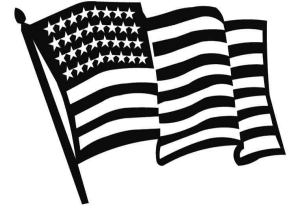




Crescent City 4th of July
5K Fun Run/Walk
Thursday, July 4, 2019
 A USATF Sanctioned Event



Registration at 8:00 a.m.
 Race starts at 10:00 a.m

Registration and start line are located at the first turn out south of Washington Blvd. on Pebble Beach Drive.

Course description: Mostly flat paved course with slight grades. Racers join the Fourth of July Parade route and finish at Beachfront Park. Awards at 11:15 a.m.

Mail registration to: Fourth of July Fun Run
 645 Meridian St., Crescent City, CA 95531
 Checks payable to "Redwood Wild River Run"

Cost is \$20 and includes t-shirt. (Kids under 12 run free without a t-shirt.)

Family rate: \$45 per group; must live in the same house

Contact: Ralph Hirt: coonrunner@gmail.com 707-954-4952

Age categories: 9 & under, 10-15, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over

Name _____

Mailing address _____

City/State/Zip _____

Phone _____

Email _____

Age _____ Gender _____ Circle shirt size: YM YL S M L XL

Participation agreement: I, for myself, my heirs, executors, and assigns, forever waive, release and discharge any and all rights, demands, claims for damages and causes of suit or action, known or unknown, that I have against any and all participating sponsors, agencies of such parties, for and all injuries, including negligence. I have full knowledge of the risks and I attest that I am physically fit and sufficiently trained to participate in this event and assume all responsibility and payment for any and all medical emergencies that may arise. I certify that I have read the entry information and that all information that I have provided is true and complete, and certify my compliance by my signature.

_____ Date _____
 Signature of Participant or of Parent/Guardian (if participant is under 18 years old)