

## ***Club Membership Waiver***

I agree that I am a member of **THE ANCIENT CITY ROAD RUNNERS**, and I know that running in and volunteering for organized group runs, social events, and races with this club are potentially hazardous activities, which could cause injury or death. I will not participate in any club organized events, group training runs or social events, unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the club and am in good health, and I am properly trained. I agree to abide by all rules established by the club, if any, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the club, if any, and agree to abide by them. I assume all risks associated with being a member of this club and participating in club activities which may include: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, baby joggers, roller blades, animals, and personal music players are not allowed to be used in club organized activities and that if I participate in these activities in violation of this rule, I do so at my own risk. Having read this waiver and knowing these facts and in consideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release **THE ANCIENT CITY ROAD RUNNERS**, and the **Road Runners Club of America**, their representatives and successors from all claims or liabilities of any kind arising out of my participation with the club, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Parent's Signature if under 18 years: \_\_\_\_\_ Date: \_\_\_\_\_