

Turkey Tacos

Ingredients:

- 2 oz. Smashed Chili Pinto Beans
- 2 oz. Turkey Taco Meat
- Chopped Tomato, Fresh
- Chopped Onions, fresh
- 1 oz Guacamole or Diced Avocado
- 1 oz. Low Fat Cheddar Cheese, shredded



Directions

Make your own taco!! Or even Nachos!! You can toast the corn tortilla on the stove top, use a taco shell, make a taco salad or even stiuiff iceberg lettuce for a lettuce taco. Try them all.

