why a mother may seek or be referred for an outpatient lactation consult.
- ◆ Identify three structures of the oral cavity that may impact breastfeeding.
- ◆ Define nutritive versus non-nutritive sucking when observing a baby latched at the breast.
- ◆ Understand how maternal and infant factors affect drug exposure during breastfeeding/provision of expressed breastmilk.
- ◆ Recognize two signs of adverse reactions that may present in an infant whose mother is taking an antidepressant/anti-anxiety medication.

### Target Audience:

This course is designed for all health care professionals including but not limited to physicians, nurse practitioners, nurses, dietitians, and lactation consultants as well as those involved in community lactation support interested in enhancing their knowledge on challenges that compromise breastfeeding success.

### Conference Site:

Le Bonheur Children's Hospital Research Tower Auditorium  
Parking is available in the Outpatient Center garage at 777 Washington Ave. The auditorium is located near the old entrance to Le Bonheur off of Dunlap.

For a site map go [www.lebonheur.org](http://www.lebonheur.org)

### Questions?

Email [ruth.munday@lebonheur.org](mailto:ruth.munday@lebonheur.org) or call 901 287-5559.



Tuition Rate (includes lunch unless student)	Early Bird by June 5, 2018!	General/Walk-in (walk-in may not guarantee a lunch)
MALCA membership	\$35	\$35
Conference ONLY	\$95	\$115
Conference plus MALCA membership	\$125	\$145
Methodist/UT or WIC Employee Conference ONLY	\$50	\$50-no lunch
Full Time Student (Valid ID Required)	\$0 – lunch and education hours NOT included	\$0 - lunch and education hours NOT included

Register Online @  
[www.malca4memphis.org](http://www.malca4memphis.org)

### Continuing Education:

Methodist Le Bonheur Healthcare is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This program will provide 6.0 contact hours.

### Cancellation and Refund Policy

All refunds require written notice prior to July 26, 2018. A full refund will be given for cancellation prior to July 5, 2018. Partial refunds will be given after July 5, 2018 and prior to July 26, 2018. No refunds will be given after July 26, 2018. MALCA reserves the right to alter, reschedule, or cancel this program should circumstances so dictate.

~ Celebrating ~  
"World Breastfeeding Week"

## BREASTFEEDING UPDATE 2018

"Establishing a Foundation  
for Success"



Memphis Area  
Lactation Consultant Association

August 1, 2018  
Le Bonheur Children's Hospital  
Memphis, Tennessee

## Grand Rounds Speaker



**Julie Ware MD, MPH, FAAP, FABM, IBCLC**

Dr. Julie Ware is an experienced board-certified pediatrician who specializes in breastfeeding medicine. She joined Cincinnati Children's Hospital Medical Center in September 2014 as a member of the Center for Breastfeeding Medicine and as the Community Breastfeeding Liaison.

Prior to moving to CCHMC, Dr. Ware chaired the Shelby County Breastfeeding Coalition and was a Co-Chapter Breastfeeding Coordinator for Tennessee AAP and served as a co-leader for the Tennessee Initiative for Perinatal Quality Care Breastfeeding Promotion Projects. Julie is an elected member of the Executive Committee of the Section on Breastfeeding of the National AAP. She is a Board member of the Academy of Breastfeeding Medicine, serving as Conference Committee Chair. Dr. Ware is also the AAP Member Representative to the US Breastfeeding Committee. Her particular interest is improving maternal and child health through the promotion and support of breastfeeding, especially in those populations least likely to breastfeed.

## Program

7:15a.m.	<b>Registration</b>
7:50 a.m.	<b>Welcome</b>  <i>Brandi Jordan MS, RD, LDN, IBCLC, RLC MALCA President</i>
7:55a.m.	<b>Introduction of Grand Rounds Speaker</b>
8:00 a.m.	<b>“Breastfeeding Challenges for Primary Care Providers-You Can Help!”</b>  <i>Julie Ware, MD, MPH, FAAP, FABM, IBCLC</i>
9:00 a.m.	<b>Break</b>
9:15 a.m.	<b>Welcome Back and Introduction of Sarah Upton</b>
9:20 a.m.	<b>“How to Conduct an Infant Oral Exam and What Findings May Impact Breastfeeding.”</b>  <i>Sarah Upton, MA, CCC-SLP</i>
10:20a.m.	<b>Break</b>
10:30a.m.	<b>“The First Two Weeks, Establishing the Basics and Beyond.”</b>  <i>Julie Ware, MD, MPH, FAAP, FABM, IBCLC</i>
	<b>Boxed lunch available for those who pre-order.</b>  <b>Tables for lunch set up on the ground floor.</b>
12:00p.m. <b>Lunch</b>	<b>*MALCA Membership Update at 12:40 p.m. in the Auditorium. Meeting is optional. All are welcome to attend.</b>
1:00 p.m.	<b>“The Use of Antidepressant and Antianxiety Medications in the Breastfeeding Mother: Supporting Success during Stress.”</b>  <i>Kelley Lee, Pharm. D., BCPS</i>
2:00p.m.	<b>Break</b>
2:10 p.m.	<b>“Outpatient Lactation Consults-A Bump in the Road Can Still Lead to Success.”</b>  <i>Julie Ware, MD, MPH, FAAP, FABM, IBCLC</i>
3:45p.m.	<b>Evaluations/Wrap Up</b>

## Speakers



**Sarah Upton, MA, CCC-SLP**

Sarah Upton is the senior speech-language pathologist at Le Bonheur Children's Hospital. She has practiced in the early intervention, school based, outpatient and inpatient settings. Her areas of interest are neonatal feeding, caregiver engagement, and complex cases. Feeding success will be unique to each infant and family.



**Kelley Lee, Pharm. D., BCPS**

Dr. Lee received her Pharm.D. degree from The University of Tennessee Health Science Center and completed a two year residency in pediatric pharmacotherapy at Le Bonheur Children's Hospital and The University of Tennessee Health Science Center. After residency training Dr. Lee served as a Clinical Pharmacy Specialist and then the Clinical Pharmacy Manager at Le Bonheur Children's Hospital and part-time Professor of Clinical Pharmacy at the University of Tennessee Health Science Center. Dr. Lee is currently a Clinical Pharmacy Specialist in Antimicrobial Stewardship at Le Bonheur Children's Hospital. She has a particular interest in evaluation of the use of medications during pregnancy and lactation.