

# Green Country Community Track & Field Meet 2017

May 20, 2017 9:00 AM



**8:30 AM COACHES MEETING – FINISH LINE**

**AGE DIVISIONS (the year athlete turns age):**

5 & 6, 7 & 8; 9 & 10; 11 & 12; 13 & 14; 15 & 16; 17 & 18;

Open & Masters

**Competition Fee:**

- \$5 per youth (up to 4 events) & \$10 Open/Master

## FIELD EVENTS

8:30AM

LONG JUMP (3 Jumps) All

SHOT PUT (3 Throws) 8UB, 8UG, 9G, 9B, 11G, 11B, 13G, 13B, 15G, 15B, 17W, 17M, OM, OW, MW, MM

DISCUS (3 Throws) 17M, 17W, 15B, 15G, 13B, 13G, 11B, 11G, OM, OW, MW, MM

(1 kg 11-14 B/G, 15-18 G; 1.6 kg 15-18 B)

HIGH JUMP 9G, 9B, 11G, 11B, 13G, 13B, 15G, 15B, 17W, 17M, OM, OW, MW, MM

POLE VAULT 13G 13B, 15G 15B, 17W 17M, OM, OW, MW, MM

## ROLLING SCHEDULE

9:00AM

5000M Run 17M and Up

3000M Run 11GB thru 15/16 GB, 16 and Up G

4X800 RELAY 8U and Up

80M HURDLES 11/12GB

100M HURDLES 13/14 GB,

100M HURDLES 13/14 B; 15/16GB; 17/18WM

110M HURDLES 15/16B, 17M, OM, MM

4X100 RELAY 8U and Up

400M 8U and Up

**Community Relay**

100M 8UG, 8UB, 9G, 9B, 11G, 11B, 13G, 13B, 15G, 15B, 17W, 17M, OM, OW, MW, MM

800M RUN 8UG, 8UB, 9G, 9B, 11G, 11B 13G, 13B, 15G, 15B, 17W, 17M, OM, OW, MW, MM

200m HURDLES 13G, 13B

400m HURDLES 15G, 15B, 17W, 17M, OM, OW, MW, MM

200M 8UG, 8UB, 9G, 9B, 11G, 11B, 13G, 13B, 15G, 15B, 17W, 17M, MW, MM

1500M RUN 8UG, 8UB, 9G, 9B, 11G, 11B, 13G, 13B, 15G, 15B, 17W, 17M, MW, MM

4 X 400M RELAY 8UG, 8UB, 9G, 9B, 11G, 11B, 13G, 13B, 15G, 15B, 17W, 17M, OM, OW, MW, MM

## ALL TIMED FINALS

*Schedule subject to change as needed*

*For Pre-Registration list and info email:*

[matthiaswicks@yahoo.com](mailto:matthiaswicks@yahoo.com) or [3dproud@gmail.com](mailto:3dproud@gmail.com)

*Deadline (5/18/17)*

*On-site Registration: plus \$3 per athlete*

*Contact Person: Matthias Wicks*

*918.814.3278*